

ROCKY HILL PARKS AND RECREATION DEPARTMENT



YOUTH SPORTS SKILL-BASED PROGRAMS

Skyhawks Sports Academy provides sport programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

SUMMER 2017

(course) (dates) (days) (time) (ages) (res/non-res fee) (location)

MINI-HAWK® CAMP (SOCCER, BASEBALL & BASKETBALL)

SSA93611	6/26 - 6/30	M-F	9:00 a.m. - 12:00 p.m.	4-6	\$119	West Hill School
SSA93746	7/31 - 8/04	M-F	9:00 a.m. - 12:00 p.m.	4-6	\$119	West Hill School

This multi-sport program gives children a positive first step into athletics. The essentials of each sport are taught in a safe, structured environment with lots of encouragement and a focus on fun. All games and activities are designed to allow campers to explore balance, movement, hand/eye coordination and skill development at their own pace.

CAPTURE THE FLAG CAMP

SSA93649	6/26 - 6/30	M-F	9:00 a.m. - 12:00 p.m.	8-12	\$119	West Hill School
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You know this fun game from playgrounds, backyards and your family get-togethers. We will take all of the traditional aspects of the game and put a Skyhawks Sports spin on it. Your young athletes will learn strategy in addition to the rules of this game while we incorporate sportsmanship and teamwork into this week-long camp. Bring your friends of come and make new ones in this unique and fast-paced program.

BASKETBALL CAMP

SSA93585	7/10 - 7/14	M-F	9:00 a.m. - 3:00 p.m.	7-12	\$139	West Hill School
SSA93661	7/24 - 7/28	M-F	9:00 a.m. - 3:00 p.m.	7-12	\$139	West Hill School
SSA93636	7/31 - 8/03	M,T,W,Th	4:00 p.m. - 6:00 p.m.	5-7	\$75	Rocky Hill Community Center Gym

This fun, skill-intensive program is designed for beginning to intermediate athletes. An active week of passing, shooting, dribbling and rebounding makes this one of our most popular programs. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility.

VOLLEYBALL CAMP

SSA93612	7/17 - 7/21	M-F	9:00 a.m. - 1:00 p.m.	9-14	\$119	Cromwell Middle School
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All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting and serving. This program is designed for the beginning and intermediate player. Our staff will assist boys and girls in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player.

MULTI-SPORT (SOCCER, BASEBALL, BASKETBALL & FLAG FOOTBALL)

SSA93586	7/31 - 8/04	M-F	9:00 a.m. - 3:00 p.m.	7-12	\$139	West Hill School
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Our multi-sport camp is designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of multiple sports along with vital life lessons such as respect, teamwork, and self-discipline.



**SPACE IS LIMITED!
REGISTER TODAY»»**

ONLINE:
www.skyhawks.com
www.rockyhillct.gov/parkrec

PHONE:
 800.804.3509
 860.258.2772