NOVEMBER LUNCH MENU Tlementary THORSDAY 5 FRIDAY A MONDAY 2 TUESDAY : Choice of the Entr Oxoice of One Entres Choice of the Entré Choice of One Fatrice Choice of Rox Entry Nachos w/Queso and Salsa Breaded Chicken Sand, Condiments Peoperoni and Cheese Pizza Chicken Nuggets-Dipping Sauce Chili Cheese Fries Fish Nuggets w/ketchup Crunchy Corn Dog - Condiments Baked Potato w/cheese/Hom Zoz W roll Meat Loaf Chicken Alfredo Yogurt/String Clise w/Gold Fish Crackers WOW Butter Sandwich w/RF Doritos Yogurt/String Chse w/Gold Fish Crockers WOW Butter Sandwich w/RF Daritas Baked Pretzel w/cheese dip 2 oz. Wheat Roll Shredded Lettuce/Tomatoes Green Reone Second Corn Corn Groad Crispy Baked Tater Tots/Ketchup Cucumbers w/Ranch dia Glazed Corrots Pinto Beons Green Leafy Salad w/dressing Oronge Wedges Creamy Cole Slow Chilled Pears Steamed Broccoli w/ cheese Green Beans Pineapple Tidbits Mixed Fruit Sliced Peaches Applesouce Pineopple Tidbits Mandarin Oranaes Chilled Applesouce Acole Wedges Cornbread Chocolote Chip Cookie Choice of Juice Choice of Milk Choice of Milk Choice of Milk Choice of Milk Choice of Mill MONDAY S TUESDAY 10 FRIDAY 13 WEDNESDAY 11 THURSDAY Canica: of Can Entré Choice of One Intree noice of the Entrée ing of these Sectories Octice of the Intrie Hamburger w/cheese (cheese optional) Chicken Nuggets W/dipping souce Hotdog/Chili/Bun-Ketchup/Mustard Walking Toco ***NEW*** Cheese Sticks/Marinara Sauce Baked Pasta Italiano - 2 az. W Roll Chicken Patty on bun w/condiments Breaded Steak and Gravy Chicken Tetrazzini w/2 oz. wheat roll Crispy Fish/Bun/Ketchup/Tarter Souce Yagurt/String Chse w/Gold Fish Crackers WOW Butter Sandwich w/RF Daritas Yogurt/String Chse w/Gold Fish Crockers WOW Butter Sandwich w/RF Daritos Baked Pretzel w/cheese dip Lettuce/Tomotoes/Pickle Slices Southern Style Biscuit Shredded Lettuce/Solsn Gorden Solad/Choice of Dressing Baked Seans Creamy Potatoes Creamy Cole Slow Seasoned Pinto beans Green Beans Oven Boked Fries Broccoli with Cheese Sweet Potato Tots Glazed Carrots Seasoned Corn Applesauce and Sliced Pears Chilled Applescuce **Pineopole Tidbits** Chilled Peoches Minad Privit Peaches Apple Wedges Mandarin Oranaes Sugar Cookie Orange Wedges Choice of Juice - Juice Pop Choice of Juice Choice of Juice Choice of Juice Choice of Juice Choice of Milk MONDAY 16 TUESDAY 17 WEDNESDAY 18 THURSDAY 19 FRIDAY 20 Chairs of One Satrie Choice »/ One Entrée Choice of the Entres Choice of One Latrée Choice of the Entrée Breaded Chicken Sand, Condiments Terivaki Chk-Rice Bowl w/Fortune Cookie Chili Cheese Burrito Vegetable Beef Soup w/cheese toast Chicken and Dressing Supreme Crunchy Corn Dog - Condiments Crunchy Fish Nuggets w/Hush Puppies Penne Posto Alfredo w/ coll 2 oz. Hom and Cheese Quiche w/2oz. roll Chicken Nuggets-Dipping Souce Yogurt/String Chse w/Gold Fish Crackers WOW Butter Sandwich w/RF Doritos WOW Butter Sandwich w/RF Daritas Yagurt/String Chse w/Gold Fish Crackers Boked Pretzel w/cheese dia Shredded Lettuce/Tomatoes Oriental Style Vegetables Garden Salad/Choice of Dressina Creamy Mashed Potatoes Broccoli Dippers Crispy Baked Tater Tots Ketchup Secsoned Corn Glazed Corrots Sawash and Onions Seasoned Green Beans Presh Ronana Sweet Potato Tots Creamy Cale Slow 2 oz. Roli 2 oz. Roll Pineapple Tidbits Mandarin Oranges Chilled Mixed Fruit Mixed Fruit Pineapple Tidbits Apple Wedges Chilled Pear Slices Chilled Penches Apple Wedges Choice of Juice-Chocolate Chip Cookie Choice of Juice Choice of Juice-Chacolate Chip Cookie Choice of Juice Chaice of Juice Choice of Milk Choice of Milk Choice of Milk Choice of Milk Choice of Milk



HAPPY THANKSGIVING



ERIDAY

Quie of the Sarte Hamburger w/cheese (cheese optional) Chicken Patty on bur w/condiments Yogurt/String Chese w/Gold Fish Crackers Lettuce/Tomatoes/Pickle Slices Baked Beans Oven Baked Fries Chilled Applesauce Peaches Choice of Juice – Juice Pop Choice of Milk

MONDAY 30



TUESDAY

DID YOU KNOW? Frozen vegetables contain as many nutrients as fresh ones. In fact, they may even have more. Vegetables are frozen at the peak of their ripeness, which also happens to be when they're richest in nutrients. Keep a variety of frozen vegetables on hand so you'll have them available to serve with meals or to add to soups or casseroles.

THURSDAY

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WEDNESDAY