School Counselor Contact Information

Melissa Griffin, School Counselor

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What School Counseling Programs Support

Academic Development

- Academic preparation for post-secondary options
- Relationship between academic success and future goals
- Learning in school & throughout the life span

Personal/Social Development

- Decision-making, goal-setting, creating a plan to achieve goals
- Interpersonal skills to understand self & others

Career Development

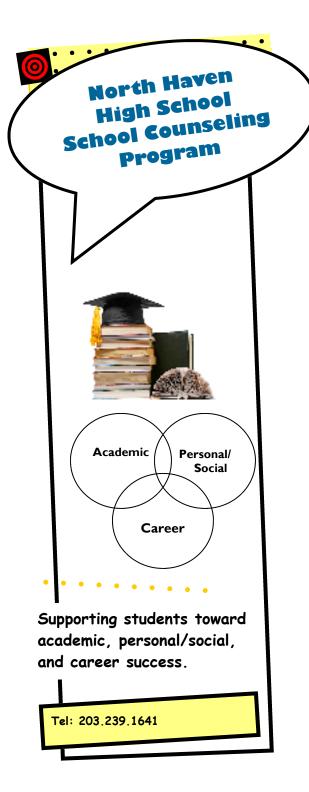
- Research occupational interests
- Strategies to achieve future career goals
- Relationship between personality, interests, education, and work

The Comprehensive School Counseling Program of North Haven Public Schools is aligned with the American School Counselor Association (ASCA) and State of Connecticut Models for Comprehensive School Counseling Programs.



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Our Mission

To support *all* students through collaboration with parents and the school community, toward academic, personal/social, and career success by enhancing their potential to lead meaningful lives as productive members of society.

What do School ► Counselors do?

- ☑ Provide individual and group counseling
- Provide consultation services to teachers
- Provide education and support services to parents
- Facilitate referrals to support services outside of school
- Advise students on academic planning
- ✓ Provide post-secondary advisement to students
- Maintain up-to-date resources on careers and post-secondary institutions
- Network with colleges, universities, and vocational schools

Who are School Counselors?

Professionals with:

- Masters Degree in Counseling or Related Field
- Connecticut K-12 School Counseling Certification
- Experience Working with Children and Adolescents

School Counseling Program Delivery

Individual Student Planning

Individual Goal-Setting and Educational Planning

- Post-Secondary Planning
- Academic Advisement
- Career Information
- College Information
- Utilizing Technology: PowerSchool & Naviance

Curriculum

Activities designed for the developmental needs of students. The components aim for students to acquire knowledge and skills in academic, personal & social, and career development.

- Standards-Based
- Small & Large Group Activities
- Family Workshops
- Utilizing Technology: PowerSchool & Naviance

Responsive Services

Focused and Immediate Support for the Needs of Students

- Crisis Management
- Individual & Group Counseling
- Recommendation Writing
- Course Planning for New Students

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Collaboration Within and Outside the School Community

Non-Direct Services to Support Student Needs

- Consultation with parents, teachers, administrators, doctors, therapists, community & state agencies, etc.
- Parent Education Programs
- Communication with School Community
- Professional Development
- Networking with Others in School Counseling and Related Fields
- Working with Community & State Agencies



Research indicates school counseling interventions have a substantial impact on students' educational and personal development and contribute to academic, personal/social, and career success.

-American School Counselor Association