



Elementary School Menu

January 2016

www.carrollcountyschools.com

Fresh Fruit Bowl available daily for Breakfast and Lunch.

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

Extra Milk — \$0.50	Extra Breakfast Entrée — \$1.25
Extra Lunch Entrée — \$1.75	All Extra Side Dishes — \$0.50
Rice Krispie Treat — \$1.00	Cookie (1) — \$0.50
Soft Pretzel — \$1.00	Cheese Sauce Cup — \$0.50
Flavored Water — \$1.00 to \$1.50 (depends on what kind of water)	

Menu Prices for Elementary School

Breakfast	Amount	Lunch	Amount
Student	\$1.35	Student	\$2.15
Reduced	\$0.30	Reduced	\$0.40
Adult	\$1.75	Adult	\$3.25

LoFat or Fat Free Milk Choice is served with each meal.

Day	Monday January 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Breakfast	Teacher Work Day No School for students.	Biscuit w/Jelly & Cereal or Mini Pancakes / Pineapple Tidbits or Juice	Chicken Biscuit or Grilled Cheese Sandwich / Banana or Juice	Sausage Biscuit or Cereal w/Muffin / Peach Cup or Juice	Chicken Biscuit or Cinnamon Swirls / Applesauce Cup or Juice
Choose 1 Lunch Entrée or Salad Choice if offered		Cheeseburger or Grilled Chicken Sandwich	Catfish Fillets or BBQ Chicken	Country Fried Steak w/Gravy or Chicken Tenders	Beef & Cheese Nachos or Turkey Pot Pie
Must Choose 1: Fruit or Vegetable		Baked Potato Tots / Lettuce, Tomato, Dill Slice / Apple Wedges / Strawberry-Banana Cup	Cornbread / Macaroni & Cheese / Oven Fried Okra / Baked Beans / Romaine Salad / Fruit Cocktail / Fresh Grape Cluster	Roll / Cream Potatoes Steamed Broccoli w/Cheese / Honey Glazed Carrots / Fresh Peach / Juice Bar	Fresh Vegetables w/Dip / Tossed Salad / Whole Kernel Corn / Rosey Red Pear Halves / Blueberry Juice Cup / Orange Wedges

Day	9	10	11	12	13
Breakfast	Cereal Bar or Breakfast Pizza / Apple Wedges or Juice	Sausage Biscuit or Pancake on a Stick / Banana or Juice	Ham/Cheese Croissant or Cereal w/Pop Tart / Peach Slices or Juice	Chicken Biscuit or Yogurt w/Cheese Stick / Fresh Grapes or Juice	Biscuit w/Jelly & Cereal or Honey Wheat Breakfast Bun / Fruit Cocktail or Juice
Choose 1 Lunch Entrée or Salad Choice if offered	Chicken Noodle Soup w/PBJ Sandwich or Chicken Noodle Soup w/Grilled Cheese Sandwich	Hot Dog or BBQ Sandwich	Chicken Nuggets or Baked Turkey w/Gravy	Hamburger w/Cheese or Wild Mike's Cheese Breadsticks w/Marinara Sauce	Taco Salad or Gigliardi's Stuffed Crust Pizza
Must Choose 1: Fruit or Vegetable	Baked Chips / Broccoli & Cauliflower w/Dip / Pineapple Tidbits w/Kiwi / Dragon Punch	Cole Slaw / Deli Roasters / Baked Beans / Banana / White Grape Juice	Roll / Green Beans / Candied Yams / Tossed Salad / Cherry Applesauce / Cry Baby Frozen Fruit Ice	Spinach & Strawberry Salad / Baby Carrots w/Dip / Corn on Cob / Jello w/Fruit / Fresh Fruit Mixture	Tossed Salad / Tortilla Chips w/ Salsa / Roasted Corn & Black Beans / Baked Cinnamon Ap- ples / Orange Smiles



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Day	Monday	Tuesday	Wednesday	Thursday	Friday
Day	16	17	18	19	20
Breakfast	Martin Luther King Holiday	Muffin w/Yogurt or Sausage Biscuit / Fruit or Juice	Mini Cinnamon Bun or Biscuit w/Jelly & Cereal / Fruit or Juice	Cereal w/Cheese Toast or Egg & Cheese Biscuit / Fruit or Juice	Maple Snack-n-Waffle or Breakfast Burrito / Fruit or Juice
Choose 1 Lunch Entrée or Salad Choice if offered	Ham & Cheese Sandwich or Crispito	Oven Fried Pork Chop Patty or Tangerine Chicken	Spaghetti w/Garlic Toast or Bean & Cheese Burrito	Meatloaf or Catfish & Shrimp	
Must Choose 1: Fruit or Vegetable	Garden Salad / Pinto Beans / Spanish Rice / Pear Salad / Strawberry-Banana Cup / Blueberry Juice Cup	Vegetable Rice / Steamed Cabbage / Oven Baked Okra / Cornbread / Cinnamon Apple Slices / Fresh Fruit Choice / Fruit Cocktail	Garden Salad / Marinated Black Bean Salsa w/Tortilla Chips / Peas & Carrots / Peach Slices / Juice Bar	Au Gratin Potatoes / Green Beans / Brussel Sprouts / Hush Puppies / Rosey Pear Halves / Fresh Fruit Choice	

Day	23	24	25	26	27
Breakfast	Breakfast Bagel or Cereal w/Jelly Biscuit / Fruit or Juice	Mini Pancakes or Scrambled Eggs w/Toast / Fruit or Juice	French Toast Sticks or Sausage Biscuit / Fruit or Juice	Chicken Biscuit or Mini Cinnis / Fruit or Juice	Manager's Choice / Fruit or Juice
Choose 1 Lunch Entrée or Salad Choice if offered	Rib-B-Q Sandwich or Asian Chicken Bites	Sloppy Jo or Cheeseburger	Oven Fried Chicken or Hot Ham & Cheese on School Roll	Basil Boss Cheese Pizza or Beef-A-Roni	Manager's Choice
Must Choose 1: Fruit or Vegetable	Cornbread / Macaroni & Cheese / Steamed Broccoli / Blackeye Peas / Glazed Apple Wedges / Pineapple Tidbits w/Kiwi Garnish	Baked Fries / Lettuce, Tomato, Dill Slice / Vegetables w/Dip / Banana / Juice Cup	Creamed Potatoes / Baby Lima Beans / California Blend Mixed Vegetables / Roll / Fruit Cocktail / Fresh White Grape Cluster	Spinach & Strawberry Salad / Corn on Cob / Eggplant Fries / Lime Sherbet / Cherry Flavored Aplesauce	Please see individual schools for the menu choices for today.



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