



Elementary School Menu

October 2017

www.carrollcountyschools.com

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

- Extra Milk — \$0.50
- Extra Lunch Entrée — \$1.75
- Rice Krispie Treat — \$1.00
- Soft Pretzel — \$1.00
- Flavored Water — \$1.00
- Extra Breakfast Entrée — \$1.25
- All Extra Side Dishes — \$0.50
- Cookie (1) — \$0.50
- Cheese Sauce Cup — \$0.50

Menu Prices for Elementary School

Breakfast	Amount	Lunch	Amount
Student	\$1.35	Student	\$2.25
Reduced	\$0.30	Reduced	\$0.40
Adult	\$1.75	Adult	\$3.25

LoFat or Fat Free Milk Choice is served with each meal.

	Monday	Tuesday	Wednesday	Thursday	Friday
Day	September 25	26	27	28	29
Breakfast	Biscuit w/Jelly & Cereal or Honey Wheat Breakfast Bun / Fruit Cocktail or Juice	Egg & Cheese Biscuit or Cereal w/Cheese Toast / Fruit / Juice	Chicken Biscuit or Grilled Cheese Sandwich / Banana or Juice	Sausage Biscuit or Cereal w/Muffin / Peach Cup or Juice	Chicken Biscuit or Cinnamon Roll / Applesauce Cup or Juice
Choose 1 Lunch Entrée or Salad Choice if offered	Mini Burgers or Wild Mike's Cheese Bites w/ Marinara Sauce	Hot ham & Cheese Sandwich or Chef Salad	Chicken Tenders or Meatloaf	Country Fried Steak w/Gravy or Oven Fried Chicken	Beef & Cheese Nachos or Corndog
Must Choose 1: Fruit or Vegetable	Baked Tater Tots / Romaine Salad / Baked Cinnamon Apples w/Ice Cream Cup / Glazed Apple Wedges	Veggie Dippers / Tortilla Chips w/Salsa / Jello w/Fruit & Topping / Fresh Fruit Cup	Cornbread / Macaroni & Cheese / Oven Fried Okra / Romaine Salad / Fruit Cocktail / Fresh Grape Cluster	Roll / Cream Potatoes Steamed Broccoli w/Cheese/ Fresh Peach / Juice Bar	Tossed Salad / Whole Kernel Corn / Rosey Red Pear Halves / Fresh Strawberry-Blueberry Cup

	October 2	3	4	5	6
Day	October 2	3	4	5	6
Breakfast	Biscuit w/Jelly & Cereal or Honey Wheat Breakfast Bun / Fruit Cocktail or Juice	Sausage Biscuit or Pancake on a Stick / Banana or Juice	Ham/Cheese Croissant or Cereal w/Pop Tart / Peach Slices or Juice	Chicken Biscuit or Yogurt w/Cheese Stick / Fresh Grapes or Juice	Cereal Bar or Breakfast Pizza / Apple Wedges or Juice
Choose 1 Lunch Entrée or Salad Choice if offered	Crispito w/Cheese Sauce or Wild Mike's Pepperoni Pizza	Hot Dog or BBQ Sandwich	Chicken Nuggets or Grilled Chicken Caesar Salad Plate	Hamburger w/Cheese or Turkey Club	PBJ Sandwich w/Cheese Stick or Chicken Sandwich
Must Choose 1: Fruit or Vegetable	Tossed Salad / Tortilla Chips w/Salsa / Roasted Corn & Black Beans / Baked Cinnamon Apples / Orange Smiles	Cole Slaw / Deli Roasters / Watermelon / Peach Slices	Roll / Green Beans / Candied Yams / Cherry Applesauce / Cry Baby Frozen Fruit Ice	Lettuce, Tomato, Dill Slices / Baby Carrots w/Dip / Corn on Cob / Jello w/Fruit / Fresh Plum	Baked Chips / Dill Spear / Lettuce & Tomato Slices / Broccoli & Cauliflower w/Dip / Pineapple Tidbits w/Kiwi / Dragon Punch

Fresh fruit bowl offered daily during Breakfast and Lunch.

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This institution is an equal opportunity provider.



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Extra Milk — \$0.50	Extra Breakfast Entrée — \$1.25
Extra Lunch Entrée — \$1.75	All Extra Side Dishes — \$0.50
Rice Krispie Treat — \$1.00	Cookie (1) — \$0.50
Soft Pretzel — \$1.00	Cheese Sauce Cup — \$0.50
Flavored Water — \$1.00	

Menu Prices for Elementary School

Breakfast	Amount	Lunch	Amount
Student	\$1.35	Student	\$2.25
Reduced	\$0.30	Reduced	\$0.40
Adult	\$1.75	Adult	\$3.25

LoFat or Fat Free Milk Choice is served with each meal.

	Monday	Tuesday	Wednesday	Thursday	Friday
Day	9	10	11	12	13
Breakfast	Mini Berry French Toast or Honey Wheat Breakfast Bar w/Cereal / Fruit or Juice	Muffin w/Yogurt or Sausage Biscuit / Fruit or Juice	Mini Cinnamon Bun or Biscuit w/Jelly & Cereal / Fruit or Juice	Cereal w/Cheese Toast or Egg & Cheese Biscuit / Fruit or Juice	
Choose 1 Lunch Entrée or Salad Choice if offered	Mini Corndogs (6) or Basil Boss Cheese Pizza	Ham & Cheese Sandwich or Bean & Cheese Burrito	Tangerine Chicken or Chef Salad	Spaghetti w/Garlic Toast or Soft Shell Tacos w/Shredded Cheese Cup	Teacher Work Day
Must Choose 1: Fruit or Vegetable	Romaine Salad / Carrot & Celery Sticks w/Dip / Orange Smiles / Applesauce w/Cherry Garnish	Garden Salad / Tater Tot Medley / Pear Salad / Strawberry-Banana Cup	Vegetable Rice / Honey Glazed Carrots / Roll / Fresh Red Grape Cluster	Garden Salad / Marinated Black Bean Salsa w/Tortilla Chips / Peach Slices / Juice Bar	

	16	17	18	19	20
Day					
Breakfast		Mini Pancakes or Scrambled Eggs w/Toast / Fruit or Juice	French Toast Sticks or Sausage Biscuit / Fruit or Juice	Chicken Biscuit or Mini Cinnis/ Fruit or Juice	Manager's Choice / Fruit or Juice
Choose 1 Lunch Entrée or Salad Choice if offered	Fall Break	Sloppy Jo or Cheeseburger	Oven Fried Chicken or Chicken Caesar Salad Plate	Max Cheese Pizza or Deli Sub	Manager's Choice
Must Choose 1: Fruit or Vegetable		Baked Fries / Lettuce, Tomato, Dill Slice / Vegetables w/Dip / Banana / Juice Cup	Creamed Potatoes / California Blend Mixed Vegetables / Roll / Fruit Cocktail / Fresh White Grape Cluster	Spinach & Strawberry Salad / Corn on Cob / Lime Sherbet / Cherry Flavored Applesauce	Please see individual schools for the menu choices for today.

Fresh fruit bowl offered daily during Breakfast and Lunch.

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