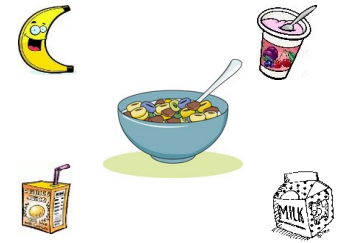


Breakfast

AUGUST 2017



Fuel your day with a healthy breakfast!



				THURSDAY 10	FRIDAY 11
				Breakfast Pizza OR Cinnamon Toast w/Oatmeal Choice of Cereal with Toast Jelly offered with Toast	Sausage or Chicken Biscuit w/gravy OR Sausage or Chicken Biscuit Fruit and Yogurt Parfait Choice of Cereal with Toast Jelly offered with Toast
MONDAY 14	TUESDAY 15	WEDNESDAY 16	THURSDAY 17	FRIDAY 18	
Pancake on a Stick with Syrup OR Fruit and Yogurt Parfait w/granola Choice of Cereal with Toast Jelly offered with Toast	Chicken Biscuit OR Cinnamon Toast and Yogurt Choice of Cereal with Toast Jelly offered with Toast	French Toast Sticks w/syrup OR Fruit and Yogurt Parfait w/granola Choice of Cereal with Toast Jelly offered with Toast	Scrambled Eggs w/toast OR Cinnamon Toast w/Oatmeal Choice of Cereal with Toast Jelly offered with Toast	Sausage or Chicken Biscuit w/gravy OR Sausage or Chicken Biscuit Fruit and Yogurt Parfait w/granola Choice of Cereal with Toast Jelly offered with Toast	
MONDAY 21	TUESDAY 22	WEDNESDAY 23	THURSDAY 24	FRIDAY 25	
Blueberry Pancake on a stick/syrup OR Fruit and Yogurt Parfait w/granola Choice of Cereal with Toast Jelly offered with Toast	Chicken Biscuit OR Cinnamon Toast and Yogurt Choice of Cereal with Toast Jelly offered with Toast	French Toast Sticks w/syrup OR Fruit and Yogurt Parfait w/granola Choice of Cereal with Toast Jelly offered with Toast	Breakfast Pizza OR Cinnamon Toast w/Oatmeal Choice of Cereal with Toast Jelly offered with Toast	Sausage or Chicken Biscuit w/gravy OR Sausage or Chicken Biscuit Fruit and Yogurt Parfait w/granola Choice of Cereal with Toast Jelly offered with Toast	
MONDAY 28	TUESDAY 29	WEDNESDAY 30	THURSDAY 31		
Blueberry Pancake on a stick/syrup OR Fruit and Yogurt Parfait w/granola Choice of Cereal with Toast Jelly offered with Toast	Chicken Biscuit OR Cinnamon Toast and Yogurt Choice of Cereal with Toast Jelly offered with Toast	French Toast Sticks w/syrup OR Fruit and Yogurt Parfait w/granola Choice of Cereal with Toast Jelly offered with Toast	Breakfast Pizza OR Cinnamon Toast w/Oatmeal Choice of Cereal with Toast Jelly offered with Toast		



Welcome Back!



Each day we will have additional fruit and juice choices. Also, a variety of milk will be offered everyday. If your student would prefer to drink water...fountains are either in the cafeteria or right outside and we will have cups available for those who need one.



			THURSDAY 10	FRIDAY 11
			CHOICE OF ONE ENTRÉE 2 Crunchy Tacos w/Cheese BBQ Pulled Pork Potato w/Cheese Shredded Lettuce, Salsa/Sour Cream Pintos w/Cheese Carrot Coins w/ Ranch Chilled Sliced Peaches Cornbread Taco or BBQ Sauce	CHOICE OF ONE ENTRÉE Stuffed Crust Cheese or Pepp Pizza Pasta Italiano w/ Roll 2 oz. Fresh Squash Medley w/Onions Seasoned Corn Mixed Fruit Blueberry Crisp
MONDAY 14	TUESDAY 15	WEDNESDAY 16	THURSDAY 17	FRIDAY 18
CHOICE OF ONE ENTRÉE Chicken Nuggets-Dipping Sauce Breaded Steak and Gravy Southern Style Biscuit Mashed Potatoes Broccoli w/Cheese Peach Cup	CHOICE OF ONE ENTRÉE Teriyaki Chicken w/Rice/Fortune Cookie Penne Pasta Alfredo Glazed Carrots Garden Salad/Choice of Dressing Wheat Roll 2 oz. Rosy Applesauce	CHOICE OF ONE ENTRÉE Cheese Calzone w/ Marinara Sauce Lasagna w/ Wheat Roll 2 oz. Seasoned Green Beans Fresh Sliced Cucumbers w/Ranch Dip Sliced Pears Chocolate Chip Cookie	CHOICE OF ONE ENTRÉE Chicken Patty on Wheat Bun Hamburger or Cheeseburger w/Bun Lettuce, Tomato , Pickle cups Baked Beans - Cond. Mayo, Mustard Oven Baked French Fries Pineapple Tidbits Ketchup	CHOICE OF ONE ENTRÉE Baked Cheese Sticks w/Marinara Pasta Italiano w/ Wheat Roll 2 oz. Chef Salad/Ham/Cheese/Dressing Carrot Coins w/Ranch Seasoned Corn Mixed Fruit
MONDAY 21	TUESDAY 22	WEDNESDAY 23	THURSDAY 24	FRIDAY 25
CHOICE OF ONE ENTRÉE Hamburger or Cheeseburger w/ Bun Breaded Chicken Sandwich Baked Potato/Chili/Cheese Roll 2 oz. Lettuce/ Tomato /Pickle Cup Oven Fries - Ketchup Baked Beans - Cond -Mayo, Mustard, Sliced Peaches Ketchup	CHOICE OF ONE ENTRÉE Popcorn Chicken - Dipping Sauce Meatloaf 1/2 Chef Salad w/Yogurt Mashed Potatoes Broccoli w/Cheese Wheat Roll 2oz. Pineapple Tidbits	CHOICE OF ONE ENTRÉE Teriyaki Chicken/Asian Rice Fish Stks/Hush Pups/Tarter/Ketchup Bkd Potato/Ham/Cheese/Sour Crm Carrot Coins - Ranch Dressing Seasoned Pinto Beans Southern Style Cornbread Mixed Fruit	CHOICE OF ONE ENTRÉE Hot Dog/Bun/Chili BBQ Pulled Pork on Bun 1/2 Chef Salad w/Yogurt w/ Wheat Roll 2 oz Oven Baked Tater Tots Creamy Cole Slaw Sliced Pears Mustard, Ketchup	CHOICE OF ONE ENTRÉE Pepperoni/Cheese/Pizza Wedges Penne Pasta Alfredo w/ Roll 2 oz. Wow Butter Sandwich w/Doritos Glazed Carrots Garden Salad w/Dressing Rosy Applesauce
MONDAY 28	TUESDAY 29	WEDNESDAY 30	THURSDAY 31	
CHOICE OF ONE ENTRÉE Chicken Nuggets - Dipping Sauces Pasta Italiano Baked Potato w/ Chili and Cheese Wheat Roll 2 oz. Seasoned Green Beans Glazed Carrots Peach Cup	CHOICE OF ONE ENTRÉE Popcorn Shrimp w/Hushpuppies Sloppy Joe on Bun 1/2 Chef Salad w/Yogurt w/Roll 2 oz. Oven Baked Fries Creamy Cole Slaw Ketchup Pineapple Tidbits	CHOICE OF ONE ENTRÉE Cheese Calzone with Marinara Sauce Chicken Tetrzzini Bkd Potato/Ham/Cheese/Sour Crm Fresh Sliced Cucumbers w/Ranch Dip Seasoned Corn Fresh Baked Wheat Rolls 2 oz. Rosy Applesauce	CHOICE OF ONE ENTRÉE 2 Crunchy Tacos w/Cheese BBQ Pulled Pork Potato w/Cheese Shredded Lettuce, Salsa/Sour Cream Pintos w/Cheese Carrot Coins w/ Ranch Chilled Sliced Peaches Cornbread Taco or BBQ Sauce	