

"The USDA is an equal opportunity provider"

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CYCLE 1	3	4	5	6
Corndog Sweet potatoes Sweet Peas Fresh Fruit Fruit: Canned or Frozen or Dried	Meat Sauce w/pasta Green Beans Caesar Salad Juice Fruit: Canned or Frozen or Dried	Chicken and Brown Rice with Gravy Broccoli Carrots Roll Fresh Fruit Fruit: Canned or Frozen or Dried	Chili Crispito Cheese/SourCream/Taco Sauce Whole Kernel Corn Pinto or Black Beans Juice Fruit: Canned or Frozen or Dried	Chicken Fajita Collards or Turnip Greens Baby Roaster Potatoes Cornbread Fresh Fruit Fruit: Canned or Frozen or Dried
9 CYCLE 2	10	11	12	13
Teacher Work Day	Hot dog Chili/Cheese Chips Baked Beans Fruit/Milk/Juice	Chicken* Waffles Fries Salad Fruit/Milk *Managers Choice*	Buffet Ham Sweet Potatoes Turnip Greens Cornbread or Hushpuppies Fruit Milk/Juice	Salisbury steak Patty/Gravy Creamed Potatoes or Rice Green Beans Roll Fruit/Milk/Juice
16 CYCLE 3	17	18	19	20
Turkey/Ham/Cheese Sub Lettuce/Tomatoes/Pickles Mayo/Mustard Chips Peas and carrots Fruit Milk	Taco Grande Lettuce/Tomatoes/Sour Cream/Cheese Black or Pinto Beans Corn Fruit Milk/Juice	Hamburger Cheese/Lettuce/Tomatoes/Pickles Potato Rounds Baked Beans Fruit Milk	Chicken* Salad/Rolls Green Beans Yams Fruit Milk/Juice *Managers Choice: Rice Crispy treat or brownie* *Commodity*	Chili Mexican Cornbread Seasoned & baked Potatoes Broccoli Fruit Milk
23 CYCLE 4	24	25	26	27
Corn Dog Mustard/Ketchup Baked Beans Cole Slaw Fruit Milk	Sloppy Joe Dill Pickles Oven Fries Salad Carrot sticks Fruit/Milk/Juice *Managers Choice: Apple, Peach or Blueberry Crisp*	Chicken Sandwich Caesar Salad Broccoli Corn Oven Fries Fruit/Milk	Managers Choice: Lasagna Meatball Sub Spaghetti/Meat Sauce Green Beans Salad Fruit/Juice/Milk *Breadstick w/Lasagna Or Spaghetti*	Steak or Chicken Nuggets Mash potatoes Gravy Sweet Peas & Carrots Rolls Fruit/Milk *Managers Choice: Rice Crispy Treat or Brownie*
30 CYCLE 5	31			
Oven Fried Chicken Baby roasted Potatoes Rolls Green Beans Carrots Fruit/Milk	Turnip/Collard Greens Potato salad Celery stick Cornbread Fruit/Milk/Juice *Managers choice: Hot wings or Chicken*			

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Breakfast October 2017 *MENUS ARE SUBJECT TO CHANGE*

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CYCLE 1	3	4	5	6
Cereal or Cinnamon Roll Sausage Link (2) Fruit Juice/Milk	Pancake on a stick/syrup Yogurt Fruit Juice Milk	Breakfast Bagel or Pizza Oatmeal Fruit Juice Milk	Breakfast wrap Yogurt Fruit Juice Milk	Biscuit or Cereal Chicken Patty Fruit Juice Milk
9 CYCLE 2	10	11	12	13
Teacher Workday	Cinnamon Stick or Cereal Ham Fruit Juice Milk	Breakfast Pizza or Bagel Oatmeal Yogurt Fruit Juice Milk	French Toast or cereal Sausage Patty Fruit Juice Milk	Muffin or Cereal Chicken Patty Cheese String Fruit Juice Milk
16 CYCLE 3	17	18	19	20
Pancakes Ham Yogurt Fruit Juice Milk	Biscuit or Cereal Sausage Patty Fruit Juice Milk	Pop Tart & Cereal Yogurt Fruit Juice Milk	Doughnuts or Muffin Chicken Patty Fruit Juice Milk	Waffle Sticks or Cereal Sausage Link (2) Fruit Juice Milk
23 CYCLE 4	24	25	26	27
Grits Sausage Patty Fruit/Juice/Milk *Managers choice: Cheese Toast or Cheese Quesadilla*	Cinnamon roll & Cereal Ham Fruit Juice Milk	Pancake on a stick Syrup Yogurt Fruit Juice Milk	Breakfast Bagel or Pizza Cheese string Fruit Juice Milk	Egg Cheese Omelet Plain Bagel Cream Cheese Fruit Juice Milk
30 CYCLE 5	31			
Cereal or Biscuit Chicken Patty Yogurt Fruit Juice Milk	Breakfast wrap Grits Fruit Juice Milk			

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