



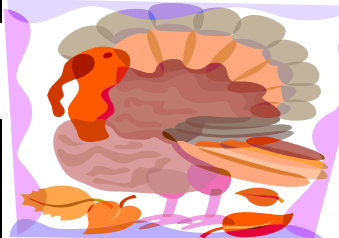


# NOVEMBER LUNCH MENU

MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
<p style="text-align: center;"><i>Choice of One Entrée</i></p> <p><b>Hamburger one WW Bun</b>  <b>Chicken Patty on WW Bun</b>                      Mayo/Mustard/Ketchup                      Lettuce and Tomato Cup                      Oven Baked Tater Tots                      Baked Beans                      Applesauce                      Juice  <b>Choice of Milk</b></p>	<p style="text-align: center;"><i>Choice of One Entrée</i></p> <p><b>Veg. Beef Soup w/cheese toast</b>  <b>Ham and Cheese on WW bun</b>                      Mayo/Mustard/Ketchup                      Cucumber Dippers w/ranch                      Leafy Green Salad                      Mandarin Oranges                      Fresh Pears  <b>Choice of Milk</b></p>	<p style="text-align: center;"><i>Choice of One Entrée</i></p> <p><b>Nachos w/Queso Cheese</b>  <b>Soft Tacos</b>                      Shredded Lettuce                      Carrot Dippers                      Pintos and Cheese                      Chilled Peaches                      Bananas  <b>Choice of Milk</b></p>	<p style="text-align: center;"><i>Choice of One Entrée</i></p> <p><b>Chicken Tenders w/sauce</b>  <b>Pasta Italiano</b>                      Whole Wheat Roll 1oz                      Leafy Green Salad                      Steamed Broccoli w/cheese                      Chilled Pears                      Tangerines  <b>Choice of Milk</b></p> 	<p style="text-align: center;"><i>Choice of One Entrée</i></p> <p><b>Hot Dog w/Chili w/condiments</b>  <b>Sloppy Joe</b>                      Oven Baked Fries                      Creamy Cole Slaw                      Mixed Fruit                      Apple Wedges                      WGR Choc. Chip Cookies  <b>Choice of Milk</b></p>
MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14
<p style="text-align: center;"><i>Choice of One Entrée</i></p> <p><b>Hamburger one WW Bun</b>  <b>Mini Chicken Sandwiches (2)</b>                      Mayo/Mustard/Ketchup                      Lettuce and Tomato Cup                      Oven Baked Tater Tots                      Baked Beans                      Applesauce                      Juice  <b>Choice of Milk</b></p> 	<p style="text-align: center;"><i>Choice of One Entrée</i></p> <p><b>Chicken Nuggets w/ sauce</b>  <b>Spaghetti with Meat Sauce</b>  <b>Wheat Rolls 1oz</b>                      Green Beans                      Leafy Green Salad                      Mandarin Oranges                      Fresh Pears  <b>Choice of Milk</b></p>	<p style="text-align: center;"><i>Choice of One Entrée</i></p> <p><b>Nachos w/Queso Cheese</b>  <b>Chicken Fajitas</b>                      Shredded Lettuce/Diced Tom                      Seasoned Corn                      Chilled Peaches                      Bananas                      WGR Choc. Chip Cookies  <b>Choice of Milk</b></p>	<p style="text-align: center;"><i>Choice of One Entrée</i></p> <p><b>Country Steak and Gravy</b>  <b>Oven Roasted Chicken</b>  <b>Whole Wheat Roll 2.2oz</b>                      Creamed Potato                      Steamed Broccoli                      Chilled Pears                      Tangerines  <b>Choice of Milk</b></p>	<p style="text-align: center;"><i>Choice of One Entrée</i></p> <p><b>Pepperoni Pizza</b>  <b>Ham and Cheese on a WW bun</b>  <b>Lettuce and Tomato Cup</b>                      Carrot Coins                      Oven Baked Fries                      Mixed Fruit                      Apple Wedges  <b>Choice of Milk</b></p>
MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY 21
<p style="text-align: center;"><i>Choice of One Entrée</i></p> <p><b>Chicken Tenders</b>  <b>Fish Nuggets</b>                      Wheat Rolls 2.2oz                      Dipping Sauce                      Macaroni and Cheese                      Carrot Dippers                      Steamed Squash and Onion  <b>Choice of Milk</b></p>	<p style="text-align: center;"><i>Choice of One Entrée</i></p> <p><b>Veg. Beef Soup w/ string cheese</b>  <b>Ham and Cheese Quiche</b>                      Steamed Broccoli w/cheese                      Pinto Beans                      Wheat Roll 2.2oz                      Mandarin Oranges                      Fresh Pears  <b>Choice of Milk</b></p>	<p style="text-align: center;"><i>Choice of One Entrée</i></p> <p><b>Nachos w/Queso Cheese</b>  <b>Soft Tacos</b>                      Leafy Green Salad                      Seasoned Corn                      Chilled Peaches                      Bananas                      WGR Choc. Chip Cookie  <b>Choice of Milk</b></p>	<p style="text-align: center;"><i>Choice of One Entrée</i></p> <p><b>Mini Chicken Sandwiches (2)</b>  <b>Ham and Cheese on WW bun</b>                      Lettuce and Tomato Cup                      Baked Tater Tots                      Oven Fried Okra                      Chilled Pears                      Tangerines  <b>Choice of Milk</b></p>	<p style="text-align: center;"><i>Choice of One Entrée</i></p> <p><b>Chicken Nuggets w/dip sauce</b>  <b>Turkey and Gravy</b>                      WW Rolls 2.2oz                      Creamed Potato                      Glazed Carrots                      Green Beans                      Peach Cup      Cranberry sauce                      Baked Spiced Apple Slices  <b>Choice of Milk</b></p>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;"><i>Choice of One Entrée</i></p> <p><b>Choice of Milk</b></p>	<p style="text-align: center;"><i>Choice of One Entrée</i></p> <p><b>Choice of Milk</b></p>	<p style="text-align: center;"><i>Choice of One Entrée</i></p> <p><b>Choice of Milk</b></p>	