


Electronic Thursday Folder

Thursday, November 17, 2016

This week's electronic Thursday folder includes the following documents. Please note that documents with an asterisk (*) are only available on-line and were not sent home with the children. Items may be found on the West Hill website under **INFORMATION, NEWS & EVENTS**  **THURSDAY FOLDER** or by clicking on the following icon.



- Buddy Bench*
- Spirit Wear Order Form
- Winter Programs- 2 pages*
- Winter Wonderland*



Introducing the latest addition to West Hill School's playground...



What is the Buddy Bench?

The *Buddy Bench* is a special bench on the playground. We hope it will help students create new friendships and ensure everyone has someone to play with at recess.

How is it used?

The school's PBIS Team (Positive Behavioral Interventions & Supports) has adopted the following "rules" from "*Wanted: Playground Buddy*" and "*Christian's Buddy Bench*." Please note that there are two sets of guidelines that we will be sharing with the students. The first list guides students for when they sit on the bench, and the second list guides them for when they see someone sitting on the bench.

When you sit on the Buddy Bench:

- Before you sit on the Buddy Bench, think of something you would like to do. Ask someone else to play with you.
- The Buddy Bench isn't for socializing or resting. Only sit there if you can't find anyone to play with. If you want to rest or sit and talk with someone, please use the other bench.
- While you're sitting on the bench, look around for a game you can join.
- If you see something you want to do, or a friend you want to talk to, get off the bench! (Be proactive.)
- If you're sitting on the bench, you must play with the first classmate who invites you.
- Keep playing with your new friends!

When you see someone sitting on the Buddy Bench:

- Start by saying hello. If you don't know the person, introduce yourself.
- Make conversation. *What's up? How are you? I like your shoes.*
- Ask them to play with you or suggest an activity you can do together.
- Don't make it the last time you play together. Keep playing with your new friend.

When will this start and how will the kids know what to do?

The Park and Recreation Department will be installing the bench in the next few weeks. The PBIS team (and playground committee) felt that it was important to teach the children about the *Buddy Bench* prior to it being installed. A video reviewing all of our school rules, including the Buddy Bench, has been created by our PBIS team and will be shown in all classes on Friday, November 18th. Staff at recess will monitor the Buddy Bench and the PBIS team will continue to check with teachers and students in order to see if the rules need to be adjusted. Additionally, we are working with the Park and Recreation Department in order to create a way to post the rules by the bench. Finally, teachers will be provided with sample Buddy Bench scenarios to explore with their students throughout the year. The Buddy Bench segment of the video can be found [HERE](#).

Student's Name: _____

Grade/Teacher: _____

Phone: _____ Email: _____



Colors: Royal Blue,
Dark Pink,
Sport Grey, or
Purple

*****ORDERS DUE BY DECEMBER 1 *****

Please make checks payable to: West Hill PTO Place order form along with your payment in a sealed envelope labeled "Spirit Wear Order"

"WH" MUSTANG STYLE	SIZE	COLOR(S)	QUANTITY	COST	Sparkle Ink? add \$3	XXL & 3X add \$3	TOTAL
Youth Short Sleeve				\$18			
Youth Long Sleeve				\$20			
Youth Hoodie				\$30			
Adult Short Sleeve Unisex				\$18			
Adult Short Sleeve Ladies Fit				\$18			
Adult Long Sleeve Unisex				\$20			
Adult Long Sleeve Ladies Fit				\$20			
Adult Hoodie				\$30			

Please note: Youth sizes are available in Small - XLarge.

Pink is available in all of the short sleeve tshirts and sweatshirts and in ladies fit long sleeve (not available in youth long sleeve and adult unisex long sleeve). Sparkle Ink is available on any of the styles at a \$3 additional fee. Colors may be viewed on the West Hill PTO Facebook page. Contact me with questions at katrinascelza@yahoo.com. Thank you!



Colors: Royal Blue, Dark Pink,
Charcoal Grey, or Purple

*****ORDERS DUE BY DECEMBER *****

MUSTANG SWIRL STYLE	SIZE	COLOR(S)	QUANTITY	COST	Sparkle Ink? add \$3	XXL & 3X add \$3	TOTAL
Youth Short Sleeve				\$15			
Youth Long Sleeve				\$18			
Youth Hoodie				\$28			
Adult Short Sleeve Unisex				\$15			
Adult Short Sleeve Ladies Fit				\$15			
Adult Long Sleeve Unisex				\$18			
Adult Long Sleeve Ladies Fit				\$18			
Adult Hoodie				\$28			

Any additional comments that may help with your order: _____



Winter Programs

Registration starts Monday, November 21



Ages: 4 to Grade 2
Starts Saturday, February 25
Community Center
\$75



Wednesdays, February 8, March 8, April 5 & May 3
6:00 - 7:30pm
Room 5
\$40 residents; \$45 non - residents
For ages 7 - 12



Saturday Jan 14 - April 8
10:30 - 11:00am for ages 6 - 8 Fee: \$155
11:15 - 12:00pm for ages 9 - 12 Fee: \$215
12:15 - 1:00pm for ages 13 - 18 Fee: \$215
Community Center

Brazilian Dancing Martial Arts
(Ages 6 - 12)
Friday, Dec 2 - Feb 3 and Feb 24 - April 21
6:30 - 7:30pm
\$75 for 8 classes




Saturday, January 21 - March 3
Grades 1 & 2: 9:00 - 10:00am
Grades 3 & 4: 10:00 - 11:00am
Community Center Gym
\$60

Tennis lessons for children and adults, please see pages 5 & 10 in our winter brochure



 **Winter Wonderland...Wednesday, December 7, 5:30 - 7:00pm, Rocky Hill Community Center.** 

Winter Programs



Registration starts Monday, November 21

Program	Ages	Date	Time
Creative Movement	3 & 4	Mon, Jan 9 - May 8	5:00 - 5:45pm
Beginner Ballet 1	5 & 6	Mon, Jan 9 - May 8	5:45 - 6:30pm
Creative Jazz	4 & 5	Tue, Jan 10 - May 9	5:00 - 5:45pm
Beginner Ballet 2	6 & 8	Tue, Jan 10 - May 9	5:45 - 6:30pm
Tappers	4 & 5	Wed, Jan 11 - May 10	5:00 - 5:45pm
Beginner Tap 1	6 & 8	Wed, Jan 11 - May 10	5:45 - 6:30pm
Beginner Jazz 1	6 & 8	Thur, Jan 12 - May 11	4:30 - 5:15pm
Tap 2	8 - 12	Thur, Jan 12 - May 11	5:15 - 6:00pm
Beginner Jazz 2	8 - 12	Thur, Jan 12 - May 11	6:00 - 6:45pm

Dance Classes!

Residents: \$70
 Non - residents \$75
 Community Center
 Dance room



Decorate Your House for The Holidays Contest



Please see page 8 of our winter brochure
 for contest details!!!

Adult Fitness Classes

Take the first step to a healthier you...

- ◆ Strength Training
- ◆ Pilates
- ◆ Zumba
- ◆ Total Barre

Please see page 11 in our Winter brochure for details.

Kids Healthy Tasty Cooking Course (Ages 8-12)



Wednesdays 1/18—2/22

5:00 - 6:30 pm

At Stew Leonard's,

3475 Berlin Turnpike, Newington

\$110 (\$20 late fee applies after 1/6/17)



For a more detailed list of programs offered, please visit our website at
www.rockyhillct.gov/parkrec or call 860-258-2772





you are invited to
a Winter Wonderland

Don't miss our annual celebration of Winter with horse drawn carriage rides, holiday music, and the lighting of the Town Christmas tree. Santa will be there to meet you. Events will be held indoors if weather is inclement.



Wednesday, December 7
5:30 - 7:00pm
Community Center
FREE



Hot Chocolate & Coffee available for purchase from the Senior Fundraising Committee

Take your picture with Santa and listen to the Rocky Hill High School Chamber Choir


Food Drive

Please consider bringing a donation to support the Rocky Hill Food Pantry :

People – non-perishable food items
 Pets – canned or unopened bags of dog or cat food and treats.



Story telling sponsored by Cora J. Belden Library.



Kids...don't forget the Holiday Coloring Contest!!!
Entry on reverse side.



For more information please contact the Parks & Recreation Department

(860) 258-2772 www.rockyhillct.gov/parkrec

