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*\*\*Menus are subject to change\*\**



## MCPSS Breakfast

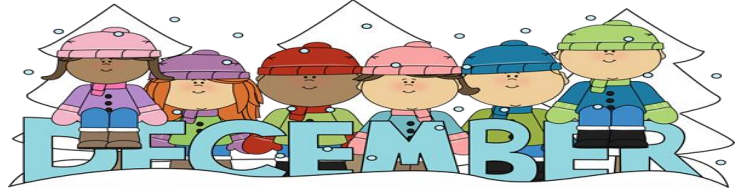
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12/1/17 (Cycle 3)					Waffles Chicken or Sausage Patty/Link Syrup or Cereal Fruit Fruit Juice Milk (Variety Flavor)
12/4/17 to 12/8/17 (Cycle 4)	Grits Chicken or Sausage Patty/Link Fruit Fruit Juice Milk (Variety Flavor) Managers Choice: Grill Cheese Toast or Cheese Quesadilla	Cinnamon Roll, Croissant or Biscuit Ham Slice or Cereal Yogurt Fruit Fruit Juice Milk (Variety Flavor)	Pancakes Chicken or Sausage Patty/Link Syrup or Cereal Fruit Fruit Juice Milk (Variety Flavor)	Breakfast Bagel or Pizza Fruit Fruit Juice Milk (Variety Flavor) Managers Choice: Grits or Oatmeal	Biscuit Ham Cheese Eggs Jelly or Cereal Fruit Fruit Juice Milk (Variety Flavor)
12/11/17 to 12/15/17 (Cycle 5)	Biscuit Chicken or Sausage Patty/Link Jelly Grits Fruit Fruit Juice Milk (Variety Flavor)	Chicken, Sausage Patty or Link Pancakes, French Toast or Waffles Syrup Fruit Fruit Juice Milk (Variety Flavor)	Cinnamon Roll, Croissant or Biscuit Ham Slice Jelly or Cereal Fruit Fruit Juice Milk (Variety Flavor)	Biscuit w/Jelly Chicken or Sausage Patty/Link Eggs** Cheese Grits Fruit Fruit Juice Milk (Variety Flavor) **Managers Choice**	Pop-tart & Cereal Yogurt Fruit Fruit Juice Milk (Variety Flavor)
12/18/17 to 12/22/17					
12/25/17 to 12/29/17		H  O	L	D A	Y S

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## MCPS Lunch

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12/1/17 (Cycle 3)					Cornbread (Mexican) or Hushpuppies Salad, Fruit Milk (Variety Flavor) Managers Choice: Chili Beans w/baked potato or Red Beans/Sausage & Rice
12/4/17 to 12/8/17 (Cycle 4)	Asian Chicken Sweet & Sour Sauce Asian Fried Brown Rice Broccoli Vegetable Egg Rolls Fruit Milk (Variety Flavor)	Sloppy Joe w/sliced Cheese or Cheeseburger Fries* Baked Beans Fruit/Fruit Juice Milk (Variety Flavor) *Managers Choice*	Chicken or Fish on Bun Sliced Cheese/Tartar Sauce Romaine Salad or Cole Slaw Corn Sweet Peas Fruit Milk (Variety Flavor)	Green Beans Salad Fruit/Fruit Juice Milk (Variety) Managers Choice: Lasagna*, Spaghetti*, Meatball Sub or Beef-A-Roni* *Breadstick or Roll*	Steak or Chicken Nuggets Potatoes w/brown gravy or Fries Mixed Vegetables or Sweet Peas & Carrots Fruit Milk (Variety Flavor) Managers Choice: Rice Crispy Treat, Brownie or WG Sugar Cookie, etc.
12/11/17 to 12/15/17 (Cycle 5)	Oven Fried or Baked Chicken, Chicken Alfredo (Other Chicken Options) Lima Beans Yams, Bread* Fruit Milk (Variety Flavor)	Potatoes, Fries or Potato Salad Romaine Salad or Turnip/Collard Greens Fruit/Fruit Juice Roll Milk (Variety) Managers Choice: Hot Wings or Chicken Choice*	Broccoli Mozzarella Cheese Sticks Fruit/Fruit Juice Milk (Variety Flavor) Managers Choice: Potato, Chicken Noodle, Beef Vegetable Soup or Gumbo	BBQ Beef/Pork Patty on Bun Salad Carrots or Sweet Potato Fries Chips Fruit Fruit Juice Milk (Variety Flavor)	Chili Crispito or Pizza w/ Salad Corn or Corn Nuggets Baked Beans or Black Beans Fruit Milk (Variety Flavor) Managers Choice: Rice Crispy Treat, Brownie or WG Sugar Cookie, etc.
12/18/17 to 12/22/17					

12/25/17 to 12/29/17	 Happy Holidays	H O	L I	D A	Y S
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