

Breakfast is served
Sailor

Leeds City Schools
FEBRUARY 2016
K-8 Menu



Monday

Tuesday

Wednesday

Thursday

Friday

<p>1 Breakfast Pizza</p> <p>BREADED Chicken Sandwich LIMA BEANS, STEAMED CARROTS, FRUIT, MILK BROWNIE</p>	<p>2 Sausage Biscuit</p> <p>HAMBURGER ON WW BUN SWEET POTATO STRINGS, ROMAINE GARDEN SALAD/RANCH, FRUIT, MILK</p> <p>QUESADILLAS</p>	<p>3 Cinnamon Roll/Oatmeal</p> <p>CHICKEN NUGGETS, BROWN RICE, STEAMED BROCCOLI, GREEN PEAS, FRUIT, Milk SPICY NUGGETS,</p>	<p>4 Chicken Biscuit</p> <p>CRISPITO/STRING CHEESE, WK CORN, BLACK BEANS, FRUIT, MILK</p>	<p>5 French Toast Sticks</p> <p>HOT DOG OVEN FRIES, ROMAINE GARDEN SALAD, FRUIT, MILK</p> <p>BEEF & BEAN BURRITO</p>
<p>8 Pancake on a Stick</p> <p>CHICKEN TENDERS BROWN RICE, GREEN BEANS, FRUIT, MILK CHOCOLATE CHIP COOKIE</p> <p>SPICY WINGS - LMS ONLY</p>	<p>9 Biscuit & Sausage Gravy</p> <p>HAMBURGER OVEN FRIES, CARROT STICKS/RANCH DRESSING, FRUIT, MILK</p> <p>**PRE-PLATED CHICKEN SALAD- LMS ONLY</p>	<p>10 Waffle Sticks</p> <p>ITALIAN DUNKERS, ITALIAN MIXED VEGETABLES, ROMAINE GARDEN SALAD/RANCH, FRUIT, MILK</p> <p>SPAGHETTI</p>	<p>11 Ham Biscuit</p> <p>HAMBURGER STEAK/GRAVY CREAMED POTATOES, BLACK EYED PEAS, ROLL, FRUIT, MILK M&M COOKIE</p>	<p>12 Mini Pancakes/Sausage Link</p> <p>CORN DOG SWEET POTATO STRINGS, CARROT STICKS/RANCH DRESSING, APPLE, MILK, BROWNIE PIZZA</p>
<p>15 Breakfast Pizza</p> <p>SPICEY CHICKEN SANDWICH GREEN BEANS, CALIFORNIA BLEND VEGGIES, FRUIT, MILK, SUGAR COOKIE</p>	<p>16 Sausage Biscuit</p> <p>CHILI GRILLED CHEESE, ROMAINE GARDEN SALAD/RANCH, STEAMED CARROTS, FRUIT, MILK</p> <p>**PRE-PLATED CHICKEN FINGER SALAD-LMS ONLY</p>	<p>17 Cinnamon Roll/Oatmeal</p> <p>PIZZA, SWEET POTATO STRINGS, SPINACH SALAD, FRUIT, MILK, RICE KRISPY TREAT BAR-B-Q BAKED POTATO</p>	<p>18 Chicken Biscuit</p> <p>CRISPITO/STRING CHEESE WHOLE KERNEL CORN, PINTO BEANS, FRUIT, MILK</p>	<p>19 SCHOOL CLOSED</p>  <p>TEACHER WORK DAY</p>
<p>22 Pancake on a Stick</p> <p>CHICKEN NUGGETS, BROWN RICE, GREEN BEANS, FRUIT, MILK CHOCOLATE CHIP COOKIE</p>	<p>23 Biscuit & Sausage Gravy</p> <p>HAMBURGER COOL RANCH DORITOS, ROMAINE GARDEN SALAD/RANCH DRESSING, FRUIT, MILK, MEATBALL SUB</p>	<p>24 Waffle Sticks</p> <p>CHICKEN NOODLE SOUP GRILLED CHEESE, SWEET POTATOES STINGS, SPINACH SALAD, FRUIT, MILK</p> <p>**PRE-PLATED CHICKEN SALAD-LMS ONLY</p>	<p>25 Chicken Biscuit</p> <p>TACO SALAD WK CORN, BLACK BEANS, FRUIT, MILK</p>	<p>26 Mini Pancakes/Sausage Link</p> <p>STUFFED PEPPERONI SANDWICH STEAMED BROCCOLI, CARROTS/RANCH DRESSING FRUIT, MILK</p> <p>PIZZA</p>
<p>29 Breakfast Pizza</p> <p>BREADED Chicken Sandwich LIMA BEANS, STEAMED CARROTS, FRUIT, MILK BROWNIE</p>		<p>You're off to great places. Today is your day. Your mountain is waiting. So...Get on your way! ~ Dr. Seuss 2 just B you</p>		<p>Breakfast 2nd Choice Cereal & Toast Offered Mon, Tues, Thurs, Fri</p> <p>Muffin & Yogurt Offered on Wednesdays (See Breakfast Menu on-line)</p>

1% and Fat Free-Flavored Milk provided with all meals.



ROLL GREENWAVE ROLL!!

*****MENUS SUBJECT TO CHANGE*****

The U.S. Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or if all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866)

632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (in Spanish). USDA is an equal opportunity provider and employer."