

January 2018

Mobile County Public

BREAKFAST



The US Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age



Fruit Juice served daily with each meal
Fresh or Canned Fruit served daily



Monday

Tuesday

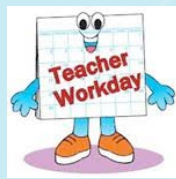
Wednesday

Thursday

Friday



1



2



2

1D: Breakfast Wrap
Yogurt
Fruit
Fruit Juice
Milk (Variety Flavor)

1

1E: Biscuit w/Jelly
Chicken
Fruit
Fruit Juice
Milk (Variety Flavor)

5

2A: Croissant w/Jelly
Eggs (Managers Choice)
Fruit/Fruit Juice
Milk (Variety Flavor)

2

2B: Cinnamon Roll
Ham Slice
Cheese String *Optional*
Fruit/Fruit Juice
Milk (Variety Flavor)

2

2C: Breakfast Pizza,
Grits
Fruit
Fruit Juice
Milk (Variety Flavor)

1

2D: French Toast Sticks
Sausage Link
Yogurt
Fruit
Fruit Juice
Milk (Variety Flavor)

1

2E: Biscuit w/Jelly
Chicken
Fruit/Fruit Juice
Milk (Variety Flavor)

1



1

3B: Biscuit w/Jelly
Sausage Patty
Eggs
Fruit
Fruit Juice
Milk (Variety Flavor)

1

3C: Pop-tart &
Cereal (Cereal Bar)
Yogurt
Fruit
Fruit Juice
Milk (Variety Flavor)

1

3D: Biscuit
w/Jelly
Chicken Patty
Fruit
Fruit Juice
Milk (Variety Flavor)

1

3E: Mini Waffles
Sausage Patty
Syrup
Fruit/Fruit Juice
Milk (Variety Flavor)

1

4A: Grits
Sausage Patty
Fruit/Fruit Juice
Milk (Variety Flavor)
Grill Cheese Toast

2

4B: Cinnamon Roll
Ham Slice
Fruit/Fruit Juice
Milk (Variety Flavor)

2

4C: Pancakes
Sausage Link
Syrup
Fruit/Fruit Juice
Milk (Variety Flavor)

2

4D: Breakfast Pizza
Grits
Fruit
Fruit Juice
Milk (Variety Flavor)

2

4E: Biscuit
Egg & Cheese Omelet
Jelly
Fruit/Fruit Juice
Milk (Variety Flavor)

2

5A: Biscuit
Beef Steak Patty (#10003)
Hash Browns
Jelly
Fruit/Fruit Juice
Milk (Variety Flavor)

2

5B: Sausage Patty
Pancakes, French Toast
Syrup
Fruit/Fruit Juice
Milk (Variety Flavor)

2

5C: Cinnamon Roll
Ham Slice
Fruit/Fruit Juice
Milk (Variety Flavor)

2

