Objective: To inspire goal setting by incorporating the use of the Seven Habits and *Martin’s Big Words* by Doreen Rappaport

By: Deedee Hendrix
Habit #2
Begin with the End in Mind

Based on the work Stephen Covey
Do you think LSU and Alabama set goals to make it to the championship game?

I plan ahead and set goals. I do things that have meaning and make a difference. I am an important part of my classroom. I look for ways to be a good citizen.
Why do we need to set SMART goals?

SMART GOALS
S- specific
M- measurable
A- achievable
R- reasonable
T- time frame
Finish these sentences:

~If I my future had no limits, I would choose to be.....

~I want to be a person who...

Turn and talk to your shoulder partner
<table>
<thead>
<tr>
<th>My academic goal is to</th>
<th>My personal goal is to</th>
</tr>
</thead>
<tbody>
<tr>
<td>I will achieve my goal by</td>
<td>I will achieve my goal by</td>
</tr>
<tr>
<td>Mid-Nine Weeks:</td>
<td>Mid-Nine Weeks:</td>
</tr>
<tr>
<td>___ I am on the way to meeting my academic goal.</td>
<td>___ I am on the way to meeting my personal goal.</td>
</tr>
<tr>
<td>___ I need to try harder at meeting my academic goal.</td>
<td>___ I need to try harder at meeting personal goal.</td>
</tr>
<tr>
<td>End of Nine Weeks:</td>
<td>End of Nine Weeks:</td>
</tr>
<tr>
<td>___ I met my academic goal.</td>
<td>___ I met my personal goal.</td>
</tr>
<tr>
<td>___ I need to keep working toward my academic goal.</td>
<td>___ I need to keep working toward personal goal.</td>
</tr>
</tbody>
</table>
Quotes

“The tragedy of life doesn’t lie in not reaching your goal. The tragedy lies in having no goal to reach.”
~ Benjamin Mays

“You are never too old to set another goal or to dream a new dream…”
~ C.S. Lewis

“A person who never made a mistake never tried anything new.”
~ Neil Armstrong
Journal Entry

What is “the end” for you? What do you hope to be doing ten years from now? Twenty? Make a list of things you want to do in your life.