








# October Lunch Menu



Elementary

MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
<p><b>CHOICE OF ONE ENTREE</b>            Chicken Patty on a bun            Hamburger or Cheeseburger on bun            1/2 Chef Salad w/Big Gogurt /Roll            Lett,Tom, Pickle Cup Mayo, Mustard            Oven Baked Fries w/ketchup            Baked Beans            Chilled Peach Slices</p>	<p><b>CHOICE OF ONE ENTREE</b>            Beefy Nachos/Cheese/Sour Cream            Sloppy Joe on a bun            Ham Sand Let/Tom/Pickle/Doritos            Lett,Tom, Pickle Cup Mayo, Mustard            Salsa            Pintos and Cheese            Creamy Cole Slaw            Apple Wedges</p>	<p><b>CHOICE OF ONE ENTREE</b>            Chicken Nuggets w/-Dipping Sauce            Pulled Pork Potato/Cheese/BBQ Sauce            1/2 Chef Salad w/Big Gogurt/ Dressing            Fresh Squash Medley            Glazed Carrots            Wheat Roll            Mandarin Oranges</p>	<p><b>CHOICE OF ONE ENTREE</b>            Penne Pasta Alfredo/ Roll            Fish Sticks w/Hush Puppies            Wow Butter Sandwich w/ Doritos            Seasoned Green Beans            Oven Baked Okra            Wheat Roll            Applesauce Cups</p>	<p><b>CHOICE OF ONE ENTREE</b>            Baked Cheese Sticks w/Marinara            Chicken Chili w/Cornbread            1/2 Chef Salad w/Big Gogurt/Cornbread            Broccoli w/Cheese            Fresh Baby Carrots w/ Ranch            Pineapple Tidbits            Juice Pop</p>
<p>MONDAY 8</p>  <p>FALL BREAK NO SCHOOL</p>	<p>TUESDAY 9</p>  <p>FALL BREAK NO SCHOOL</p>	<p>WEDNESDAY 10</p>  <p>FALL BREAK NO SCHOOL</p>	<p>THURSDAY 11</p> <p><b>***BREAKFAST FOR LUNCH***</b>            Chicken and Waffles w/Syrup            Sausage and Eggs            Seasoned Roasted Potatoes            Fresh Baby Carrots w/Ranch            Southern Style Biscuit and Gravy            Rosy Applesauce</p>	<p>FRIDAY 12</p> <p><b>CHOICE OF ONE ENTREE</b>            Baked Cheese Sticks w/Marinara            Spaghetti w/Meat Sauce WW Roll            Ham Sand Let/Tom/Pickle/Doritos            Seasoned Whole Kernel Corn            Broccoli w/Cheese            Chilled Pear Slices</p>
<p>MONDAY 15</p> <p><b>CHOICE OF ONE ENTREE</b>            Teriyaki Chicken/Rice/Fortune Cookie            Lasagna Roll Up            1/2 Chef Salad w/Big Gogurt/Cornbread            Glazed Carrots            Broccoli w/Cheese            Roll 2 oz.            Diced Peaches</p>	<p>TUESDAY 16</p> <p><b>CHOICE OF ONE ENTREE</b>            Popcorn Chicken Smackers/ Dipping Sauce            Marvelous Meatloaf            Ham Sand Let/Tom/Pickle/Doritos            Mustard, Mayo            Mashed Potatoes            Pinto Beans            2oz Roll            Rosy Applesauce</p>	<p>WEDNESDAY 17</p> <p><b>CHOICE OF ONE ENTREE</b>            Pulled Pork BBQ Sandwich            Chicken Tetrazzini w/Roll            1/2 Chef Salad w/Big Gogurt /Roll            Seasoned Green Beans            Creamy Cole Slaw            Fresh Apples            Frozen Juice Pop</p>	<p>THURSDAY 18</p> <p><b>***BREAKFAST FOR LUNCH***</b>            Chicken and Waffles w/Syrup            Sausage and Eggs            Seasoned Roasted Potatoes            Fresh Baby Carrots w/Ranch            Southern Style Biscuit and Gravy            Strawberries and Blueberries</p>	<p>FRIDAY 19</p> <p><b>CHOICE OF ONE ENTREE</b>            Pepperoni or Cheese Pizza            Baked Potato w/ Ham and Cheese/ Roll            Wow Butter Sandwich w/ Doritos            Seasoned Corn            Broccoli w/Cheese            Chilled Peach Slices</p>
<p>MONDAY 22</p> <p><b>CHOICE OF ONE ENTREE</b>            Chicken Patty on a bun            Hamburger or Cheeseburger on bun            1/2 Chef Salad w/Big Gogurt /Roll            Lett,Tom, Pickle Cup Mayo, Mustard            Oven Baked Fries w/ketchup            Baked Beans            Chilled Peach Slices</p>	<p>TUESDAY 23</p> <p><b>CHOICE OF ONE ENTREE</b>            Beefy Nachos/Cheese/Sour Cream            Sloppy Joe on a bun            Ham Sand Let/Tom/Pickle/Doritos            Lett,Tom, Pickle Cup Mayo, Mustard            Salsa            Pintos and Cheese            Creamy Cole Slaw            Apple Wedges</p>	<p>WEDNESDAY 24</p> <p><b>CHOICE OF ONE ENTREE</b>            Chicken Nuggets w/-Dipping Sauce            Pulled Pork Potato/Cheese/BBQ Sauce            1/2 Chef Salad w/Big Gogurt/ Dressing            Fresh Squash Medley            Glazed Carrots            Wheat Roll            Mandarin Oranges</p>	<p>THURSDAY 25</p> <p><b>CHOICE OF ONE ENTREE</b>            Penne Pasta Alfredo/ Roll            Fish Sticks w/Hush Puppies            Wow Butter Sandwich w/ Doritos            Seasoned Green Beans            Oven Baked Okra            Wheat Roll            Applesauce Cups</p>	<p>FRIDAY 26</p> <p><b>CHOICE OF ONE ENTREE</b>            Baked Cheese Sticks w/Marinara            Chicken Chili w/Cornbread            1/2 Chef Salad w/Big Gogurt/Cornbread            Broccoli w/Cheese            Fresh Baby Carrots w/ Ranch            Pineapple Tidbits            Juice Pop</p>
<p>MONDAY 29</p> <p><b>CHOICE OF ONE ENTRÉE</b>            Hamburger or Cheeseburger on bun            Hot Dog on a bun            Wow Butter Sandwich w/ Doritos            Lett,Tom, Pickle Cup Mayo, Mustard            Baked Beans            Oven Baked Fries w/ketchup            Strawberries and Blueberries</p>	<p>TUESDAY 30</p> <p><b>CHOICE OF ONE ENTRÉE</b>            Pulled Pork Nachos w/Cheese/Sour Cream            Bowl of Chili w/Toasted Cheese Sand.            Baked Potato w/Chili/Cheese            Sour Cream and Roll w/Potato            Fresh Squash Medley            Glazed Baby Carrots            Diced Pears</p>	<p>WEDNESDAY 31</p> <p><b>CHOICE OF ONE ENTRÉE</b>            Popcorn Chicken Smackers/Dipping            Breaded Steak and Gravy            1/2 Chef Salad w/Big Gogurt/ Dressing            Southern Style Biscuit            Mashed Potatoes            Seasoned Green Beans            Chilled Peach Slices            Chocolate Chin Cookie</p>	<p>Each day we will have additional fruit and juice choices. Also, a variety of milk will be offered everyday. If your student would prefer to drink water, fountains are either in the cafeteria or right outside and cups are available upon request.</p>   <p><b>***FREE - MealViewer-in your Favorite Abb. Store!***</b>  <b>***See your Child's Menu on your phone, tablet, or computer***</b></p>	