

# Voluntown Public Schools

## *Presents*

### **Identifying and Managing Childhood Anxiety and Depression**

*This workshop will present parents, staff and community members with information on signs and symptoms of childhood/adolescent anxiety and depression. Information will also be provided on how to support children dealing with anxiety, depression, fears and worries, as well as techniques to help children manage everyday emotions.*

Featuring  
**Emily Casey, Psy.D.**

Dr. Casey is a Clinical Psychologist who specializes in child/adolescent and family psychology. She maintains expertise in issues related to child and adolescent development and mental health, family functioning, psychological assessment, and student learning and behavior. Dr. Casey provides psychological, diagnostic, and educational assessment and consulting services for Voluntown Elementary School, as well as other schools in throughout the state, CT juvenile courts, and the general public.

**Voluntown Elementary School  
195 Main Street/PO Box 129, Voluntown, CT 06384**

**Tuesday, November 14, 2017**

**5:30-6:00 pm Lite Dinner (optional)  
Pizza, Chips, Beverages and Dessert**

**6:00-7:00 pm Adult Presentation**

**Free childcare will be provided for students ages 3 to 13 years.  
The YSB is sponsoring the amazing Steven Craig ~ Comedy Magician for kids!!!**

***This event is supported by Voluntown Community Organizations***

**\*\*\*\*\*Please detach and return by Friday, November 10th\*\*\*\*\***

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Number Attending: \_\_\_\_\_Adults \_\_\_\_\_Children      Number for Dinner: \_\_\_\_\_

Dietary Restrictions: \_\_\_\_\_

Dinner Cost: \$1.00 per person      Amount Enclosed: \_\_\_\_\_      \_\_\_Cash \_\_\_Check

Checks payable to: Voluntown Elementary School  
Attn: Amy Suffoletto, Assistant Principal