

Dr. Kent McCrary  
Principal

# Battlefield Banner

Dr. Melissa  
Travillian  
Assistant Principal

*Every Child, Every Day, Without Exception*

**Our SCHOOL mission is working together to promote high levels of learning for all students.**

**Date: March 2019**

**Character Trait: Perseverance**

---

## From the Principal

Several students recently represented BES in a reading bowl. They competed in three online book competitions and placed 15th out of 71 teams. The students were Draven Allen, Sammi Carnes, Judah Fowler, Maci Higgins, Ruah Moon, Jacob Peterson, Ethan Purser and Sara Richbourg. Congratulations to these students and Mrs. Hill. TEAM BES!!

Fifth grade parents: We have confirmed 5th Grade Recognition for 5/23 at 9:00. This will take place at LFO's gym. This is a great ceremony to honor our 5th graders. We hope to see you there!

Coming up this month will be our APEX fun run. This is a great fundraiser for our school and the kids really enjoy the daily lessons and the fun run itself. We will kick off the fundraiser on 3/19. This year's APEX theme will be STRONG (Selfless, Trustworthy, Refueling, Overcome, Next Level, and Grateful). Our fun run will be 3/28 (rain makeup will be 3/29). We need volunteers on this day. If you can help, please contact Sara Peterson at [speterson.bat@catoosa.k12.ga.us](mailto:speterson.bat@catoosa.k12.ga.us) or (706) 866-9183.

The school year is quickly coming to an end. You can see important dates at the end of this newsletter or on our school website. If you missed our Milestones testing meeting, the presentation is also posted on our website.

## From the Guidance Counselor

This month in Classroom Guidance we will be learning about **SELF-REGULATION** and practice mind calming strategies. The students will work together to learn strategies they can use when they feel dysregulated. Those strategies include:

- Taking a mental vacation from whatever is bothering them
- Focusing on a happy memory
- Looking forward and picturing a positive outcome
- Using a calming mantra
- Making a gratitude list
- Labeling and communicating their feelings

Parent Resource for helping your child with self-regulation:

<https://nurtureandthriveblog.com/how-to-teach-your-child-self-regulation/>

Thank you parents and students for helping us with our service project during our month of kindness. It was a great success and over 1,400 items were collected thanks to your generosity. The 5th grade students will soon be delivering the collected items to The Chattanooga Rescue Mission to help the homeless. Mrs. Payne's class won first place for bringing in over 300 items.

Kelly Wolfe  
School Counselor

### From the Nurse

The Dental Bus will be back on March 20th. Permission forms were sent out in January. However, you can still sign your student up by visiting [www.MySchoolDentist.com](http://www.MySchoolDentist.com) or returning your form.

Sickness is definitely going around. Please review the school's policy on illnesses. ALWAYS practice good hand washing to help stay well!!

Also if your student has borrowed any clothing from the school, please wash and return these items. We have limited clothing to be able to share as students need things. Thank you so much!!

### From the Parent Coordinator

Parents should know that they may request a meeting at any time to get the information that they need. If you have questions regarding your child's education, please do not hesitate to ask. You can contact Sara Peterson at the school at any time for help with whatever issues you may have. I am here to help you!

The Family Resource Center (located within the Media Center) contains a lot of good information for parents on a number of different subjects; including homework help, discipline, ADHD, building self-esteem, responsibility, good study habits, and lots more! Books and games are available for parents to check out and all of the resources are absolutely free! There are also resources available for parents on our school website under the Title 1 tab on the left hand side of the page.

### Calendar of Events

Date	Activity	Date	Activity
3/12	LSGT @ 3:30	4/30	School Musical
3/20	Report Cards come home	5/3	PTO sponsored Glow Party 6 - 8
3/28	Track Meet at HMS @ 5:00	5/5	Teacher Appreciation Week
3/28	APEX Fun Run (	5/7	Talent Show @ 7:00.
4/1 - 4/5	Spring Break	5/9	5th Grade visits LMS and HMS
4/11	Track Meet at HHS @ 5:00	5/13	Field Day (Rain Day will be 5/14)
4/15	PTO @ 5:00	5/15	UTC Aquatic Center field trip for 100 point AR students
4/16	2nd grade parent orientation	5/17	5th Grade field trip to Lake Winnepesaukah
4/18	CHAMPS 5th grade Graduation @ 9:00 am	5/20 - 5/25	Georgia Milestones Retakes
4/18	Track Meet at LFO @ 5:00	5/23	5th Grade Recognition 9:00 am @ LFO gym
4/19	No School	5/24	Last Day of School
4/22 - 5/2	Georgia Milestones Testing		