

SCHOOL COUNSELING AND YOUR CHILD

School Counselors will meet with your child at least 2 times each year to review academic and personal progress.

In addition to, and within these meetings, your child will engage with their counselor in various college and career development activities as part of the Student Success Plan.

<p>Grade 9:</p> <ul style="list-style-type: none">• Goal-Setting• Course Plan for Graduation• Complete “Career Interest Profiler”• Study Skills• Meet with School Counselor	<p>Grade 11:</p> <ul style="list-style-type: none">• Goal-Setting & Review• Course Plan for Graduation• College/Career Exploration• Meet with School Counselor
<p>Grade 10:</p> <ul style="list-style-type: none">• Goal-Setting & Review• Course Plan for Graduation• Complete “Do What You Are”• Meet with School Counselor	<p>Grade 12:</p> <ul style="list-style-type: none">• Goal-Setting & Review• Course Plan for Graduation• Develop Resume• Post-Secondary Planning with School Counselor• Senior Graduation Survey

If your child is experiencing academic or personal difficulties, we are here to help!

School Counselors:

- ❖ Deliver Comprehensive School Counseling Program activities
- ❖ School counselors review grades for each student and create individualized improvement plans. We also work for your child’s success through collaborating with teachers, administrators, doctors, therapists, and agencies.
- ❖ Work with every student to guide them in developing a goal for after high school creating a plan, gain the necessary skills, and knowledge to achieve that goal.
- ❖ Work with parents, consult with teachers and administrators, and connect students with outside agencies.
- ❖ Assist with countless student matters related to obtaining academic help and managing personal difficulties.
- ❖ Are a resource for everything related to college, course selection, career development, scholarships, clubs and activities involvement, new student registrations, graduation requirements, referrals to mental health professionals in the community, etc.
- ❖ Advocate for students and are here to help with whatever they need.

American School Counselor Association: Back-to-School Tips

Connecting with Your Child's School Counselor for a Successful School Year

Understand the expertise and responsibilities of your child's school counselor.

School counselors make a measurable impact in every student's life, assisting with academic, career and personal/social development. Professional school counselors are trained in both educating and counseling, allowing them to function as a facilitator between parents, teachers and the student in matters concerning the student's goals, abilities and any areas needing improvement. School counselors provide services not only to students in need, but to all students.

Meet or contact your child's school counselor at least three times per school year. The beginning of a school year is an excellent opportunity to initiate contact with your child's school counselor and doing so can ensure your child's positive school experience. Find out who the counselor is and what his or her experience and background are. By communicating with one another at the beginning, middle, and end of the school year, parents and counselors can have a definite impact on a child's success.

Discuss your child's challenges and concerns with the school counselor. As a parent, you know your child best. However, the school counselor can help you better understand your child as a student. It's important to encourage your child's expression of needs, hopes and frustrations. School counselors are trained to help your children.

Learn about your child's school and social connections from the school counselor. When you need information or assistance, your child's school counselor can help you get in touch with the appropriate school officials; learn about school policies on behavior, attendance, and dress; know the school calendar of important dates and stay connected with the school in many other ways. The school counselor can also help you locate resources in the community when you need them.

Work with the school counselor to identify resources and find solutions to problems. If your child is having a problem at school, it is important to work with your child's school counselor to find solutions. Discuss resources available within and outside of the school, and get information on how such programs can benefit your child. Your school counselor can be a valuable partner in your child's education and preparation for life beyond school.

What are the qualifications of School Counselors?

In North Haven all School Counselors hold a Master's Degree in Counseling. They have engaged in at 60 credits of courses related to developmental theory, counseling theory and techniques, college counseling, group counseling, career development, family therapy, and multicultural counseling. They have completed over 1200 hours of training in addition to course work. In our department we are fortunate to have three (3) Nationally Certified Counselors and one Licensed Professional Counselor. Three counselors are currently working to pursue Licensure.