



May 8, 2015

Dear Parents/Guardians,

Center School will be celebrating **Math Field Day** on Thursday, **June 11, 2015**. We have also scheduled a rain date for June 16. Math Field Day is a day for the entire school to be doing fun and engaging activities that involve math.

We would appreciate parent participation and assistance with the planned activities . If you are able to help, please fill out the form below and return to Center School by June 5th. If you have any questions, feel free to contact me at ebushior@willingtonct.org or call 429-9367.

Thank you!
Erica Bushior

Please check all that are applicable and return to Center School by June 5th. Thank you! Check all that apply.

___ I will help at Math Field Day on June 11, in the morning from 9:15 -11:40

___ I will help at Math Field Day on June 11, in the afternoon from 12:25 – 2:55

___ I am available on the **rain date**, June 16th.

Name _____ Child's teacher _____

Phone _____

Willington PTA



2015



5k & Fun Runs

Dear Parents/Guardians,

The Parent Teacher Association will be holding its 14th annual road race and fun runs on Saturday, May 23rd, at Center Elementary School. The 5K event will be professionally timed and results will be posted after the race at the awards ceremony. The ½ mile and 1 mile fun runs are on Old Farms Road with local police and fire departments blocking traffic for safety. The fun runs are a great way to start the Memorial Day weekend and to start Willington Day. We are hoping that many of our Willington students will participate. No road race experience is needed and all children will receive a medal when they finish the fun run! Also, every registered runner will receive a t-shirt.

We are recommending the following race lengths for families and students:

½ mile fun run	Kindergarten – 2 nd grade
1 mile fun run	3 rd grade – 6 th grade (families welcome)
5K (3.1 miles)	7 th grade – adults (walkers welcome)

As part of the road race, we have planned a tremendous silent auction. We have a wide variety of items including gift certificates to local businesses. If you would like to donate an item to the silent auction or you work for a company that would like to help sponsor the race, please contact us!

The PTA road race will occur rain or shine and we have adjusted the race times this year. **The ½ mile fun run will start at 10:30am, 1 mile fun run at 11:00am and the 5K will start at 8:30am.** All races will start on time so **please arrive early** and allow plenty of time to check in at the gymnasium. In the event we have thunder or lightning we will postpone the event for a short amount of time.

If you need more information about the race contact Sean Conlin, Center Elementary School P.E. teacher at 429-9367 ext 223 or via email at sconlin@willingtonct.org. Walk-in registration is also available the day of the race!

Sincerely,

Sean Conlin & Phil Stevens
Race Directors

May Programming at the Willington Public Library

7 Ruby Road, Willington 860-429-3853

www.willingtonpubliclibrary.org and on Facebook for more information

Sign up to receive our Email **Blast!**

As we continue with our yearlong theme: “A New Year- A Healthier You” please join us for one or all of the following programs.

Tuesday, May 5 @ 6:30 PM...An educational workshop called “Strategies for Maximizing Your Social Security Benefits” with Michael Alimo and David Weyner of U.S.A. Financial & Tax Services. Learn some key concepts everyone should understand before making this crucial retirement planning decision.

Tuesday, May 12 @7:00 PM...Showing of film documentary, “Food, Inc.” An unflattering look inside America’s corporate controlled food industry and what the food industry does not want you to know. Rated PG, running time: 94 minutes

Saturday, May 16 from 10:00 AM until 1:00 PM... 3rd Annual “Touch-A-Truck” (Light rain or shine)

Tuesday, May 19 @ 6:30 PM...“Is Homeopathy for You?” presented by Abby Beale CCH, RSHom(NA) Nationally Certified Classical Homeopath. Why might you be interested? If you prefer to take more natural products to heal your body, if you want to possibly take less pharmaceutical medication, if you’ve come to a dead end in your path to healing, or if you want a more holistic approach to your health care. Come learn how you can improve your overall health naturally.

Thursday, May 21 @ 6:30 PM...“Partnering with Nature: A Holistic Venture” presented by Judith Dreyer, MS, BSN, Master Gardener and teacher in Nursing and Nutrition Science and author of “At the Garden’s Gate”. This presentation will focus on nature and how we can copartner with it to reclaim land spaces. Gardening and care-taking our landscapes in sustainable ways not only brings healing to air, soil, and water quality but to ourselves as well.

Saturday, May 30 @12:30 PM...Family Movie Time: “Paddington” Rated PG, Runtime 95 minutes

2015 “A New Year- A Healthier You”

at the

Willington Public Library

7 Ruby Road, Willington, CT

860-429-3854 www.willingtonpubliclibrary.org

Fifth in our series of Documentary Films on health awareness.

Tuesday, May 12 @ 7:00 PM

“Food, Inc.”

...An unflattering look inside America’s corporate controlled food industry. **What the food industry doesn’t want you to know.** *You’ll never look at dinner the same way again.*

Rated PG, running time: 94 minutes





Is Homeopathy for You?

Homeopathy is a safe, gentle, and natural system of healing that works with your body to relieve mental, emotional and physical symptoms, restore vitality, and improve your overall health.

Why might you be interested?

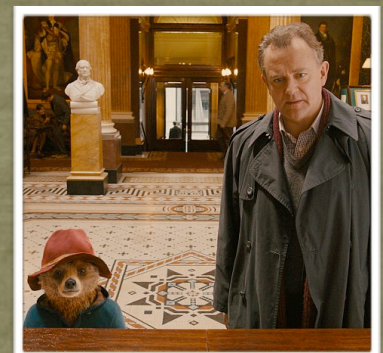
- 1 – If you prefer to take more natural products to heal your body.
- 2 – If you want to possibly take less pharmaceutical medication.
- 3 – If you've come to a dead end in your path to healing.
- 4 – If you want a more holistic approach to your health care.

Come learn how you can use homeopathy at home for minor ailments and how it can help with chronic health conditions.

Wilmington Public Library
7 Ruby Road, Wilmington, CT
Tuesday, May 19, 2015
6:30 - 8 pm

Presented by Abby Beale CCH, RSHom(NA)
Nationally Certified Classical Homeopath

860-429-3854, www.wilmingtonpubliclibrary.org
or visit us on Facebook



PADDINGTON

Saturday, May 30, 2015 @ 12:30 PM in the Community Room

A young Peruvian bear travels to London in search of a home. Finding himself lost and alone at Paddington Station, he meets the kindly Brown family, who offer him a temporary haven.

Rated PG Runtime 95 minutes

Willington Public Library, 7 Ruby Road, Willington, CT 06279 860-429-3854 www.willingtonpubliclibrary.org



Partnering with Nature: A Holistic Venture Presented by Judith Dreyer, MS

Thursday, May 21, 2015

6:30 - 8:00 PM



Gardens and meadows, forests and waterways provide a rich and vast array of nutrients, medicine, and magic. How many of us feel at peace and more centered, grounded even, when in our gardens, or on a hike in the nearby forests? How many of us are saddened by the misuse of our lands, and waterways and/or troubled by the rate of species disappearing?

This presentation will focus on the intelligence in nature and how we can copartner with nature to reclaim land spaces or utilize our land spaces in such a way that consciously acknowledges this intelligence. We are holistic beings. Nature too is governed by holistic principles. Gardening and care-taking our landscapes in sustainable ways not only brings healing to air, soil, and water quality but to ourselves as well.

Judith Dreyer, MS, BSN, is a Master Gardener and teacher with over 20 years experience developing workshops and classes, speaking and writing about holistic health, edible and medicinal plants, and more. She has degrees in Nursing and Nutrition Science and has taught Holistic Health Studies and Nutrition Science. She has traveled a wheel of diverse learning and experiences. She is the author of "At the Garden's Gate" which is the story of one woman's personal journal in creating a meadow, when going "green" wasn't an everyday word. This is a story of partnership with the land, a story of personal discovery and a love of nature.



Public Library
7 Ruby Road, Willington
860-429-3854 www.wilmingtonpubliclibrary.org
or visit us on Facebook





Wilmington Public Library's
3rd Annual
Touch-a-Truck Event
Saturday, May 16, 2015
10:00 AM- 1:00 PM
Light Rain or Shine

WILLINGTON PARKS AND RECREATION IS HOSTING A SAFE BOATING AND PERSONAL WATERCRAFT COURSE

Saturday, May 30th

8: 30 am- 4:30 pm at the Willington Town Office Building
40 Old Farms Road



1-Day Combination Safe Boating & Personal Watercraft Safety Certification

A complete basic safe boating certification course taught in one (8 hour) day. Successful completion will allow the student to obtain a Connecticut Certificate of Personal Watercraft Operation, which enables them to operate recreational vessels up to 65 feet in length including Jet Skis. An easy to understand classroom format is designed for students age 12 and over. **PRIOR TO TAKING THIS CLASS** each student should create an account online at ct.outdoorcentral.net, and click the START button. Create an account if you don't already have one, and then print the page that includes your Conservation ID number and bring it to class. Once we have entered your score in the DEEP system you will use your account to purchase & print the certificate after the class. Students should bring a pen or pencil to class.

Age: Designated for ages 12+
Instructor: Professional Marine Education

Fee: \$75.00

Bring a lunch.

Questions: Call Teri Gareau, Parks and Rec Director at
(860) 487-3108 or email me at www.willingtonct.org

Come join us for a free night of

Family Fun at

Family Yoga Night

With Bill Goodale, local Yoga Instructor and Reiki Practitioner

No mat? No problem!
Just bring yourself!



Two convenient dates!

- Tuesday, June 2nd from 7-8 pm
- Friday, June 5th from 6-7 pm

***No Registration
Necessary!***

Located at Center School,
12 Old Farms Road
in the Gymnasium.



**Willington Youth,
Family &
Social Services**

Where Community Grows

**Come and try Yoga
for Free!**

For more information, please contact:
Willington Youth, Family and Social Services
Town Office Building
40 Old Farms Road
Willington, CT 06279
(860)487-3118 * wyfss@willingtonct.org