

# 2015 South Fork Schools Lunch Menu for February

Money for lunches will be accepted in both Cafeterias. We cannot accept any lunch money payments from students in the lunch line at either school. Full Price Student lunches are \$1.75 at Elementary and \$1.95 at Middle School. Those students who qualify receive Reduced Price Lunches for \$.40 at both schools.

If you are unable to pay for lunches for your students please fill out a 'Free or Reduced Price Lunch Application' so your child can receive a balanced and nutritious lunch each day! Please call the Cafeteria Manager, Sherry Webb, at 760-378-1130 if you would like more information about South Fork School Breakfast and Lunch Programs! **Menu is subject to change without notice**




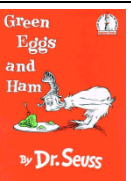
Milk may be purchased separately from lunch for \$.35 each.

Breakfast and Lunch includes a choice of Non-Fat Chocolate or 1% Low-Fat White Milk

**Breakfast in the Classroom is Free to all Students**



## Create your own Rainbow Fresh Variety of Vegetables and Fruits Farmer's Market Salad Bar

Monday	Tuesday	Wednesday	Thursday	Friday
2 PIZZA TONY'S WEDGE WG CRISP APPLE FARMER'S MARKET MILK - Variety	3 TAQUITO EL POLLO - 2 EA. PINTO BEANS FARMER'S MARKET TACO SAUCE PACKET MILK - Variety	4 GRILLED CHEESE SANDWICH WW RF APPLESAUCE FARMER'S MARKET MILK - Variety	5 QUESADILLA CHEESE WG DRIED FRUIT & PEANUT MIX - 1/3 C. FARMER'S MARKET TACO SAUCE PACKET MILK - Variety	6 CHEESE STUFFED BREADSTICKS WG FRUIT JUICE SLUSHIE FARMER'S MARKET MARINARA SAUCE CUP MILK - Variety
	10 CORNDOG JUMBO WG VEGETARIAN BEANS VAIRETY 4 OZ FARMER'S MARKET MUSTARD KETCHUP MILK - Variety	11 RIB-A-QUE HOAGIE ROLL WW OVEN FRIES SEASONED FARMER'S MARKET DRIED FRUIT & PEANUT MIX FRUIT, MIXED BBQ SAUCE PCKT MILK - Variety	12 HAMBURGER & WW BUN FRUIT JUICE SLUSHIE FARMER'S MARKET ORANGES KETCHUP MUSTARD MAYONNAISE MILK - Variety	13  TACO NADA POCKET WG PEACHES, CANNED FARMER'S MARKET TACO SAUCE PACKET MILK - Variety
	17 CHICKEN PATTY-ROASTED HAMBURGER BUN FRUIT JUICE VAIRETY 4 OZ FARMER'S MARKET BBQ SAUCE PCKT MILK - Variety	18 BURRITO BEAN & CHEESE WG FRUIT JUICE SLUSHIE FARMER'S MARKET TACO SAUCE PACKET MILK - Variety	19 QUESADILLA CHEESE WG CARROTS FRESH PACK FARMER'S MARKET ORANGES TACO SAUCE PACKET MILK - Variety	20 CHICKEN TENDER STRIPS VEGETARIAN BEANS FARMER'S MARKET BBQ SAUCE CUP MILK - Variety
23 PIZZA TONY'S PEPPERONI WG CRISP APPLE FARMER'S MARKET MILK - Variety	24 BURRITO BEAN & CHEESE WG FRUIT JUICE SLUSHIE FARMER'S MARKET TACO SAUCE PACKET MILK - Variety	25 CHICKEN POPCORN WG VEGETARIAN BEANS FARMER'S MARKET BBQ SAUCE CUP MILK - Variety	26 HAMBURGER ON WW BUN OVEN FRIES SEASONED FARMER'S MARKET ORANGES KETCHUP MUSTARD MAYONNAISE MILK - Variety	27  <b>Read Across America GREEN EGGS &amp; HAM</b> FRUIT JUICE VAIRETY 4 OZ TORTILLA, SOFT WG FARMER'S MARKET MILK - Variety

WW=Whole Wheat \* LS=Low Sodium \* WG=Whole Grain \* LF=Low Fat  
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