



John B. Sliney Recess Rules	
Be Safe	<ul style="list-style-type: none"> • Walk in-line quietly (while in building) and safely to/ from recess • Use playground equipment and toys properly • Hands and feet to yourself, unless playing tag or an approved recess game
Be Respectful	<ul style="list-style-type: none"> • Listen and follow directions carefully • Take turns on equipment • Play fair, exercise good sportsmanship and invite others to play • Use school appropriate language. • Line up quickly and orderly to walk to/from recess.
Be Responsible	<ul style="list-style-type: none"> • Wait patiently for your turn when playing. • Use classroom recess equipment only on the playground and collect it at the end of recess. • Leave your personal toys at home (dolls, Beyblades, hand held game systems, etc.)

John B. Sliney Equipment Rules	
Slide	<ul style="list-style-type: none"> • Wait until the slide is clear of any other children before sliding down. • Slide down one at a time (not in groups) • Slide down feet first, head up (never feet first or on your stomach) • Slides should only been used to slide down (not to climb up)
Ladders on Equipment	<ul style="list-style-type: none"> • Take one step at a time and hold onto any rails when climbing • Only one person at a time should be on the ladder (or at the top).
Monkey Bars	<ul style="list-style-type: none"> • Monkey bars (across the street) should only be used by Grade 3 & 4 students • Use both hands, be aware of the person in front of you • Use your knees to bend down and land on both feet when coming off the monkey bars
Swings	<ul style="list-style-type: none"> • Sit in the seat on the swing (do not stand, kneel, or lay on your belly on the swing seat) • Hold on tightly with both hands and swing forward/backward (no twirling) • Use your legs to help you swing (only adults can help children swing by pushing) • Slow down to get off the swing (do not jump off) • Maintain a safe distance away from the swings when other children are swinging.
Playground toys & Games	<ul style="list-style-type: none"> • Leave any personal toys at home. • Use playground toys as they were intended (jump ropes to jump, etc). • Only soft balls such as rubber or sponge should be used. • Any balls or toys that go outside of playground should be retrieved by adults. • Play games that involve running on grassy areas away from playground equipment.