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E/M Schools Fruit Juice served Tuesday & Thursday
High Schools Fruit Juice served daily

Fresh or Canned Fruit served daily with each meal
Unflavored low fat milk served daily with each meal

Menus are subject to change due to deliveries & commodities



Monday

Tuesday

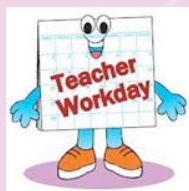
Wednesday

Thursday

Friday



1



2



3

1D: Oven Roasted (Baked) Chicken
Rice Pilaf or Mashed Potatoes
Brown Gravy
Mixed or California Blend Veggies
Roll or Biscuit

4

1E: Turkey Ham Cheese Sub
Lettuce/Tomatoes/Pickles
Mayo/Mustard
Broccoli
Carrots
Chips

5

2A: Salisbury Steak Patty
Mashed or Roasted Potatoes
Green Beans or Sweet Peas
Gravy
Roll or Hush Puppies

8

2B: Taco Grande, Tacos* or Chicken Fajita w/Flour Tortilla*
Lettuce/Tomatoes/Sour Cream
Black or Pinto Beans
Corn
Spanish Rice*

9

2C: Chicken Bites, Nuggets or Tenderloins
Waffles
Syrup
Fries*
Salad

10

2D: Buffet Ham or Turkey
Turnips, Collards or Salad
Sweet Potatoes
Cornbread or Hushpuppies
Apple or Blueberry Crisp

11

2E: Tuna or Chicken Salad or Chicken Patty
Bun or Croissant
Lettuce/Tomato/Pickles
Sweet Peas
Carrots
Chips

12



15

3B: Hot Dog or Corn Dog
Chili/Cheese Ketchup/Mustard
Coleslaw
Baked Beans
Chips

16

3C: Chili w/Potatoes or Red Beans Sausage & Rice
Green Salad
Cornbread (Mexican)
WG Sugar Cookie, Rice Crispy Treat, etc.

17

3D: Oven Roasted (Baked) Chicken or Chicken Choice
Green Beans, Sweet Peas or Mixed Veggies
Sweet Potatoes
Roll or Biscuit

18

3E: Hamburger
Cheese/Lettuce/Tomatoes
Pickles/Ketchup/Mayo/Mustard
Fries*
Carrots

19

4A: Asian Chicken or Chicken Choice
Sweet & Sour Sauce
Asian Fried Brown Rice
Broccoli
Vegetable Egg Rolls

22

4B: Sloppy Joe w/Cheese option Or Cheeseburger
Lettuce/Tomato (Optional)
Fries*
Baked Beans
WG Sugar Cookie, Rice Crispy Treat, etc.

23

4C: Chicken or Fish on Bun
Sliced Cheese/Tartar Sauce
Lettuce/Tomato
Cole Slaw
Breaded Okra

24

4D: Managers Choice: Lasagna*, Spaghetti*, Meatball Sub or Beef-A-Roni*
Green Beans & Caesar Salad
Breadstick or Roll

25

4E: Steak or Chicken Nuggets
Mashed Potatoes w/Gravy
Mixed Vegetables or Sweet Peas & Carrots
Roll or Biscuit

26

5A: Oven Fried Chicken, Chicken Alfredo (Other Chicken Options)
Lima Beans or Green Beans
Yams
Roll

29

5B: Managers Choice: Hot Wings
Chicken Choice w/Bread*
Potatoes, Fries or Potato Salad
Romaine Salad or Turnip/Collard Greens
Celery Sticks w/Ranch Dressing

30

5C: Soup: Potato, Chicken Noodle
Beef Vegetable or Gumbo*
Romaine Salad
Mozzarella Cheese Sticks or Bread Stick
Brown Rice*

31

