



NOVEMBER BREAKFAST MENU

MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
Choose 1 Pancakes w/syrup Cereal w/ Toast Oatmeal w/ Toast Yogurt or String Cheese w/ toast Choice of Fruit and Juice Choice of Milk	Choose 1 Chicken Patty on Biscuit Cheese Toast Cereal w/ Toast Cereal w/Toast and Jelly Yogurt or String Cheese w/ toast Choice of Fruit and Juice Choice of Milk	Choose 1 French Toast Sticks w/syrup Cereal w/Toast Oatmeal w/ Toast Cereal or Oatmeal w/Cinnamon Toast Yogurt or String Cheese w/ toast Choice of Fruit and Juice Choice of Milk	Choose 1 Scrambled Eggs w/toast Cereal w/Toast Oatmeal w/ Toast Cereal w/ Toast and Jelly Yogurt or String Cheese w/ toast Choice of Fruit and Juice Choice of Milk	Choose 1 Sausage Patty w/ biscuit and gravy Sausage biscuit Cereal w/Toast Yogurt or String Cheese w/ toast Choice of Fruit and Juice Choice of Milk
MONDAY 10 Choose 1 Waffles w/syrup Cereal w/ Toast Oatmeal w/ Toast Yogurt or String Cheese w/ toast Choice of Fruit and Juice Choice of Milk	TUESDAY 11 Choose 1 Chicken Patty on Biscuit Cheese Toast Cereal w/ Toast Cereal w/Toast and Jelly Yogurt or String Cheese w/ toast Choice of Fruit and Juice Choice of Milk	WEDNESDAY 12 Choose 1 Pancake and Sausage on a Stick Cereal w/Toast Oatmeal w/ Toast Cereal or Oatmeal w/Cinnamon Toast Yogurt or String Cheese w/ toast Choice of Fruit and Juice Choice of Milk	THURSDAY 13 Choose 1 Scrambled Eggs w/toast Cereal w/Toast Oatmeal w/ Toast Cereal w/ Toast and Jelly Yogurt or String Cheese w/ toast Choice of Fruit and Juice Choice of Milk	FRIDAY 14 Choose 1 Sausage Patty w/ biscuit and gravy Sausage biscuit Cereal w/Toast Yogurt or String Cheese w/ toast Choice of Fruit and Juice Choice of Milk
MONDAY 17 Choose 1 Pancakes w/syrup Cereal w/ Toast Oatmeal w/ Toast Yogurt or String Cheese w/ toast Choice of Fruit and Juice Choice of Milk	TUESDAY 18 Choose 1 Chicken Patty on Biscuit Cheese Toast Cereal w/ Toast Cereal w/Toast and Jelly Yogurt or String Cheese w/ toast Choice of Fruit and Juice Choice of Milk	WEDNESDAY 19 Choose 1 French Toast Sticks w/syrup Cereal w/Toast Oatmeal w/ Toast Cereal or Oatmeal w/Cinnamon Toast Yogurt or String Cheese w/ toast Choice of Fruit and Juice Choice of Milk	THURSDAY 20 Choose 1 Scrambled Eggs w/toast Cereal w/Toast Oatmeal w/ Toast Cereal w/ Toast and Jelly Yogurt or String Cheese w/ toast Choice of Fruit and Juice Choice of Milk	FRIDAY 21 Choose 1 Sausage Patty w/ biscuit and gravy Sausage biscuit Cereal w/Toast Yogurt or String Cheese w/ toast Choice of Fruit and Juice Choice of Milk
Monday	Tuesday	Wednesday	Thursday	Friday
				
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Choice of Fruit and Juice Choice of Milk	Choice of Fruit and Juice Choice of Milk	Choice of Fruit and Juice Choice of Milk		