**Sports Medicine Pacing Guide**

**Week 1 –** Safety TEST

**Week 2-3 – Careers in Sports Medicine**

* + Study Chapter 1 and complete the Learning Exercises

**Week 4-5 – Legal and Ethical Implications in Sports Medicine**

* + Study Chapter 2 and complete the Learning Exercises

**Week 6-7 – Nutrition and Weight Management**

* + Study Chapter 1 and complete the Learning Exercises

**Week 8-9 – Infection Control**

* + Study Chapter 1 and complete the Learning Exercises

**Week 10-11 – Vital Sign Assessment**

* + Study Chapter 1 and complete the Learning Exercises

**Week 12-13 – Injury to the Tissue**

* + Study Chapter 1 and complete the Learning Exercises

**Week 14-15 – Injuries to the Head and Spine**

* + Study Chapter 1 and complete the Learning Exercises

**Week 16-17 – Injuries to the Upper Extremities**

* + Study Chapter 1 and complete the Learning Exercises

**Week 18-19 – Injuries to the Chest and Abdomen**

* + Study Chapter 1 and complete the Learning Exercises

**Week 20-21 – Injuries to the Pelvis and Lower Extremities**

* + Study Chapter 1 and complete the Learning Exercises

**Week 22-23 – Basic Life Support**

* + Study Chapter 1 and complete the Learning Exercises

**Week 24-25 – First Aid and Equipment Bag**

* + Study Chapter 1 and complete the Learning Exercises

**Week 26-27 – Emergency Preparedness**

* + Study Chapter 1 and complete the Learning Exercises

**Week 28-29 – Therapeutic Modalities**

* + Study Chapter 1 and complete the Learning Exercises

**Week 30-31 – Return to Play**

* + Study Chapter 1 and complete the Learning Exercises

**Week 32-35 - Comprehensive Sports Medicine Review Section**

* + Assignment: Complete the Comprehensive Sports Medicine Review exercises and practice test, and be prepared to take part in class review activities.
  + Assignment: Complete the Comprehensive Sports Medicine Review activities.

**Week 36 - Final Exam**