INTRODUCTION: Caring for the basic need of elimination is one of your responsibilities as a health assistant. This sheet will help you review the main points.

1. Define the following:
   a. Urinate, Micturate, and Void: ____________________________
   b. Defecate: ____________________________

2. What will happen if wastes are not eliminated from the body?

   1. ____________________________
   2. ____________________________

4. Identify three [3] ways to provide privacy for a patient who is using a bedpan or urinal.
   1. ____________________________
   2. ____________________________
   3. ____________________________
1. List four [4] observations a health assistant should make about the contents of a bedpan.

1. 
2. 
3. 
4. 

6. Before emptying or discarding a urine specimen, the health assistant should make sure that the patient is not on ____________ and __________ records. If the patient is, the urine must be ____________ and ______ first.

7. If you note an abnormal observation in the urine or stool, what [2] actions should you take?

1. 
2. 

8. Many patients are ______________ about using the bedpan or urinal. It is important that the assistant provide ______________, make the patient as ______________ as possible, and provide the bedpan or urinal ______________ when the patient requests it.

9. List seven [7] specific standard precautions that must be observed at all times while assisting a patient with a bedpan or urinal.

1. 
2. 
3. 
4. 
5. 
6. 
7. 