


Breakfast is served daily!
Fruit or Fruit Juice and Fat-free/
1% milk provided daily.

Leeds City Schools
SEPTEMBER 2014
 9-12 Menu

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
	2 French Toast Sticks HAMBURGER ON WW BUN Stuffed Pepperoni Sandwich OVEN FRIES, ROMAINE GARDEN SALAD, PEARS Milk, PUDDING	3 Mini Pancakes/Sausage Link HOT DOG ON WW BUN/DORITOS CHICKEN TENDERS CREAMED POTATOES, BROWN GRAVY, BLACK EYED PEAS ROLL, PEARS, Milk	4 Breakfast Burrito SPAGHETTI AND MEAT SAUCE/WW ROLL ITALIAN DUNKERS, ITALIAN MIXED VEGETABLES, PARMESAN BROCCOLI BAKE, FRUIT, MILK, PUDDING	5 Biscuit & Sausage Gravy PIZZA TURKEY WRAP, ROMAINE GARDEN SALAD, CARROT STICKS w/RANCH DIP, PEARS, MILK, CHOCOLATE CHIP COOKIE
8 Breakfast Pizza CHICKEN NUGGETS GROUND BEEF AND MAC, WW ROLL, CREAMED POTATOES BROWN GRAVY, GREEN BEANS, FRUIT, MILK	9 Cinnamon Bun/Oatmeal SPICEY CHICKEN SANDWICH HAMBURGER ON WW BUN SWEET POTATO STRINGS ROMAINE GARDEN SALAD, FRUIT, MILK, JELLO	10 Pancake on a Stick HOT DOG ON WW BUN/BAKEDCHEETOS HAMBURGER STEAK/ROLL, BROWN RICE/BROWN GRAVY, GREEN PEAS, MILK, FRUIT	11 Scrambled Eggs/Sausage CRISPITO/CHEESE SAUCE FAJITA/CHEESE SAUCE WHOLE KERNEL CORN, REFRIED BEANS, MILK, FRUIT	12 Chicken Biscuit CORN DOG OR PIZZA CARROT STICKS/RANCH DRESSING SPINACH SALAD, MILK, FRUIT BROWNIE
15 Breakfast Burrito SPICEY CHICKEN SANDWICH/DORITOS CHICKEN TETRAZZINI/ROLL GREEN BEANS, CALIFORNIA BLEND VEGGIES, MILK, FRUIT, JELLO	16 Honey Bun/Grits HAMBURGER ON WW BUN FISH NUGGETS SPINACH SALAD, MIXED VEGETABLES, MILK, FRUIT SUGAR COOKIES	17 French Toast Sticks CHICKEN NUGGETS/ROLL, HOT DOG ON WW BUN CREAMED POTATOES, BROWN GRAVY, GREEN PEAS MILK, FRUIT	18 Breakfast Pizza TACO SALAD BURRITO REFRIED BEANS, WHOLE KERNEL CORN, MILK, FRUIT, CHOCOLATE CAKE	19 Biscuit & Sausage Gravy STUFFED PEPPERONI SANDWICH PIZZA SWEET POTATO STRINGS, CARROT STICKS/RANCH DRESSING, MILK, PEARS, PUDDING
22 Breakfast Bagel CHICKEN TENDERS MEAT LOAF CORNBREAD, TURNIP GREENS, PINTO BEANS, MILK, FRUIT, PUDDING	23 Waffle Sticks/Oatmeal BISCUITS MINI PANCAKES SAUSAGE LINKS/SCRAMBLED EGGS POTATO ROUNDS, TOMATO MILK, PEACHES	24 Mini Pancakes/Sausage Link STEAK NUGGETS/BROWN RICE/GRAVY HOT DOG ON WW BUN SWEET POTATO STRINGS, GREEN PEAS, MILK, PEACHES	25 Scrambled Eggs/Bacon CRISPITO/CHEESE SAUCE FAJITA/CHEESE SAUCE WHOLE KERNEL CORN, REFRIED BEANS, MILK, FRUIT	26 Sausage Biscuit PIZZA CHICKEN SANDWICH OVEN FRIES, GREEN BEANS STEAMED SQUASH, MILK, PINEAPPLE CHUNKS PUDDING
29 Breakfast Pizza SPICEY CHICKEN SANDWICH FISH NUGGETS SWEET POTATO STRINGS, MIXED VEGETABLES, SPINACH SALAD, MILK, FRUIT	30 French Toast Sticks HAMBURGER ON WW BUN STUFFED PEPPERONI SANDWICH OVEN FRIES, ROMAINE GARDEN SALAD, PEARS Milk, PUDDING			<u>Breakfast 2nd Choice</u> Cereal, Pop Tarts, Nutrigrain Bars, OR Muffins Served Daily! (See Breakfast Menu on-line)

1% and Fat Free-Flavored Milk provided with all meals.



ROLL GREENWAVE ROLL!!

*****MENUS SUBJECT TO CHANGE*****

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