


Electronic Thursday Folder

Thursday, January 19, 2017

This week's electronic Thursday folder includes the following documents. Please note that documents with an asterisk (*) are only available on-line and were not sent home with the children. Items may be found on the West Hill website under **INFORMATION, NEWS & EVENTS**  **THURSDAY FOLDER** or by clicking on the following icon.



- Valentine Flower Sale -2 pages
- Challengers Baseball*
- Skyhawks Development & Training Tennis Programs*
- Skyhawks Youth Sports Skill-Based Programs*





West Hill PTO proudly presents:



**Valentine Flower Sale
Give a Flower to your Favorite:
Teacher, Paraprofessional, Principal,
Secretary, Custodian, etc.**

Delivery date to staff is February 14th before school.

Things to know:

- All orders **MUST** be placed by **Friday February 3rd.**
- Suggested donation is **\$2.00** per carnation.
- Send cash or check (payable to "West Hill PTO")
and personalized messages in an envelope labeled "PTO- Flower"
- ****PLEASE CUT THEM OUT****
- Any questions please contact Lori Moleiro at lorim@cox.net

All proceeds from this fundraiser will go directly to the funding of additional enrichment for the school!

Example of special personalized message from your child to a staff member:

To: Mrs. L.
Thank you for being so great at our lunch group!
From: Megan Hill

To: _____ Rm# _____

From: _____

To: _____ Rm# _____

From: _____

To: _____ Rm# _____

From: _____

To: _____ Rm# _____

From: _____

To: _____ Rm# _____

From: _____

To: _____ Rm# _____

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To: _____ Rm# _____

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To: _____ Rm# _____

From: _____

To: _____ Rm# _____

From: _____



Challengers Baseball

Rocky Hill Little League is committed to running a Challenger Division for the youth of Rocky Hill and neighboring towns. Players will participate in both home and away games as well as skills clinics and other Little League activities.

Challengers

- Open to any school age resident of Rocky Hill or neighboring town.
- Clinics and games are aimed at exposing children with special needs, physical or developmental challenges to basic baseball knowledge and skills.
- There is absolutely no baseball knowledge required. We welcome and encourage all children to participate, learn some baseball skills, have fun, and become part of a team and their community.
- Each clinic or game will be run by a group of coaches and other volunteers.
- Opening Day 2017 is scheduled for April 22 with the season running until June 10th.

Miracle Field at Elm Ridge Park

All home games and clinics will be held on the new Miracle Field at Elm Ridge Park in Rocky Hill.



How to Register:

To register for Challengers Baseball go to the Rocky Hill Little League website at www.rockyhilllittleleague.com. Once you're on the site, click on the tab for the "Challenger Division" and complete the registration form. Registration is open Jan. 2 to March 31, 2017. The registration fee of \$25 will go toward hats and shirts as well as equipment and field maintenance.

Upon registering, you will be requested to provide the following information:

- * Name, address, email and phone number
- * Age of participant
- * Shirt size (youth s, m or l, adult s, m or l). A hat and a uniform shirt will be provided.

If you have any questions or concerns contact Tom Cosker at tcosker7@gmail.com or at 860-982-3959.

ROCKY HILL PARKS AND RECREATION DEPARTMENT



Skyhawks Tennis Academy is a full service nationwide operator of tennis instruction and management. Staffed and operated by an elite group of certified tennis professionals STA provides the most modern tennis training techniques available in a safe and fun environment. STA is a division of Skyhawks Sports Academy, one of the oldest and largest youth sports providers in the country.

SUMMER 2017

| (course) | (dates) | (days) | (time) | (ages) | (fee) | (location) |
|----------|---------|--------|--------|--------|-------|------------|
|----------|---------|--------|--------|--------|-------|------------|

SKYHAWKS RED BALL TENNIS

| | | | | | | |
|--|-------------|----------|------------------------|-----|-------|--------------|
| SSA96297 | 7/17 - 7/20 | M,T,W,Th | 9:00 a.m. - 12:00 p.m. | 6-9 | \$119 | Maxwell Park |
| <p><i>This class provides a relaxed environment where fundamental tennis skills are taught along with a wide range of fun activities that help develop agility, balance, movement, sending, receiving and gross motor skills on a 36 ft court. In addition to learning more tennis skills, players improve their movement and rallying skills. We help each player to develop better tennis mechanics and more consistent shots. A variety of fun activities are used to improve player athleticism through agility, balance, coordination and movement development.</i></p> | | | | | | |

SKYHAWKS ORANGE BALL TENNIS

| | | | | | | |
|--|-------------|----------|------------------------|------|-------|--------------|
| SSA96295 | 7/17 - 7/20 | M,T,W,Th | 9:00 a.m. - 12:00 p.m. | 7-10 | \$119 | Maxwell Park |
| <p><i>Players develop their tennis technique, athletic and court coverage skills in order to achieve success in rallying consistency and in point playing on a 60 ft court. A variety of fun and competitive games are used to develop a strong foundation of tennis fundamentals. Players increase their rallying, volley, serve and point playing skills while improving their athleticism and shot consistency. Players will focus on using the proper shot techniques and court coverage skills before moving on to a 78 ft court.</i></p> | | | | | | |

SKYHAWKS GREEN BALL TENNIS

| | | | | | | |
|---|-------------|----------|------------------------|------|-------|--------------|
| SSA96296 | 7/17 - 7/20 | M,T,W,Th | 9:00 a.m. - 12:00 p.m. | 8-12 | \$119 | Maxwell Park |
| <p><i>This class emphasizes all aspects of the game and helps improve proper shot technique. Focus is placed on live ball drills that develop rallying and decision-making skills along with proper movement and recovery. Point playing games are used to reinforce the skills learned and to improve the player's competitive skills. Using teaching progressions that lead to live-ball play is a key element in this program.</i></p> | | | | | | |

Note: Camps are M-TH with Friday as a rain backup, if needed



**SPACE IS LIMITED!
REGISTER TODAY >>>**

ONLINE:
www.skyhawks.com
www.rockyhillct.gov/parkrec

PHONE:
 800.804.3509
 860.258.2772

ROCKY HILL PARKS AND RECREATION DEPARTMENT



YOUTH SPORTS SKILL-BASED PROGRAMS

Skyhawks Sports Academy provides sport programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

SUMMER 2017

(course) (dates) (days) (time) (ages) (res/non-res fee) (location)

MINI-HAWK® CAMP (SOCCER, BASEBALL & BASKETBALL)

| | | | | | | |
|----------|-------------|-----|------------------------|-----|-------|------------------|
| SSA93611 | 6/26 - 6/30 | M-F | 9:00 a.m. - 12:00 p.m. | 4-6 | \$119 | West Hill School |
| SSA93746 | 7/31 - 8/04 | M-F | 9:00 a.m. - 12:00 p.m. | 4-6 | \$119 | West Hill School |

This multi-sport program gives children a positive first step into athletics. The essentials of each sport are taught in a safe, structured environment with lots of encouragement and a focus on fun. All games and activities are designed to allow campers to explore balance, movement, hand/eye coordination and skill development at their own pace.

CAPTURE THE FLAG CAMP

| | | | | | | |
|----------|-------------|-----|------------------------|------|-------|------------------|
| SSA93649 | 6/26 - 6/30 | M-F | 9:00 a.m. - 12:00 p.m. | 8-12 | \$119 | West Hill School |
|----------|-------------|-----|------------------------|------|-------|------------------|

You know this fun game - from playgrounds, backyards and your family get-togethers. We will take all of the traditional aspects of the game and put a Skyhawks Sports spin on it. Your young athletes will learn strategy in addition to the rules of this game while we incorporate sportsmanship and teamwork into this week-long camp. Bring your friends or come and make new ones in this unique and fast-paced program.

BASKETBALL CAMP

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|----------|-------------|----------|-----------------------|------|-------|---------------------------------|
| SSA93585 | 7/10 - 7/14 | M-F | 9:00 a.m. - 3:00 p.m. | 7-12 | \$139 | West Hill School |
| SSA93661 | 7/24 - 7/28 | M-F | 9:00 a.m. - 3:00 p.m. | 7-12 | \$139 | West Hill School |
| SSA93636 | 7/31 - 8/03 | M,T,W,Th | 4:00 p.m. - 6:00 p.m. | 5-7 | \$75 | Rocky Hill Community Center Gym |

This fun, skill-intensive program is designed for beginning to intermediate athletes. An active week of passing, shooting, dribbling and rebounding makes this one of our most popular programs. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility.

VOLLEYBALL CAMP

| | | | | | | |
|----------|-------------|-----|-----------------------|------|-------|------------------------|
| SSA93612 | 7/17 - 7/21 | M-F | 9:00 a.m. - 1:00 p.m. | 9-14 | \$119 | Cromwell Middle School |
|----------|-------------|-----|-----------------------|------|-------|------------------------|

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting and serving. This program is designed for the beginning and intermediate player. Our staff will assist boys and girls in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player.

MULTI-SPORT (SOCCER, BASEBALL, BASKETBALL & FLAG FOOTBALL)

| | | | | | | |
|----------|-------------|-----|-----------------------|------|-------|------------------|
| SSA93586 | 7/31 - 8/04 | M-F | 9:00 a.m. - 3:00 p.m. | 7-12 | \$139 | West Hill School |
|----------|-------------|-----|-----------------------|------|-------|------------------|

Our multi-sport camp is designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of multiple sports along with vital life lessons such as respect, teamwork, and self-discipline.



**SPACE IS LIMITED!
REGISTER TODAY >>>**

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 860.258.2772