

Dates to Remember:

MONDAY'S ARE MINIMUM DAYS – DISMISSAL AT 1:45 PM

3/16/20-4/14/20 - NO SCHOOL

Every Friday is SPIRIT DAY! Wear school teal and grey or Oak Run T-Shirts



Oak Run Elementary School

~ A Public Montessori School

27635 Oak Run to Fern Road ● Oak Run ● CA 96069 (530) 472-3241

> Superintendent/Principal Lynn Wilen

School Board Members Kansas Simonis LeeAnn Mollath • Stan Statham Philomene Swenson • Tom Diskin

March 20, 2019

Issue 27

THE PRINCIPAL

Greetings from Miss Lynn,

We are in trying times. Every day we get a new challenge. We are now on "shelter in" meaning everyone should stay home unless considered an essential service. The school is in this category. We must continue to serve breakfast and lunch to those who wish and the teachers must continue to serve the students with instruction.

- With that in mind, I am hoping you are able to communicate with your child's teacher. They are ready and willing.
- Dianna is trying to serve the students with breakfast and lunch. However, it is important that you let the District Office know that you want the meals by 1:00pm the day before. They will be available "curb side" at 8:30am
- The office will be open from 8:00 am to 2:00 pm each day. We still have packets for a couple students.

We will continue to let you know of any changes. Please keep clean by washing your hands anytime you come in contact with anybody besides family members. However, if any of your family members come in contact with others and returns to the house. Resantitize hard surfaces (counters, door knobs, sinks, etc.).

Remember that April 6th through the 13th are non-school days, so please enjoy the time with your students.

COMMUNITY INVOLVEMENT

Oak Run Community Newsletter (formally known as the Acorn) is seeking business owners to purchase advertisement space. Please contact Cindy Shaw for more info or to place an ad! <u>Poohshaw57@yahoo.com</u>

Miss Lynn Superintendent/Principal (530) 472-3241 Iwilen@oakrunschool.org



Oak Seed Preschool - Mrs. Lisa's Class



Week of March 20, 2020

Hello Oak Seed Preschool families;

During this time of school closures and social distancing, I want to let all of our preschool families know that I am here to support your efforts to provide some preschool learning activities at home.

To that end, I am sending you some of my favorite website links for you to explore.

I'm also including a link to First 5 Shasta for resources to help parents explain and support children regarding changes in our routines due to covid-19.

FREE access to Scholastic preschool stories and activities

Tips and activities from Montessori of the Redwoods parent group

Books by Eric Carle, read aloud on video

Resources to help families cope during the covid-19 situation

All my best to you and your family. Please let me know if you have any questions or concerns. Be well and take care.

~Ms. Lisa



https://www.youtube.com/watch?v=75NQK-Sm1YY&authuser=0

Mr. Adam's TK- 2nd Grade Class



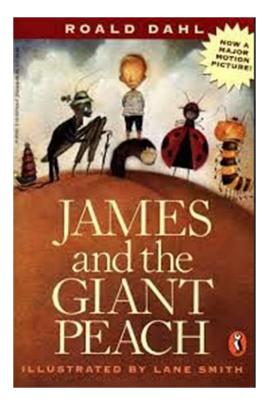
Hi Families! A good way to maintain some consistency in your child's day, and to continue the progress they are making in our class at Oak Run is to read!

Our class was enjoying our weekly book challenge. So far, we have enjoyed "Lion, Witch and the Wardrobe," and "Charlotte's Web." Next in our lineup was "James and the Giant Peach."

Try reading a few chapters out loud to the whole family. Before reading, discuss what was happening in the story when you left off. After each reading, discuss what happened in the chapters you just read. Retelling a story helps students with better comprehension.

After you finish the book, enjoy a film version of the book together. Our class enjoyed a movie day as a reward after both previous books.

I hope you are all well. Please reach out to me if you need any help with education from home.



Ms. Anne's 3rd-5th Grade Class Upper Elementary MONTESSORI

Greetings, Elementary Families!

First, let's admit that we've all been caught by surprise, and most of us weren't prepared to switch—schoolwide, overnight—into I.S., or "homeschool mode." Let's take a collective deep breath. We're all in this together, and we'll figure it out.

I want my child to keep learning. How do I structure our day?

This is what many of you are wondering. Your home is not a school, so how do you keep your kids learning while they have to stay there? Try your best to keep them on a schedule. It'll be easier to continue their current school habits than to let them go wild and wrangle them back in later. Limit screen use to educational content and/or communication with teachers (watch this space for recommendations). Some of their normal routines, like commuting and standing in line, won't be necessary when they're home, so your day can be slightly shorter, or you might want to find some mindless-yet-physically-active tasks, like doing dishes, chopping wood or vegetables, or taking a brisk 5-minute walk, to do a couple of times a day when a break is needed.

If I were you, here's what I'd do to keep your child's school habits humming along at home:

7-8 All preparation for the day

Dress up like you're going to school; it'll change your mood.

I like to listen to the radio, 90.9, during this particular hour because they play world music. It's lively, full of sonic surprises, and often educational.

8-9 Reading and Breakfast

They're accustomed to reading silently or whisper-reading with a friend during this time. Because you're at home, they could also read aloud to you, or you could share a book and read with them. If you do this, just make sure you're both seated where you can see the words together. Try to read some nonfiction as well as fiction.

9-9:15 Singing Songs

Do you know fun songs you can sing with them? Sing with them! Children who sing every day are more peaceful. They're also more inclined to do it if you're a good sport and sing with them. It's part of our Montessori routine. (Watch this space for recommendations on what you can sing.) You can also use this time to share gratitude. Have each family member take turns saying something they appreciate about life, and why.

9:15-11:15 Work Period (part I)

At this time, they should be doing the work we've sent home. They'll need a quiet environment, a sharp pencil, and a comfortable, upright seating place and working surface. Each day, ask them to practice all core skills: reading, writing and math. Also make sure they read something factual/informative as a part of their work. Have them start with what's already in their packets, and they can add to it with internet sources during the second work period.

11:15-11:45 P.E.

Have them do some running around, some balancing, some stretching, and some friendly competition.

11:45-12:15 Lunch

Since they're home, have them help prepare lunch. This is also a good chance for them to practice fractions and division—e.g. cutting a sandwich in pieces for sharing, divvying up even amounts of small snacks such as raisins or grapes to the family...

12:15-1:15 Work Period (part II)

They've hopefully been refreshed by PE and lunch; now have them finish what they started. Extensions like illustrating or decorating their work or internet searching for more information are appropriate at this time.

1:15-1:30 Sharing (and Celebrating) Completed Work

Have them show you what they did. Congratulate them for doing it. Come up with ideas for more they could do on a future day. Help them look forward to practicing these skills more, in different ways.

1:30 School's Out!

Put your school things away in a safe place, and go about the rest of your day.

Hopefully this schedule will help you organize your child's work day, and keep your home environment harmonious. I'll be reachable via email during business hours, and I'll be here at school each Tuesday and Wednesday.





Dear Families,

Wow, what a momentous time in our world history! I wish we could have eased into this week with more warning and planning for the children's educational needs. Please know that our staff is still here for you. Our office is still open, food is available for pick-up, and teachers are on campus at least 2 days per week for tutoring. I'm also available by phone and email to answer questions.

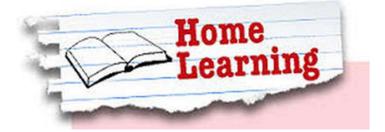
I will be contacting you individually to see how it's going, to ascertain which students have internet capability and how many could join a video chat. We can still set up meetings with our scientist penpals online if I can get enough student participation! We can also have a social time to share what we've learned. There are many educational opportunities offered for free online at this time, also. Our online access to i-Ready, IXL, and <u>k12.cengage.com</u> (history) continues.

Students who do not have their times tables memorized should definitely be working on those. Students who do not know cursive can work on that. If you aren't sure how to use the materials given, please contact me! The work can be adjusted if you reach out to me.

PLEASE have your students complete their homework and bring completed work to the office once per week or two weeks at most. I need time to grade them, and attendance is given for completed work.

We'll keep you posted. Best wishes,

Thank you, Michele <u>mzollars@oakrunschool.org</u> 530-691-8390





Academic Tutoring - Ms. Zollars in Room # 5 and Ms. Lisa in Room #4

Wednesdays 2:45 -3:15 and Thursdays 2:45 -3:15

Garden Club - Mr. Adam Room in Oak Run School Garden or Room #1

Wednesdays 2:45 -4:00 and Thursdays 2:45 -4:00

Music Lessons - Ms. Becky in Room # 3

Tuesdays - Keyboard 2:30 -3:00 or Ukulele 3:00 -3:30, 3:30 -4:00 Fridays - Ukulele 2:30 -3:00 or Keyboard 3:00 -3:30, 3:30 -4:00

Theatre Club – Ms. Anne in Room # 6

Thursdays 2:45-4:00

Permission slips are available in the main office or by the activity instructor.

Please feel free contact the instructors with any questions or concerns.

Ms. Zollars	mzollars@oakrunschool.org	(530) 472-3241 ext 105
Ms . Lisa	lcunningham@oakrunschool.org	(530) 472-3241 ext.104
Mr. Adam	amankoski@oakrunschool.org	(530) 472-3241 ext 109
Ms. Becky	bcarr@oakrunschool.org	(530) 472-3241 ext 103
Ms. Anne	aadams@oakrunschool.org	(530) 472-3241 ext 106



Library in Progress!

Over the past few weeks, work has begun revamping the Oak Run School library. We have registered with an online cataloguing system, so students will be able to search for any book we own online. We have a new scanner and barcode system so that every book will be easy for students to check in and out. Work is under way to reorganize what books are in the library and also to order new, up-to-date fiction and non-fiction titles. We are excited to get things up and running for students to use by the end of the year.

~Hope Zollars







California Department of Public Health – February 7, 2020 2019 Novel Coronavirus Guidance for Schools and School Districts



THE 2019 NOVEL CORONAVIRUS

The 2019 novel coronavirus is a virus that was recently identified in Wuhan, Hubei Province, China, and is now being spread widely in other parts of mainland China. More cases are being detected worldwide, and while new cases were initially linked to Hubei Province, China, at this time public health considers being anywhere in China in the past 14 days a risk factor for novel coronavirus infection.

The virus causes respiratory illness. For up-to-date information regarding the novel coronavirus, see:

- the California Department of Public Health website at https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/nCOV2019.aspx; or
- Centers for Disease Control (CDC) website at https://www.cdc.gov/coronavirus/2019-ncov/index.html

At this time, the health risk to the general public in California from novel coronavirus remains low, but schools can take common-sense precautions to prevent the spread of all infectious diseases. These precautions will be helpful to also prevent the spread of other common illnesses such as influenza and gastroenteritis.

GUIDANCE FOR SCHOOLS AND SCHOOL DISTRICTS

The risk of exposure to this new coronavirus in China is increasing over time. Consistent with CDC guidance on returning travelers from China, local health departments are communicating with travelers returning from mainland China to provide guidance about limiting public interactions for 14 days.

Travelers from mainland China arriving in the United States since February 3, 2020 should be excluded from school for 14 days, beginning the day after they left China.

CDC guidance on returning travelers is available here: <u>https://www.cdc.gov/coronavirus/2019-ncov/php/risk-assessment.html.</u>

Please note that there have been reports of students and others being stigmatized. We urge schools to ensure students' and staffs' privacy to help prevent discrimination.

In the unusual event that a student or staff member is identified who:

- has symptoms of respiratory illness, such as fever and cough, AND
- traveled from mainland China in the prior 14 days,

Please take the following steps:

- separate the individual from others as much as possible and make arrangements for the individual to go home, and
- contact your local health department immediately.

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California Department of Public Health - February 7, 2020

2019 Novel Coronavirus Guidance for Schools and School Districts



Encourage all students, parents, and staff to take everyday preventive actions:

- Stay home when sick.
 - Remain at home until fever has been gone for at least 24 hours without the use of fever-reducing medicines.
 - Seek immediate medical care if symptoms become more severe, e.g., high fever or difficulty breathing.
- Use "respiratory etiquette".
 - Cover cough with a tissue or sleeve. See <u>CDC's Cover Your Cough page</u> (<u>https://www.cdc.gov/flu/prevent/actions-prevent-flu.htm</u>) for multilingual posters and flyers, posted at the bottom of webpage.
 - o Provide adequate supplies within easy reach, including tissues and no-touch trash cans.
- Wash hands frequently.
 - Encourage hand washing by students and staff through education, scheduled time for handwashing, and the provision of adequate supplies.
- Routinely clean frequently touched surfaces.
- Separate sick students and staff from others until they can go home. When feasible, identify a "sick room" through which others do not regularly pass.
- Encourage flu vaccine for those who haven't had it this season to reduce illnesses and absences on campus (but won't prevent coronavirus illnesses).

A note about face masks: face masks are most useful for preventing disease spread when they are worn by people who have symptoms. This is why people are asked to wear a mask at doctors' offices and hospitals if they are coughing or sneezing.

Develop policies to respond to outbreaks and communicable diseases:

- Establish relationships with your local public health department for ongoing communication.
- Update emergency plans to ensure they are in place before an outbreak occurs.

At this time, Hong Kong, Macau, and Taiwan do not have widespread transmission of the novel coronavirus and are not considered part of mainland China for this guidance. The California Department of Public Health will update this guidance if the outbreak spreads to other countries or regions.

Oak Run Elementary School Bus Schedule

2019-2020 School Year

Redding and Palo Cedro

Stop	Morning	Afternoon
#RR Redding @ Rare Air	6:55	3:45
#PC Palo Cedro @ Dahl Mortuary	7:05	3:35

Oak Run

Stop	Morning	Afternoon
#1 Leave Oak Run School	7:35	2:30
#2 28225 Oak Run to Fern Rd.	7:38	2:33
#3 28757 Oak Run to Fern Rd.	7:41	2:36
#4 14825 Phillips Rd.	7:45	2:40
#5 Thomas Rd. @ Phillips Rd.	7:46	2:41
#6 Frontier Rd. @ Phillips Rd.	7:52	2:47
#7 Cool Creek Lane	7:54	2:52
#8 Arrowpoint Rd.	8:03	2:58
#9 Oak Run Quarry on Oak Run Rd.	8:60	3:01
#10 Volbrecht Rd.	8:14	3:09
#11 School	8:16	3:10

Email Directory:

- Lynn Wilen
- Tiffany Fulkerson
- Tina Pollycutt
- Alicia Shaefer
- Lisa Cunningham
- Adam Mankoski
- Anne Adams
- Michele Zollars
- Jordan Butler
- Rose Duran
- Leah Klein
- Zarrin Klotzer
- Becky Carr
- Kansas Simonis
- Tom Diskin
- Philomene Swenson
- LeeAnn Mollath
- Stan Statham
- Adam Mankoski
- Dianna Campbell
- Sharon Davis
- Hope Zollars

Office Manager Office Assistant Preschool Director TK- 2nd GradeTeacher 3rd-5th Grade Teacher 6th-8th Grade Teacher **Food Manager** Instructional Aide Instructional Aide Sue Barton Specialist Music/Choir Director School Board President School Board Clerk School Board Member School Board Member School Board Member **Project SHARE Coordinator** Cook

Superintendent/Principal

Administrative Asst.

RSP Teacher Librarian lwilen@oakrunschool.org tfulkerson@oakrunschool.org tpollycutt@oakrunschool.org ashaefer@oakrunschool.org lcunningham@oakrunschool.org amankoski@oakrunschool.org aadams@oakrunschool.org mzollars@oakrunschool.org jhisey@oakrunschool.org rduran@oakrunschool.org lklein@oakrunschool.org zklotzer@oakrunschool.org bcarr@oakrunschool.org ksimonis@oakrunschool.org tdiskin@oakrunschool.org pswenson@oakrunschool.org Imollath@oakrunschool.org sstatham@oakrunschool.org amankoski@oakrunschool.org dcampbell@oakrunschool.org sdavis@columbiasd.com hzollars@oakrunschool.org

