



NOVEMBER MENU K-6



Week of November 2 through November 6 (carbs)

Banana Bread (44) FlameBroiled Hamburger (0) WW Bun (29) Ranch Beans (20) Salad Bar Pears (20) Apple Slices (14)	Breakfast Pizza (17) WG Chicken Corn Dog(30) Baked Fries (17) Salad Bar Peaches (12) Fresh Cut Up Fruit (6)	Muffin (24) Bean & Cheese Tostada (26) Spanish Rice (21) Sweet Corn (17) Salad Bar Mandarin Oranges (19) Fruit Mix (19)	Pancake & Sausage on Stk (21) Cheese Pizza (33) Cucumber/Carrot Coins (5) Baked Beans (31) Salad Bar Orange Wedges (19) Applesauce (22)	Breakfast Burrito (32) Spaghetti (34) w/ 6ct Meatballs (4) & Sauce (12) Garlic Toast (14) Green Beans (5) Salad Bar Banana (33) Pineapple (20)
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Week of November 9 through November 13

Muffin Top (20) Juice Bx (15) Cheesy Max Stix (31) w/ Dipping Sauce (10) 3 way Veggies (6) Salad Bar Tropical Fruit (19) Fresh Tangerine (12)	Ham/Egg/Cheese Combo Bar (8) Boneless Wings (13) Baked Sweet Potato Tots (32) Salad Bar Pears (12) Apple Slices (21)	NO SCHOOL Veterans Day 	Buttermilk Bar (39) Hot Dog (1) on Bun (20) Cup of Chili w/Beans (36) 1 cup Salad Bar SIDEKICK (20) Fruit Cocktail (15)	Yogurt (19) Cereal Bar (27) Asian Chicken Bowl (14) w/ Fried Rice (55) Steamed Broccoli (4) Salad Bar Pineapple (20) Mandarin Oranges (19)
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Week of November 16 through November 20

Apple Frudel (36) Mini Ravioli (30) Cheese Breadstix (17) Fresh Steamed Veggies (4) Banana (33) Peaches (12)	Orange Muffin Top (37) Beef & Cheese Taco Bowl (223/17) Sweet Corn (17) Salad Bar Orange Wedges (19) Fresh Fruit	NEW! Chocolate Donuts (39) Corn Dog (30) Baked Tots (17) Salad Bar Cinnamon Applesauce (23) Fresh Pear (21.5)	Pancake/Sausage on Stick (21) Pizza Wedge (33) Baked Beans (31) Salad Bar Juice Box (15) Orange Wedges (19)	Bagel w/Crème Cheese (26/1) LUCKY TRAY Turkey Shaped Nuggets (13) WW Roll (15) Broccoli/Cheese (2/6) Deli Roasted Potatoes (25) Banana (33)/Fruit Mix (15)
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Week of November 23 through November 27

Oatmeal w/Fresh Berries (21/7) Beef Sliders (21) Pork n Beans (30) Salad Bar Small Apple (21) Peaches (12)	Strawberry Pancakes (40) Turkey & Gravy (2) Mashed Potatoes (16) WW Roll (15) Sweet Peas (12) Salad Bar/MandarinOranges (19) Pumpkin Pie (46)	Zucchini Bread (43) Cook's Choice	THANKSGIVING 	NO SCHOOL NO SCHOOL
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Monday, November 30

French Toast Stix (27) Syrup (31) Lunch: Mac & Cheese (29) 6 oz serving / WW Roll (15) / Green Beans (5) / Salad Bar / SIDEKICK (20) / Fruit Cocktail (15)

This institution is an equal opportunity employer and provider. Substitutions may be made based on availability. Have a Wonderful Thanksgiving!!