

January 2018

Mobile County Public

BREAKFAST



The US Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age,



Unflavored low fat milk available with each meal



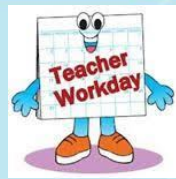
Monday



1

2A: Cereal (Cereal Bar) or Croissant w/Jelly
Eggs (Managers Choice)
Optional Cheese Slice
Fruit/Fruit Juice

Tuesday



2

2B: Cinna Minis or Cinnamon Roll
Ham Slice
Cheese String *Optional*
Fruit/Fruit Juice

Wednesday



2

2C: Breakfast Pizza, Sandwich or Bagel
Fruit
Fruit Juice

Thursday

1D: Breakfast Wrap
Yogurt
Fruit
Fruit Juice

1

2D: French Toast Sticks
Sausage Patty or Link
Yogurt
Fruit
Fruit Juice

Friday

1E: Cereal (Cereal Bar) or Biscuit w/Jelly
Chicken or Sausage Patty/Link
Fruit
Fruit Juice

5

2E: Cereal (Cereal Bar) or Muffin or Biscuit w/Jelly
Chicken or Sausage Patty/Link
Fruit/Fruit Juice



1

4A: Chicken or Sausage Patty/Link
Fruit/Fruit Juice
Managers Choice: Grill Cheese Toast or Cheese Quesadilla

3B: Croissant or Biscuit w/Jelly
Sausage Patty/Link
Eggs (Managers Choice)
Fruit
Fruit Juice

1

4B: Cinnamon Roll, Croissant or Biscuit w/Jelly
Ham Slice
Optional Cheese Slice
Fruit/Fruit Juice

3C: Pop-tart & Cereal (Cereal Bar)
Yogurt
Fruit
Fruit Juice

1

4C: Pancakes (pup, on a stick)
Chicken or Sausage Patty/Link
Syrup or
Cereal (Cereal Bar)
Fruit/Fruit Juice

3D: Doughnut, Muffin or Biscuit w/Jelly
Chicken Patty
Fruit
Fruit Juice

1

4D: Breakfast Pizza or Sandwich
Fruit
Fruit Juice

3E: Waffles or Mini Waffles
Sausage Patty/Link
Syrup or
Cereal (Cereal Bar)
Fruit/Fruit Juice

1

5A: Biscuit
Beef Steak Patty (#10003)
Jelly
Fruit/Fruit Juice

2

5B: Chicken, Sausage Patty/Link
Pancakes, French Toast or Waffles or Mini Waffles
Syrup
Fruit/Fruit Juice

2

5C: Cinnamon Roll, Croissant or Biscuit w/Jelly
Ham Slice or
Cereal (Cereal Bar)
Fruit/Fruit Juice

2

