

ROCKY HILL HIGH SCHOOL

MARIO J. ALMEIDA
Principal

EDWARD T. MALIZIA
Assistant Principal

RICHARD H. SEIDMAN
Director of Athletics
and Student Activities

50 CHAPIN AVENUE, ROCKY HILL, CONNECTICUT
(860) 258-7721
FAX (860) 258-7735



April 16, 2018

To: Parents of incoming freshmen athletes at Rocky Hill High School

From: Richard Seidman, Director of Athletics and Student Activities

Re: RHHS Athletics Night

It is hard to believe, but your daughters and sons are almost in high school. To that end, to alleviate any confusion you or they may be feeling, I would like to invite you and your sons/daughters to a brief informational night to discuss RHHS athletics. We will gather **on May 7th from 7-8pm in the Rocky Hill High School Auditorium.** Here are some of the pertinent points:

1. All fall sports tryouts begin on Thursday August 23rd, with the exception of football, which begins conditioning on Monday August 13th. Individual sport practice times and locations will be determined and communicated by our head coaches this summer.
2. All student-athletes must have a valid physical on record with our nurse, Renee Garrahy, prior to the first tryout date. In addition, all incoming freshmen will be required to complete ImPACT concussion testing, which will be coordinated with Ms. Garrahy and our Athletic Trainer, Emily Buzzanca.
3. Athletic registration is done on-line via InfoSnap. This, as well as all other agreements and information can be found on our school website under Athletic Registration, a tab on the right hand side of the page. <http://rockyhillhigh.ct.rdh.schoolinsites.com/?PageName=bc&n=140309>
4. Please note that registration for 2018-2019 schoolyear will be available starting July 2nd and that you may register for all three seasons at the beginning of the year if so desired.
5. There will be representation from many of our coaches, who will be able to give a brief overview of their programs and answer a few questions that may arise.

Cc: Rick Watson, GMS Principal

Jon Patrej, GMS Athletic Director