



# High School Menu

## February 28 - March 2, 2017

**ALA CARTE SALES** (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

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|-----------------------------|---------------------------------|
| Extra Milk — \$0.50         | Extra Breakfast Entrée — \$1.25 |
| Extra Lunch Entrée — \$1.75 | All Extra Side Dishes — \$0.50  |
| Rice Krispie Treat — \$1.00 | Cookie (1) — \$0.50             |
| Soft Pretzel — \$1.00       | Cheese Sauce Cup — \$0.50       |
| Flavored Water — \$1.00     | Foot Long Subs — \$3.00         |
| Specialty Pizza — \$2.25    |                                 |

<b>Breakfast Prices:</b>	<b>Lunch Prices:</b>
Student — \$1.35	Student — \$2.55
Reduced — \$0.30	Reduced — \$0.40
Adult — \$1.75	Adult — \$3.25

**Fat Free & Lo-fat Milk choice is served with each meal. Dairy Ease & Soy Milk are available upon request.**

	Monday	Tuesday	Wednesday	Thursday	Friday
	February 28	February 29	March 1	2	3
<b>Breakfast</b>	Biscuit Choice or Pancake on a Stick / Fruit / Juice	Biscuit Choice or Breakfast Bun / Fruit / Juice	Biscuit Choice or Sausage & Gravy Breakfast Pizza / Fruit / Juice	Biscuit Choice or Muffin w/Cereal / Fruit / Juice	Ham & Cheese Croissant or Breakfast Burrito / Fruit / Juice
<b>Mama's Kitchen</b>	Broccoli & Chicken Alfredo w/ Garlic Toast <b>Choose at Least 1</b> Steamed Vegetables / Garden Salad / Whole Kernel Corn / Peach Slices / Glazed Apple Wedges	Meatloaf w/Cornbread <b>Choose at least 1:</b> Macaroni & Cheese / Blackeye Peas / Oven Fried Okra / Strawberry-Banana Cup / Orange Wedges	Scrambled Eggs w/Mini Chicken Biscuits (2) <b>Choose at least 1:</b> Deli Roasted Potatoes / Baby Carrots w/Dip / Broccoli Salad / Rosey Pear Halves / Grape Juice Cup / Blenderless Smoothie	Vegetable Beef Soup w/PBJ Sandwich & Saltines <b>Choose at least 1:</b> Corn on Cob / Cole Slaw / Gelatin w/Fruit Topping / Marinated Black Bean Salsa w/ Tortilla chips / Mini Cinnis Applesauce w/Cherry Garnish	BBQ Chicken w/Cornbread <b>Choose at least 1:</b> Au Gratin Potatoes / Turnip Greens / Baby Lima Beans / Carrot & Celery Sticks / Grapes / Cinnamon Apples / Fruit Ice Cup
<b>Sandwich Line</b>	Country Fried Steak Sandwich <b>Choose at Least 1</b> Onion Rings / Garden Salad Steamed Vegetables / Whole Kernel Corn / Peach Slices / Glazed Apple Wedges	Spicy Chicken Sandwich <b>Choose at least 1:</b> French Fries / Lettuce, Tomato, Dill Slice / Pasta Salad / Blackeye Peas / Oven Fried Okra / Strawberry-Banana Cup / Orange Wedges	Sloppy Jo <b>Choose at least 1:</b> Baked sweet Potato W/Brown Sugar & Cinnamon / Baby Carrots w/Dip / Broccoli Salad / Rosey Pear Halves / Grape Juice Cup / Blenderless Smoothie	Hot Dog <b>Choose at least 1:</b> Tater Tots / Corn on Cob / Cole Slaw / Marinated Black Bean Salsa w/Tortilla chips / Gelatin w/Fruit Topping / Applesauce w/Cherry Garnish / Mini Cinnis	BBQ Sandwich <b>Choose at least 1:</b> Potato Wedges / Turnip Greens / Baby Lima Beans / Carrot & Celery Sticks / Grapes / Cinnamon Apples
<b>Express Line</b>	Mozzarella Cheese Sticks w/Dipping Sauce <b>Choose at Least 1</b> Steamed Vegetables / Garden Salad / Whole Kernel Corn / Peach Slices / Glazed Apple Wedges	Turkey Club <b>Choose at least 1:</b> Baked Chips / Lettuce, Tomato, Dill Slice / Pasta Salad / Blackeye Peas / Oven Fried Okra / Strawberry-Banana Cup / Orange Wedges	WG Pepperoni Stuffed Crust Pizza <b>Choose at least 1:</b> Baby Carrots w/Dip / Broccoli Salad / Rosey Pear Halves / Grape Juice Cup / Blenderless Smoothie	Ham & Cheese on Bagel Thins <b>Choose at least 1:</b> Baked Chips / Corn on Cob / Cole Slaw / Marinated Black Bean Salsa w/Tortilla chips / Gelatin w/Fruit Topping / Applesauce w/Cherry Garnish / Mini Cinnis	Wild Mike's Cheese Pizza <b>Choose at least 1:</b> Garden Salad / Corn / Carrot & Celery Sticks / Grapes / Cinnamon Apples
<b>Salad Line</b>	Tuna Salad Plate	PBJ Sack	Chef Salad Plate	Tuna Salad Plate	PBJ Sack

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer."

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# High School Menu

## March 6 - 10, 2017

### National School Breakfast Week

**ALA CARTE SALES** (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

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|-----------------------------|---------------------------------|
| Extra Milk — \$0.50         | Extra Breakfast Entrée — \$1.25 |
| Extra Lunch Entrée — \$1.75 | All Extra Side Dishes — \$0.50  |
| Rice Krispie Treat — \$1.00 | Cookie (1) — \$0.50             |
| Soft Pretzel — \$1.00       | Cheese Sauce Cup — \$0.50       |
| Flavored Water — \$1.00     | Foot Long Subs — \$3.00         |
| Specialty Pizza — \$2.25    |                                 |

<b>Breakfast Prices:</b>	<b>Lunch Prices:</b>
Student — \$1.35	Student — \$2.55
Reduced — \$0.30	Reduced — \$0.40
Adult — \$1.75	Adult — \$3.25

**Fat Free & Lo-fat Milk choice is served with each meal. Dairy Ease & Soy Milk are available upon request.**

	Monday	Tuesday	Wednesday	Thursday	Friday
	6	7	8	9	10
<b>Breakfast</b>	Biscuit Choice or Pancake on a Stick w/Syrup / Fruit / Juice	Biscuit Choice or Breakfast Burrito w/Salsa / Fruit / Juice	Biscuit Choice or Sunrise Breakfast Pizza / Fruit / Juice	Biscuit Choice or Cinnamon Roll / Fruit / Juice	Manager's Choice
<b>Mama's Kitchen</b>	Crispito (2) <b>Choose at least 1:</b> Garden Salad / Mexican Corn / Cheese Sauce & Chips / Cauliflower & Broccoli w/Dip / Tangerine / Mango Frozen Cup	Country Fried Steak w/Gravy & Roll <b>Choose at least 1:</b> Creamed Potatoes / Garden Salad / Steamed Broccoli w/ Cheese Sauce/ Glazed Carrots / Fresh Banana / Applesauce w/ Cherry Garnish	Chicken Stir Fry <b>Choose at least 1:</b> Vegetable Rice / Oven Fried Okra / Spinach Salad / Shoepeg Corn / Pear Salad / Fruit Cocktail	Breakfast Casserole <b>Choose at least 1:</b> Biscuit / Yoplait Yogurt Cup / Cheese Grits / Hash Brown Patties (2) / Peach Halves (2) w/Cottage Cheese / Grapes	Manager's Choice  Please see individual schools for the menu choices for today.
<b>Sandwich Line</b>	Chicken Filet Sandwich <b>Choose at least 1:</b> Lettuce, Tomato, Dill Slice / Garden Salad / Mexican Corn / Cheese Sauce & Chips / Cauliflower & Broccoli w/Dip / Tangerine / Mango Frozen Cup	Deli Sandwich (Ham, Turkey, Roast Beef) <b>Choose at least 1:</b> Baked Fries / Garden Salad / Steamed Broccoli w/Cheese Sauce / Glazed Carrots / Fresh Banana / Applesauce w/ Cherry Garnish	Corndog <b>Choose at least 1:</b> Sweet Tot Medley / Oven Fried Okra / Spinach Salad / Shoepeg Corn / Pear Salad / Fruit Cocktail	Hamburger <b>Choose at least 1:</b> Lettuce, Tomato, Dill Spear, Onion Slice / Baked Beans / Potato Salad / Green Beans / Peach Halves (2) w/Cottage Cheese / Grapes	
<b>Express Line</b>	Pepperoni Pizza Wedge <b>Choose at least 1:</b> Garden Salad / Mexican Corn / Cauliflower & Broccoli w/Dip / Cheese Sauce & Chips / Tangerine / Mango Frozen Cup	Tuna Wrap <b>Choose at least 1:</b> Baked Chips / Garden Salad / Steamed Broccoli w/Cheese Sauce / Glazed Carrots / Fresh Banana / Applesauce w/Cherry Garnish	Mozzarella Sticks w/Dip <b>Choose at least 1:</b> Oven Fried Okra / Spinach Salad / Shoepeg Corn / Pear Salad / Fruit Cocktail	Spicy Chicken Wrap <b>Choose at least 1:</b> Tortilla Chips w/Marinated Black Bean Salsa / Baked Beans / Potato Salad / Peach Halves (2) w/ Cottage Cheese / Grapes	
<b>Salad Line</b>	Caesar Salad Plate	Grilled Chicken Salad Plate	Caesar Salad Plate	Grilled Chicken Salad Plate	PBJ Sack Lunch

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# High School Menu

## March 13 - 17, 2017

**ALA CARTE SALES** (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

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|-----------------------------|---------------------------------|
| Extra Milk — \$0.50         | Extra Breakfast Entrée — \$1.25 |
| Extra Lunch Entrée — \$1.75 | All Extra Side Dishes — \$0.50  |
| Rice Krispie Treat — \$1.00 | Cookie (1) — \$0.50             |
| Soft Pretzel — \$1.00       | Cheese Sauce Cup — \$0.50       |
| Flavored Water — \$1.00     | Foot Long Subs — \$3.00         |
| Specialty Pizza — \$2.25    |                                 |

<b>Breakfast Prices:</b>	<b>Lunch Prices:</b>
Student — \$1.35	Student — \$2.55
Reduced — \$0.30	Reduced — \$0.40
Adult — \$1.75	Adult — \$3.25

**Fat Free & Lo-fat Milk choice is served with each meal. Dairy Ease & Soy Milk are available upon request.**

	Monday	Tuesday	Wednesday	Thursday	Friday
	13	14	15	16	17
<b>Breakfast</b>	Biscuit Choice or Pop Tart & Cereal / Fruit / Juice	Biscuit Choice or Pancake on a Stick / Fruit / Juice	Biscuit Choice or Breakfast Burrito / Fruit / Juice	Biscuit Choice or Maple Glazed Bread Stick / Fruit / Juice	Manager's Choice
<b>Mama's Kitchen</b>	Boneless Chicken Wing w/Roll <b>Choose at least 1:</b> Hash Brown Patties (2) / Fresh Veggies w/Dip / Fresh Fruit Salad / Mini Cinnis Dragon Fruit Juice	BBQ Pork on Bun <b>Choose at least 1:</b> Potato Salad / Cole Slaw / Corn on Cob / Rosey Pear Halves (2) / Fresh Grapes	Spaghetti w/Garlic Toast <b>Choose at least 1:</b> Garden Salad / Mixed Vegetables / Jello w/Fruit & Topping / Sliced Peaches	Taco Soup <b>Choose at least 1:</b> Tortilla Chips w/Cheese Sauce / Corn / Garden Salad / Apple & Orange Wedge Cup / Fruit & Yogurt Parfait w/Granola Topping	Manager's Choice  Please see individual schools for the menu choices for today.
<b>Sandwich Line</b>	Mini Chicken Biscuits (3) <b>Choose at Least 1:</b> Cheese Grits / Scrambled Eggs / Salsa Cup / Fresh Veggies w/Dip / Fresh Fruit Salad / Mini Cinnis Dragon Fruit Juice	Chili Dog <b>Choose at least 1:</b> Veggie Fries / Cole Slaw / Corn on Cob / Rosey Pear Halves (2) / Fresh Grapes	Hamburger <b>Choose at least 1:</b> Onion Rings / Dill Spear / Garden Salad / Mixed Vegetables / Jello w/Fruit & Topping / Sliced Peaches	Sloppy Jo <b>Choose at least 1:</b> Au Gratin Potatoes / Corn / Garden Salad / Apple & Orange Wedge Cup / Fruit & Yogurt Parfait w/Granola Topping	
<b>Express Line</b>	Ham & Cheese Deli Thins <b>Choose at Least 1:</b> Baked Chips / Fresh veggies w/Dip / Fresh Fruit Salad / Mini Cinnis Dragon Fruit Juice	BasilBoss Cheese Pizza <b>Choose at least 1:</b> Garden Salad / Cole Slaw / Corn on Cob / Rosey Pear Halves (2) / Fresh Grapes	Chicken Salad on Croissant <b>Choose at least 1:</b> Baked Chips / Garden Salad / Mixed Vegetables / Jello w/Fruit & Topping / Sliced Peaches	Wild Mike's Pepperoni Pizza <b>Choose at least 1:</b> Corn / Garden Salad / Apple & Orange Wedge Cup / Fruit & Yogurt Parfait w/Granola Topping	
<b>Salad Line</b>	Caesar Salad	Chef Salad	Caesar Salad	Chef Salad	PBJ Sack Lunch

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# High School Menu

## March 20 - 24, 2017

**ALA CARTE SALES** (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

Extra Milk — \$0.50	Extra Breakfast Entrée — \$1.25
Extra Lunch Entrée — \$1.75	All Extra Side Dishes — \$0.50
Rice Krispie Treat — \$1.00	Cookie (1) — \$0.50
Soft Pretzel — \$1.00	Cheese Sauce Cup — \$0.50
Flavored Water — \$1.00	Foot Long Subs — \$3.00
Specialty Pizza — \$2.25	

<b>Breakfast Prices:</b>	<b>Lunch Prices:</b>
Student — \$1.35	Student — \$2.55
Reduced — \$0.30	Reduced — \$0.40
Adult — \$1.75	Adult — \$3.25

**Fat Free & Lo-fat Milk choice is served with each meal. Dairy Ease & Soy Milk are available upon request.**

	Monday	Tuesday	Wednesday	Thursday	Friday
	20	21	22	23	24
<b>Breakfast</b>	Biscuit Choice or Blueberry Muffin / Fruit / Juice	Biscuit Choice or Peanut Butter & Jelly Bar / Fruit / Juice	Biscuit Choice or Breakfast Pizza / Fruit / Juice	Biscuit Choice or Mini Muffins w/ Cereal / Fruit / Juice	Manager's Choice
<b>Mama's Kitchen</b>	Chicken & Dumplings <b>Choose at least 1:</b> Tossed Salad / Peas & Carrots / California Blend / Pineapple Tidbits w/Kiwi Garnish / Tangerine / Chocolate Pudding w/ Topping	Mandarin Orange Chicken <b>Choose at least 1:</b> Veggie Chow Mein / Spring Roll / Steamed Broccoli w/Cheese / Honey Glazed Carrots / Peach Cup / Fresh Grapes	Chicken Noodle Soup w/Grilled Cheese & Saltines <b>Choose at least 1:</b> Corn / Veggies w/Dip / Garden Salad / Apple & Orange Wedges / Blenderless Smoothie	Meatloaf w/Roll <b>Choose at least 1:</b> Vegetable Rice / Steamed Broccoli w/Cheese / Fresh Veggies w/Dip / Glazed Carrot Coins / Juice Bar / Cherry Applesauce Cup / Banana Pudding	Manager's Choice  Please see individual schools for menu for today.
<b>Sandwich Line</b>	Double Cheeseburger <b>Choose at least 1:</b> Tossed Salad / Baked Fries / California Blend / Pineapple Tidbits w/Kiwi Garnish / Tangerine / Chocolate Pudding w/ Topping	Chicken Filet Sandwich <b>Choose at least 1:</b> Baked Tater Tot Medley / Lettuce, Tomato, Dill Slice / Steamed Broccoli w/Cheese / Honey Glazed Carrots / Peach Cup / Fresh Grapes / Fortune Cookie	Crispito (2) <b>Choose at least 1:</b> Corn / Veggies w/Dip / Garden Salad / Apple & Orange Wedges / Blenderless Smoothie	Hot Ham & Cheese <b>Choose at least 1:</b> Hash Brown Patties (2) / Steamed Broccoli w/Cheese / Fresh Veggies w/Dip / Glazed Carrot Coins / Juice Bar / Cherry Applesauce Cup / Banana Pudding	
<b>Express Line</b>	Home Made Beef Pizza <b>Choose at least 1:</b> Tossed Salad / Peas & Carrots / California Blend / Pineapple Tidbits w/Kiwi Garnish / Tangerine / Chocolate Pudding w/ Topping	Turkey Wrap <b>Choose at least 1:</b> Baked Sun Chips / Steamed Broccoli w/Cheese / Honey Glazed Carrots / Peach Cup / Fresh Grapes / Fortune Cookie	Pepperoni Pizza <b>Choose at least 1:</b> Corn / Veggies w/Dip / Garden Salad / Apple & Orange Wedges / Blenderless Smoothie	Turkey Club <b>Choose at least 1:</b> Pasta Salad / Steamed Broccoli w/ Cheese / Fresh Veggies w/Dip / Glazed Carrot Coins / Juice Bar / Cherry Applesauce Cup / Banana Pudding	
<b>Salad Line</b>	Tuna Salad Plate	Fruit & Yogurt Plate	Tuna Salad Plate	Fruit & Yogurt Salad Plate	PBJ Sack

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