

**Breakfast is served daily!**

**7:30-8:00 a.m.**

**Fruit or Fruit Juice and Fat-free/**

**1% milk provided daily.**

LEEDS CITY SCHOOLS

NOVEMBER 2015

Home of the *Green Wave*

LHS MENU

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
2 Breakfast Pizza  CHICKEN NUGGETS, SPICY WINGS, BROWN RICE/GRAVY, GREEN PEAS, CARROT STICKS/RANCH, FRUIT, MILK	3 Sausage Biscuit  ITALIAN DUNKERS, ITALIAN MIXED VEGETABLES, PARMESAN BROCCOLI BAKE FRUIT, MILK, CAKE  **PRE-PLATED CHICKEN SALAD, FRUIT, MILK, CAKE	4 Cinnamon Bun/Oatmeal  HAMBURGER, SWEET POTATO STRINGS, ROMANE GARDEN SALAD, FRUIT, MILK, RICE KRISPIE TREAT  ***HAM WRAP, FRUIT, MILK, RICE KRISPIE TREAT	5 Chicken Biscuit  CRISPITO/CHEESE WK CORN, BLACK BEANS, APPLE, MILK  **PRE-PLATED CHICKEN SALAD, APPLE, MILK	6 French Toast Sticks  PIZZA, TURKEY AND CHEESE CROISSANT, CARROT STICKS/RANCH, SPINACH SALAD, FRUIT, MILK BROWNIE
9 Pancake on a Stick  Breaded Chicken Sandwich Grilled Tilapia/Cornbread Sweet Potato Strings Mixed Vegetables Fruit, Milk, Jell-O	10 Biscuit & Sausage Gravy  HAMBURGER, OVEN FRIES, SPINACH SALAD, PEARS, MILK, PUDDING  **PRE-PLATED TURKEY SALAD, FRUIT, MILK	11  SCHOOL CLOSED	12 Ham Biscuit  CHILI CHEESE DOG, HAM WRAP, BAKED BEANS, CREAMY COLE SALW, PEACHES, MILK, JELLO	13 Mini Pancakes/Sausage Link  PIZZA, TURKEY WRAP, CARROT STICKS/RANCH, ROMAINE GARDEN SALAD, FRUIT, MILK CHOCOLATE CHIP COOKIE
16 Breakfast Pizza  CHICKEN NUGGETS, FISH NUGGETS, CREAMED POTATOES/GRAVY, GREEN PEAS, ROLL, FRUIT, MILK, BROWNIE	17 Sausage Biscuit  HAMBURGER, CHICKEN NOODLE SOUP/GRILLED CHEESE, SPINACH SALAD, MIXED VEGETABLES, FRUIT, MILK, SUGAR COOKIE	18 Cinnamon Bun/Oatmeal  SPICY CHICKEN SANDWICH, CHICKEN TETRAZZINI/ROLL, GREEN BEANS, CALIFORNIA BLEND VEGGIES, APPLE, MILK, JELLO	19 Chicken Biscuit  TACO SALAD, BEEF AND BEAN BURRITO, REFRIED BEANS, WK CORN, FRUIT, MILK CHOCOLATE CAKE	20 French Toast Sticks  PIZZA, MEATBALL SUB, SWEET POTATO STRINGS, CARROT STICKS/RANCH, PEARS, MILK, PUDDING
23  TEACHERS ONLY	24  TEACHERS ONLY	25  SCHOOL CLOSED	26  SCHOOL CLOSED	27  SCHOOL CLOSED
30 Breakfast Pizza  CHICKEN NUGGETS, SPICY WINGS, BROWN RICE/GRAVY, GREEN PEAS, CARROT STICKS/RANCH, FRUIT, MILK				

**1% and Fat Free-Flavored Milk provided with all meals.**



**\*\*\*MENUS SUBJECT TO CHANGE\*\*\***

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