


2014 South Fork Schools Lunch Menu for December

Money for lunches will be accepted in both Cafeterias. We cannot accept any lunch money payments from students in the lunch line at either school. Full Price Student lunches are \$1.75 at Elementary and \$1.95 at Middle School. Those students who qualify receive Reduced Price Lunches for \$.40 at both schools. If you are unable to pay for lunches for your students please fill out a 'Free or Reduced Price Lunch Application' so your child can receive a balanced and nutritious lunch each day! Please call the Cafeteria Manager, Sherry Webb, at 760-378-1130 if you would like more information about South Fork School Breakfast and Lunch Programs! **Menu is subject to change without notice**

Milk may be purchased separately from lunch for \$.35 each.

Breakfast and Lunch includes a choice of Non-Fat Chocolate or 1% Low-Fat White Milk

Breakfast in the Classroom is Free to all Students

Monday	Tuesday	Wednesday	Thursday	Friday
1 PIZZA TONY'S WEDGE WG CRISP APPLE FARMER'S MARKET MILK - Variety	2 CHICKEN POPCORN WG PEARS,FRESH FARMER'S MARKET BBQ SAUCE CUP MILK - Variety	3 SPAGHETTI WW & MEATBALLS WITH SAUCE FARMER'S MARKET APPLESAUCE FRUIT, MIXED MILK - Variety	4 QUESADILLA CHEESE WG CORN FARMER'S MARKET DRIED FRUIT & PEANUT MIX TACO SAUCE PACKET MILK - Variety	5 CHICKEN PATTY- ROASTED HAMBURGER BUN WW VEGETARIAN BEANS FARMER'S MARKET FRUIT JUICE SLUSHIE MUSTARD KETCHUP MAYONNAISE MILK - Variety
8 CHEESE STUFFED BREADSTICKS WG CRISP APPLE FARMER'S MARKET MARINARA SAUCE CUP MILK - Variety	9 MACARONI AND CHEESE WG ELBOWS FRUIT JUICE SLUSHIE FARMER'S MARKET MILK - Variety	10 RIB-A-QUE HOAGIE ROLL WW OVEN FRIES SEASONED FARMER'S MARKET DRIED FRUIT & PEANUT MIX BBQ SAUCE PCKT MILK - Variety	11 HAMBURGER ON WW BUN VEGETARIAN BEANS FARMER'S MARKET ORANGES KETCHUP MUSTARD MAYONNAISE MILK - Variety	12 CHICKEN FAJITA TORTILLA, SOFT WG PINTO BEANS FARMER'S MARKET PEARS PEACHES, CANNED TACO SAUCE PACKET MILK - Variety
15 PIZZA FRENCH BREAD WG CRISP APPLE FARMER'S MARKET MILK - Variety	16 BURRITO BEAN & CHEESE WG CORN FARMER'S MARKET ORANGES TACO SAUCE PACKET MILK - Variety	17 CHICKEN TENDER STRIPS FRUIT JUICE SLUSHIE FARMER'S MARKET MILK - Variety	18 Christmas Dinner 	19 CHEESE CUPS MUCHO QUESO LS TORTILLA CHIPS FRUIT JUICE VAIRETY 4 OZ FARMER'S MARKET MILK - Variety

Merry
Christmas

&

HAPPY NEW YEAR

WW=Whole Wheat * LS=Low Sodium * WG=Whole Grain * LF=Low Fat
The USDA is an equal opportunity provider