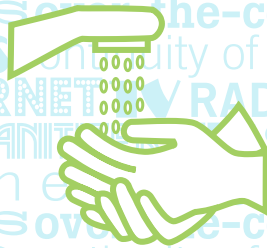


do10

Fight the Flu



1. Get Vaccinated



2. Wash Your Hands



3. Cover Your Coughs
and Sneezes



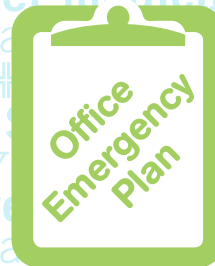
4. Stay Home
with Fever

get10



5. Stockpile Supplies

6. Clean and Disinfect



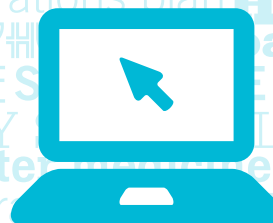
7. Know Your Office
Emergency Plan



8. Learn Home Care



9. Call Your Doctor If
Symptoms Get Worse



10. Stay Informed

Alabama Department of Public Health

The RSA Tower • 201 Monroe Street • Montgomery, AL 36104

For more information, please call 1.866.264.4073 • www.adph.org/do10