

Breakfast is served
Sailors

Leeds City Schools
SEPTEMBER 2015
K-8 Menu



Monday

Tuesday

Wednesday

Thursday

Friday

	1 Waffle Sticks HAMBURGER COOL RANCH DORITOS, ROMAINE GARDEN SALAD/RANCH DRESSING, FRUIT, MILK, BELLY BEARS	2 Mini Pancakes/Sausage Link STEAK NUGGETS, SWEET POTATOES STINGS, SPINACH SALAD, FRUIT, MILK GROUND BEEF STROGANO/ROLL	3 Scrambled Eggs/Bacon TACO SALAD WK CORN, BLACK BEANS, FRUIT, MILK	4 Sausage Biscuit STUFFED PEPPERONI SANDWICH STEAMED BROCCOLI, CARROTS/RANCH DRESSING FRUIT, MILK PIZZA
7	8 French Toast Sticks HAMBURGER ON WW BUN SWEET POTATO STRINGS, ROMAINE GARDEN SALAD/RANCH, FRUIT, MILK	9 Mini Pancakes/Sausage Link CHICKEN NUGGETS BROWN RICE, STEAMED BROCCOLI, GREEN PEAS, FRUIT, Milk **PRE-PLATED CHICKEN SALAD-LMS ONLY	10 Breakfast Burrito CRISPITO/STRING CHEESE, WK CORN, BLACK BEANS, FRUIT, MILK	11 Biscuit & Sausage Gravy HOT DOG OVEN FRIES, ROMAINE GARDEN SALAD, FRUIT, MILK Stuffed Pepperoni Sandwich
14 Breakfast Pizza CHICKEN NUGGETS BROWN RICE, GREEN BEANS, FRUIT, MILK CHOCOLATE CHIP COOKIE	15 Cinnamon Bun HAMBURGER OVEN FRIES, TOMATO, CARROT STICKS/RANCH DRESSING, FRUIT, MILK CHICKEN PARMESAN	16 Pancake on a Stick ITALIAN DUNKERS, ITALIAN MIXED VEGETABLES, ROMAINE GARDEN SALAD/RANCH, FRUIT, MILK **PRE-PLATED CHICKEN SALAD-LMS ONLY	17 Scrambled Eggs/Sausage HAMBURGER STEAK/GRAVY CREAMED POTATOES, BLACK EYED PEAS, ROLL, FRUIT, MILK PUDDING	18 Chicken Biscuit CORN DOG SWEET POTATO STRINGS, CARROT STICKS/RANCH DRESSING, APPLE, MILK, BROWNIE
21 Breakfast Burrito SPICEY CHICKEN SANDWICH GREEN BEANS, CALIFORNIA BLEND VEGGIES, MILK, FRUIT	22 Honey Bun HAMBURGER COOL RANCH DORITOS, ROMAINE GARDEN SALAD/RANCH, STEAMED CARROTS, FRUIT, MILK	23 French Toast Sticks PIZZA, SWEET POTATO STRINGS, STEAMED SPINACH, FRUIT, MILK, RICE KRISPY TREAT **PRE-PLATED CHICKEN SALAD-LMS ONLY	24 Breakfast Pizza CRISPITO/STRING CHEESE WHOLE KERNEL CORN, PINTO BEANS, FRUIT, MILK	25 Biscuit & Sausage Gravy HOT DOG BAKED BEANS, CARROT STICKS/RANCH, FRUIT, MILK STUFFED PEPPERONI SANDWICH
28 Breakfast Pizza CHICKEN TENDERS BROWN RICE, GREEN BEANS, FRUIT, MILK CHOCOLATE CHIP COOKIE	29 Waffle Sticks HAMBURGER COOL RANCH DORITOS, ROMAINE GARDEN SALAD/RANCH DRESSING, FRUIT, MILK, BELLY BEARS	30 Mini Pancakes/Sausage Link STEAK NUGGETS, SWEET POTATOES STINGS, SPINACH SALAD, FRUIT, MILK **PRE-PLATED CHICKEN SALAD-LMS ONLY		Breakfast 2nd Choice Cereal, Pop Tarts, Nutrigrain Bars, OR Muffins Served Daily! (See Breakfast Menu on-line)

1% and Fat Free-Flavored Milk provided with all meals.



ROLL GREENWAVE ROLL!!

*****MENUS SUBJECT TO CHANGE*****

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