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E/M Schools Fruit Juice served Tuesday & Thursday
 High Schools Fruit Juice served daily
 Fresh or Canned Fruit served daily with each meal
 Unflavored low fat milk served daily with each meal
 Menus are subject to change due to deliveries & commodities



Monday



Tuesday

Wednesday



Thursday

Friday

1A: Chicken Bites
 Green Beans
 Mac & Cheese
 Salad
 Roll

5

1B: Pulled Pork
 Hamburger Bun
 Potato Tots
 Baked Beans
 Apple Crisp

6

1C: Tacos
 Tortilla chips
 Lettuce leaf/Tomato Slice/Cheese
 Taco Sauce/Sour Cream
 Yam Patty
 Corn

7

1D: Oven Roasted Chicken
 Brown Rice w/ gravy
 Mixed Veggies
 Biscuit

8

1E: Turkey Ham Cheese Sub
 Lettuce/Tomatoes/Pickles
 Mayo/Mustard
 Broccoli
 Carrots
 Chips

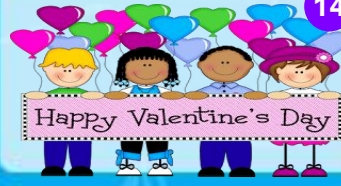
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12

FAT
 TUESDAY

13



14



15



16

2A: Salisbury Steak Patty
 Mashed Potatoes w/Gravy
 Green Beans
 Roll

19

2B: Chicken Fajita w/Flour Tortilla
 Lettuce/Tomatoes/Sour Cream
 Sour Cream/Taco Sauce
 Black Beans
 Corn
 Spanish Rice*

20

2C: Chicken Nuggets
 Waffles/Syrup
 Fries
 Salad

21

2D: Sliced Turkey
 Turnips Greens
 Sweet Potatoes
 Hushpuppies
 Apple Crisp

22

2E: Fajita Chicken on Bun
 Or Tuna Salad
 Lettuce/Tomatoes/Pickles
 Sweet Peas
 Carrots

23

3A: Chili Crispito
 Cheese/Sour Cream/Taco Sauce
 Romaine Salad
 Broccoli
 Corn

26

3B: Hot Dog
 Chili/Cheese Ketchup/Mustard
 Coleslaw
 Baked Beans

27

3C: Sliced Pork Roast
 Red Beans Brown Rice
 Salad
 Hushpuppies
 WG Sugar Cookie.

28

