



# OCTOBER MENU



# K-6

October 1 & October 2

Pancake & Sausage on a Stick (23) Fruit & Juice	Strawberry Pancakes (40) Fruit & Juice
Hamburger on WW Bun (25)	Turkey Corn Dog (30)
Ranch Style Beans (20)	Sweet Corn (17)
Salad Bar	Salad Bar
Banana (33) Mandarin Oranges (19)	Applesauce (22) Fresh Pear (20)

October 5 through October 9

Fall Break

October 12 through October 16

Whole Wheat Honeybun (38)	Banana Bread (44)	Cherry Frudel (36)	Breakfast Pizza (17)	Bagel w/Crème Cheese (29/6)
Chicken Rings (12)	Bean & Cheese Tostada (26)	Cheese Pizza Wedge (33)	Mini Ravioli (30)	Beef Sliders (21)
WG Biscuit (25)	Lettuce/Tomato/Salsa	Green Beans (5)	Cheese Breadstix (24)	Pork n Beans (30)
Baked Tots (17)	Sweet Corn (17)	Salad Bar	Fresh Steamed Veggies (4)	Salad Bar
Salad Bar	Salad Bar	SIDEKICK (20)	Fresh Cut Up Melon (6)	Apple Slices (21)
Orange Wedges (15) Peaches (12)	Pears (20) Juice Box (14)	Mixed Fruit (15)	Cinnamon Applesauce (22)	Pineapple (20)

October 19 through October 23

Oatmeal w/Fresh Berries (21/7)	Apple Frudel (36)	Breakfast Sunrise Flatbread (20)	Yogurt w /Mini Muffin (43)	Turkey Sausage & Cheese on Biscuit (25)
Chicken Bites (23)	(NEW) Nacho Bites (32)	Mini Corn Dogs (33)	Chicken Patty on Bun (11/29)	Pizza Sticks/Dip (31/10)
WW Roll (15)	Refried Beans	Sweet Potato Fries (32)	Lettuce/Tomato	Green Beans (5)
Sweet Corn (17)	Salad Bar	Salad Bar	Baked Beans (28)	Salad Bar
Salad Bar	Fresh Grapes (13)	Orange Wedges (15)	Salad Bar	Banana (33)
Pineapple (20) Juice Box (15)	Applesauce (22)	Peaches (12)	Fresh Strawberries (12) Pears (20)	Fruit Cocktail (15)

October 26 through October 30

Zucchini Bread (43)	Maple Glazed French Toast (27)	Breakfast Burrito (32)	Cherry Frudel (36)	Strawberry Pancakes (40)
Hot Dog on Bun (1/20)	Popcorn Chicken Bowl (32)	Big Daddy Pizza (33)	Bean & Cheese Burrito (46)	LUCKY TRAY
Baked Chips (16)	Biscuit (31)	Steamed Broccoli/Cauli Mix (4)	Corn on the Cob	Bat Wing Nuggets (10)
Baked Beans (31)	Salad Bar	Salad Bar	Mild Salsa	Baked Frog Toes (17)
Salad Bar	Fruit Cocktail (15)	SIDEKICK (20)	Salad Bar	Scary Vegetable Bar
Small Apple (21)	Fresh Melon (6)	Peaches (12)	Pineapple (20)	Boo Banana (33)
Pears (20)			Orange Wedges (15)	Strawberry Applesauce (23)

HAPPY HALLOWEEN – Have Fun and Be Safe

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