


Electronic Thursday Folder

Thursday, March 2, 2017

This week's electronic Thursday folder includes the following documents. Please note that documents with an asterisk (*) are only available on-line and were not sent home with the children. Items may be found on the West Hill website under **INFORMATION, NEWS & EVENTS**  **THURSDAY FOLDER** or by clicking on the following icon.



- After School Outdoor Running Club
- West Hill School Hockey Night
- Stretch Kids Yoga Program
- One Book One Community
- Spring Summer Programs – 2 pages*
- Yankee Candle Fundraising
- Rocky Hill Basketball Fan Festival – 2 pages*





WEST HILL SCHOOL PTO



AFTER SCHOOL OUTDOOR RUNNING CLUB 2017

6 – Week Program for students in grades 1-5

TUESDAYS March 28th - May 9th

OR THURSDAYS March 30th – May 11th

3:00 – 4:15 PM

The fee is \$40.00. 80 Students will be chosen to participate. This session includes registration in the CAS-Rod Dixon Kids' Marathon, held Saturday, May 13th at Cheshire High School. (Participation in the Kids' Marathon is not mandatory.) Students who registered for both the Indoor and Outdoor Clubs, but who were not chosen in the January lottery, will be admitted first. (You must submit a new registration by the due date.) The remaining participants will be chosen by lottery. If you are interested in being a parent volunteer, please indicate that below. Volunteers run or walk alongside the students, pass out popsicle sticks as students complete laps, and assist students in completing running logs.

Return this form and check/money to the Main Office by Friday, March 10, 2017. Checks should be made out to the West Hill PTO. Late registrations will not be accepted.

Please Print All Information Clearly –

Student First & Last Name : _____ Teacher: _____ Grade: _____

Name of person picking child up: _____

Parents Name: _____

Parent email & Telephone #: _____

West Hill Running Club t-shirts will be given to students who did not participate in the winter session.

Student's Shirt Size (circle one):

Youth Small
(6-8)

Youth Medium
(10-12)

Youth Large
(14-16)

Youth X-Large
(18-20)

Adult Small

Please number your first and second choice of days. We will make our best effort to honor your preference. **No changes to assigned days will be made once you are notified of your child's session.**

_____ Tuesdays

_____ Thursdays

_____ I am interested in helping out as a parent volunteer every week.



West Hill School Hockey Night!

Watch the best hockey the AHL has to offer!



VS

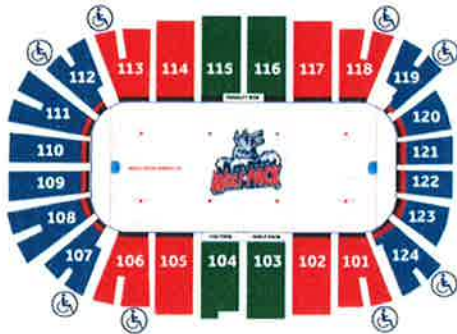


Friday, March 24th

Doors Open @ 6:15pm

Game Time @ 7:15pm

Special \$15 Ticket for West Hill School



*Tickets located in Section 112

- The Hartford Wolf Pack are inviting all teachers, students and families to join the Wolf Pack for our Annual West Hill School Night on Friday March 24th
- 10 students will be selected at random to participate in our Benchwarmers experience and watch the Wolf Pack Warmups from their Bench!
- Enjoy our Friday Night \$1 Hot Dog Special!

Please hand in the below form, with your payment, in a sealed envelope labeled "West Hill Hockey Night" no later than Friday, March 17th!

Student Name: _____

Parent Name: _____

Grade: _____ Teacher: _____

E-Mail: _____ Phone: _____

_____ Tickets @ \$15 each = _____

Payment Method CHECK/CASH

*Please make checks out to:
West Hill PTO



Each individual attending must purchase a ticket

**FOR MORE
INFORMATION
CONTACT:**

Leslie Kerz
(860) 614-9018
whhockeygame@gmail.com



Introducing a new and exciting 6 week Yoga after school program!

Stretch Kids Yoga Program

Stretch Kids Yoga is a children's yoga and fitness program designed by pediatric therapists to bring a fun and creative yoga practice to children of all abilities. Stretch Therapeutic Yoga uses creative and developmentally appropriate yoga postures with a multi-sensory approach to learning and playing. Children will learn how to connect their minds, bodies, and hearts through yoga practice designed for their developmental needs. This program will take children on imaginative yoga adventures, teach breathing techniques, help children develop strength and discover inner calm. Cost for the 6 week program is \$90.

Grades K - 2 Wednesday afternoon 3:15 - 4:00 PM beginning March 15th ending April 26th.

Grades 3 -5 Wednesday afternoon 3:15 - 4:00 PM beginning May 3rd ending June 7th



Stretch Kids Yoga is an inclusive program that will be taught by Alicia Berger Harriman, MSPT, DPT and children of all abilities are welcome to participate. If additional support is needed for the student to be successful in the yoga program, the support will be provided by the student's family. In the event of unforeseen circumstances, an alternate certified children's yoga teacher will be provided by Stretch Pediatric Therapy and Creative Movement Studio, LLC, to teach the after-school program.

Cost of the 6 week program is \$90. Please make check out to "West Hill PTO" , write YOGA CLUB on the envelope, and send in with your student. Registration deadline is March 8th*. Thank you!

Child's Name: _____ Teacher: _____ Grade: _____

Parent's Name: _____ Phone: _____

Email: _____

Student will be picked up by: _____

Financial Hardship (please check): _____ (All requests will be reviewed by the Principal so that no student will be excluded)

*This club requires one parent to stay for the class and also assist with parent sign out. In the event we don't get a parent volunteer, this club may be cancelled. If you are interested in volunteering, please email westhillpto@gmail.com for more more information. If more than 20 students register, there will be a lottery.



February 28, 2017

Dear Parents/Guardians:

On March 2, 2017, the students and families of Stevens and West Hill elementary schools will be embarking on our annual special project called, *One Book, One Community!* This is our fourth year hosting this successful book club event. Much like our format from last year, this year's program will be a day-long celebration of a book which will be announced the morning of March 2nd. Each school will begin the day by having teachers read a portion of the book aloud to the students. The remainder of the school day will include a variety of literacy and enrichment activities engaging students to think within and beyond the book. As everyone reads and enjoys a book together, we are building a community of readers within our schools.

At the conclusion of the One Book celebration on March 2nd, each student will receive a copy of the book to take home to enjoy with his/her family. Parents are invited to participate by rereading the book aloud together as a family. Reading aloud is one of the most important activities that parents can do with their children. It builds many important literacy skills, exposes students to rich vocabulary, and provides a model of fluent, expressive reading. After reading, it is beneficial for parents to engage in discussions about books with their child. Our goal with the *One Book, One Community* program is to promote the benefits and enjoyment of reading through a community experience. A packet will also be sent home with activities to guide families after they read together. We hope that every family will spend some time together reading and experiencing this wonderful book.

Please look for the book and activity packet when it is sent home on Thursday, March 2, 2017.

So, get ready to join in the fun on March 2nd when the Rocky Hill Community begins its fourth *One Book, One Community* experience!

Sincerely,
The *One Book, One Community* Planning Committee



SPRING SUMMER PROGRAMS

Registration starts
Monday, March 6

Spring Swim Lessons

Saturdays April 22—June 17 (No class 5/27)

Residents only



May 5 - June 30 (No 5/26)
6:30-7:30pm
Community Center
\$75 for 8 classes

KARATE

Tuesday and Thursday
March 28-June 8
(No 4/11 & 4/13)
Beginner 6:00-7:00pm
Inter/Advanced 7:00-8:00pm
Community Center
\$90 residents/
\$95 non-residents

FREE Reiki Workshop!

Thursday, April 20 6:30-8:00pm
Community Center



Walking Competition is
back for 2017!!

This friendly competition will be held
again this year, April 30 to June 10.
Registration begins April 17th. Please
see page 10 of the spring brochure.



A six-week school age program for
children with special needs.
Tuesdays, July 11 - August 15
6:00 - 7:00pm
Miracle Field, Elm Ridge Park
\$30



For children ages 4 to 2nd grade
Monday, July 31 - Friday, August 4
1:30-3:00pm
RHCC
\$75



A wide variety of sports programs and activities
are offered. Please see pages 8 & 9 in the spring
brochure for a list of camps available.

Save the Date !!! Bunny Breakfast Bonanza

Saturday, April 1 8:30am - 11:30am Rocky Hill Community Center

Jelly Bean the Bunny invites you and your family to attend an extra special
Pancake Breakfast along with many fun filled activities!



For a more detailed list of programs offered, please visit our website at
www.rockyhillct.gov/parkrec or call 860-258-2772





SPRING SUMMER PROGRAMS

Registration starts
Monday, March 6

Spring Vacation

Monday - Thursday, April 10-13
8:00am - 5:00pm
\$150 residents
\$160 non - residents
Stevens School



Summer Vacation

Monday - Friday, August 14-18
8:00am - 5:00pm
Rocky Hill Community Center
\$150 residents
\$160 non - residents

Babysitter Training

This Red Cross course combines video, activities, discussion and hands on skills, for ages 10-15 yr.
Instructor: Nancy Brescia, APRN
Saturday, March 18 -OR-
Sunday, April 9
8:30am—1:30pm
Community Center
Fee: \$75



Grades 1-6

Summerscape



Monday, June 26 - Friday, August 11
8:30am - 4:00pm
Stevens School

\$155.00/week (week 2 \$124.00) Residents
\$205.00/week (week 2 \$164.00) Non - residents

Early & Late Program

\$30/week (Week 2 \$24.00)

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Choose from
*Half day or full day
camps**
Monday - Friday
August 14 - 18
Sign up online at
www.challengersports.com

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Please note: For financial assistance requests, please contact the Human Services Department (860) 258-2799

Summerscape



Teen Adventure

Monday, June 26 - Friday, August 11
8:30am - 4:00pm
Stevens School

\$220.00/week Residents (week 2 \$176.00)
\$270.00/week Non - residents (week 2 \$216.00)

For a detailed list of trips, please visit our website rockyhillct.gov/parkrec or page 5 in our spring brochure

Grades 7-9



For a more detailed list of programs offered, please visit our website at www.rockyhillct.gov/parkrec or call 860-258-2772



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CATALOG

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- 3 They shop, we ship, you earn.



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yankeecandlefundraising.com

MEET THE STARTING 5:



JD Monaco, PG



Will White, G



Alex Sikorski, G



Riley Donovan, F



Andrew DiMatteo, C

ANYONE CAN ATTEND!

ANYONE CAN COMPETE!

ANYONE CAN EAT!



CAPTAINS: Dan Tonna, Alex Sikorski

50/50 RAFFLE TICKETS WILL BE SOLD AT

THE GYM

Donations or Payment Options

Cash, Check, PayPal

Checks made payable to:

The Basketball Boosters of

Rocky Hill

or

PayPal: rockyhillhoops@gmail.com

**ROCKY HILL BASKETBALL
FAN FESTIVAL**



When: Saturday March 4, 2017

Where: Rocky Hill High School

Time: Starts at 5:00 pm

Price for Entry:

\$5 - Students

\$10 - Adults

Ages 10 & Under - FREE



COMPETITION DETAILS:

PRICING:

\$3 to participate in each event

or

\$10 Combo pack

includes:

- **Entry to 2 Events**
- **Unlimited Pizza**
- **Bottle of water**

Hungry after Festival

Unlimited Pizza \$5 each person

Fans, Family and Friends

Intro: Know your Terriers

This competition will test your knowledge on your Rocky Hill High School Terriers basketball team. Questions will be asked to each competitor about players of the team. If you get one wrong you are eliminated.

Event 1: Knockout

Knockout will be played on both sides of the gym. One side will consist of players ages 12 & under and the other side will consist of players ages 13 and over.

Event 2: Partners Hot Shot Contest

Competitors will partner up (1 player, 1 youth). They will shoot from 6 spots (alternate shots) on the court with a 1 minute time limit. The top 2 teams based on points will advance to a final round where the winner will be decided.

Event 3: Skills Challenge

The Skills Challenge will consist of 3 players per team. This includes: Full court dribbling through cones, a bank shot from outside the block, chest pass to knock the ball off a cone, and a 3 point shot. 2 rebounders will be assisting on each side of the court. Teams will have 1 minute to complete as much as they possibly can. The team with the best time will win.

(Rules and Restrictions: each team must have at least one high school student, and one 12 year old or Younger. Teams can be made at the school)

Event 4: Dress like a Terrier

Competitors will see how fast they can put on shoes, shorts, and a jersey, and dribble a ball down the court to hit a layup. (Competitors must be ages 8 and under to compete in this event.)

Event 5: 3 Point Shootout

Competitors will shoot 3 point shots from 1 spot behind the arc. Most made shots in 1 minute wins.

PRIZES WILL BE AWARDED TO THE

WINNERS OF EACH EVENT.

Need more info or have questions call:

Josh Dinerman

(860) 483-1281

Email:

dinermanj@rockyhillps.com