

SOUTH FORK UNION SCHOOL DISTRICT

2011-2012 Cycle Menu

AFTERSCHOOL SNACK AND SUPPER MENU

South Fork Schools are pleased to announce that the Preschool and After School Programs will offer **FREE** Snack and Supper to all students participating in those programs!

Please call the Cafeteria Manager, Sherry Webb, at 760-378-4602 if you would like more information about South Fork School Breakfast and Lunch Programs!

Monday	Tuesday	Wednesday	Thursday	Friday
Menu is subject to change without notice				
SNACK				
Must take both items				
Cool Ranch Toasted Corn Bites 100% Juice Box	Cinnamon Grahams 100% Juice Box	Chocolate Bear Grahams 100% Juice Box	All Sports Bites 100% Juice Box	LS Sunflower Seeds 100% Juice Box



SUPPER

Milk Choice of 1% lowfat white or nonfat chocolate

MUST TAKE ANY 3 OF DAILY OFFERED ITEMS:

OFFERED: SMUCKERS WW PB & Jelly UNTRUSTABLE PINEAPPLE SNACK FRUIT BABY CARROTS MILK CHOICE	OFFERED: TURKEY SANDWICH FRESH FRUIT SNACK FRUIT PACKET MILK CHOICE	OFFERED: LS NACHO CHEESE CUP TORTILLA CHIPS FRESH FRUIT BABY CARROTS MILK CHOICE	OFFERED: PB GRAHAM BAR STRING CHEESE FRESH FRUIT BABY CARROTS MILK CHOICE	OFFERED: TURKEY SANDWICH SNACK FRUIT PACKET FRESH FRUIT MILK CHOICE
OPTIONAL: RANCH DRESSING	OPTIONAL: MUSTARD AND MAYO PACKETS	OPTIONAL: RANCH DRESSING	OPTIONAL: RANCH DRESSING	OPTIONAL: MUSTARD AND MAYO PACKETS

WW=Whole Wheat

PB=Peanut Butter

LS=Low Salt

The USDA is an equal opportunity provider