

Central Middle School Soccer Tryout Packet

GIRLS

Date: Feb 4th- 5th

Time: 4:00pm - 5:30pm

Place: CMS Field (bus parking lot)

Boys

Date: Feb 6th - 7th

Time: 4:00pm - 5:30pm

Place: CMS Field (bus parking lot)

Paperwork needed! - Paperwork is due by Wednesday, January 30th!

- The student-athlete will not be able to try out if all these forms are not completed.
 - **Forms:**
 - Parent Consent/Athletic Release
 - Physical dated after April 2018 or after
 - Concussion form

What to Bring to Try-Outs:

- Please bring/wear the following: soccer cleats, shin guards, layer up with clothes, and water or a sports drink. (You will not be able to play without shin guards.)

What to expect at Tryouts:

The players will be evaluated on all soccer skills (dribbling, shooting, passing, trapping, foot skills), speed, long distance running, endurance, effort, and overall ability level. (All runs will be timed- goal of the mile is to be under 10 mins) The team roster will be posted on the bulletin board in the center atrium, on Friday, February 8th, 2018.

In trying out for the CMS soccer team you are committing yourself to **ALL** practices, games, fundraising events, etc. You are also committing that you have you have rides to pick you up **ON TIME** from them. We look forward to seeing you at tryouts!

For more information please contact:

Coach: Coach Maddox

*email at brittany.maddox@carrollcountyschools.com

PLEASE BE ON TIME TO PICK UP YOUR CHILD.

Parents will not be allowed on the field for tryouts. They must remain in the car.

*Team information: Boys and Girls teams each will be 25 players. Central also has a co-ed team, that will be picked from the 50 players chosen for split teams. Also, returning players must try out. You are not guaranteed a spot because you were on the team last year and may be cut at try outs.