



Middle School Menu December 2018

www.carrollcountyschools.com

Fresh Fruit Bowl and water are available daily for Breakfast and Lunch.

LoFat or Fat Free Milk Choice is served with each meal.

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

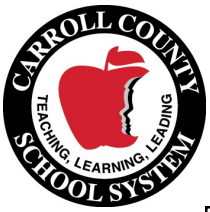
- Extra Milk — \$0.50
- Extra Lunch Entrée — \$1.75
- Rice Krispie Treat — \$1.00
- Soft Pretzel — \$1.00
- Flavored Water — \$1.00 to \$1.50 (depending on what kind of water)
- Extra Breakfast Entrée — \$1.25
- All Extra Side Dishes — \$0.50
- Cookie (1) — \$0.50
- Cheese Sauce Cup — \$0.50

Menu Prices for Middle School

Breakfast	Amount	Lunch	Amount
Student	\$1.35	Student	\$2.40
Reduced	\$0.30	Reduced	\$0.40
Adult	\$1.75	Adult	\$3.50

	Monday	Tuesday	Wednesday	Thursday	Friday
Day	3	4	5	6	7
Breakfast	Biscuit Choice or Chocolate Chip Muffin w/Cereal / Juice / Fruit	Biscuit Choice or Breakfast Burrito / Juice / Fruit	Biscuit Choice or French Toast Sticks / Juice / Fruit	Biscuit Choice or Cereal w/Pop Tart / Juice / Fruit	Biscuit Choice or Yogurt w/ Muffin / Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice	Basil Boss Cheese Pizza or BBQ Sandwich	Chicken Tenders w/roll or Sloppy Jo	Beef Stroganoff or Deli Sandwich	Chicken & Dumplings or Catfish Strips & Shrimp	Chili w/Hot Dog or Chili w/Grilled Cheese Sandwich
Must Choose at Least 1:	French Fries / Corn on Cob / Peas & Carrots / Peach Slices / Apple & Orange Wedges / WG Powered Donuts	Macaroni & Cheese / Green Beans / Veggies w/Dip / Strawberry-Banana cup / Plum	Baked Doritos / Glazed Carrot Coins / Tossed Salad / Banana Pudding / Juice Bar	Steamed Cabbage / Okra / Pinto Beans / Hushpuppies / Tangerine / Apricot Cup /	Baked Potato w/Margarine & Sour Cream / Broccoli w/ Cheese Sauce / Carrots w/ Dip / Blueberry Juice / Cherry Applesauce

MS w/Salad Bar	Monday	Tuesday	Wednesday	Thursday	Friday
	Grilled Chicken	Diced Ham w/Boiled Egg	Baked Potato Bar w/Chili, Sour Cream & Steamed Broccoli	Pretzel w/Cheese Sauce	Pimento Cheese Sandwich or PBJ Sandwich
Breakfast	Biscuit Choice or Chocolate Chip Muffin w/Cereal / Juice / Fruit	Biscuit Choice or Pancake on a stick/ Juice / Fruit	Biscuit Choice or B. Pizza/ Juice / Fruit	Biscuit Choice or Breakfast bun/ Juice / Fruit	Biscuit Choice or mini French toast / Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice	Chicken Tetrizzini or Turkey club sandwich	Philly steak sandwich or mini burgers (2)	Beef tacos or Chicken fajitas	Oven roasted chicken or pork roast w/ gravy	Catfish w hushpuppies or Rib-b que
Must Choose at Least 1:	Deli roasters/steamed broccoli w/ cheese/ glazed carrots/ pear halves / Fresh fruit	Fries/ ranch style beans/ veggie dippers/ juice cup / fresh fruit	Garden salad / pinto beans/ black beans w/ corn ant tomatoes / Tortilla chips / Strawberry cups / Fresh fruit	Biscuit/ au gratin potatoes/ Brussel sprouts/ steamed carrots / Pineapple tidbits/ fresh fruit tray	Potato roasters/ squash casserole/ orange wedges/ blueberry juice / fresh fruit
MS w/Salad Bar	Monday	Tuesday	Wednesday	Thursday	Friday
	Grilled Chicken	Diced Ham w/Boiled Egg	Baked Potato Bar w/Chili, Sour Cream & Steamed Broccoli	Pretzel w/Cheese Sauce	Pimento Cheese Sandwich or PBJ Sandwich



Middle School Menu December 2018

www.carrollcountyschools.com

Fresh Fruit Bowl and water are available daily for Breakfast and Lunch.

LoFat or Fat Free Milk Choice is served with each meal.

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

- | | |
|---|---------------------------------|
| Extra Milk — \$0.50 | Extra Breakfast Entrée — \$1.25 |
| Extra Lunch Entrée — \$1.75 | All Extra Side Dishes — \$0.50 |
| Rice Krispie Treat — \$1.00 | Cookie (1) — \$0.50 |
| Soft Pretzel — \$1.00 | Cheese Sauce Cup — \$0.50 |
| Flavored Water — \$1.00 to \$1.50 (depending on what kind of water) | |

Menu Prices for Middle School

Breakfast	Amount	Lunch	Amount
Student	\$1.35	Student	\$2.40
Reduced	\$0.30	Reduced	\$0.40
Adult	\$1.75	Adult	\$3.50

	Monday	Tuesday	Wednesday	Thursday	Friday
Day	17	18			
Breakfast	Biscuit Choice or Chocolate Chip Muffin w/Cereal / Juice / Fruit	Biscuit Choice or Pancake on a stick/ Juice / Fruit			
Choose 1 Lunch Entrée or Salad Choice	Chicken Nachos or beef nachos	BBQ sandwich or Hamburger			
Must Choose at Least 1:	Cheese sauce/ Corn / salad/ black bean salsa/ blueberries/ fresh fruit	Fries/ lettuce tomato/ pepper rings & baby carrots/ glazed apples/ fruit cocktail / fresh fruit			
or Salad	Chicken Salad	Chef Salad			

Middle Schools with Salad Bar					
MS w/Salad Bar	Monday	Tuesday			
	Grilled Chicken	Diced Ham w/Boiled Egg			