

October Lunch Menu

Elementary

MONDAY	TUESDAY	WEDNESDAY 1	THURSDAY 2	FRIDAY 3
		<i>Choice of One Entrée</i> Baked Cheese Stick w/Marinara Fish Nuggets w/ wheat roll Ketchup Green beans Seasoned Corn Applesauce Banana Choice of Milk	<i>Choice of One Entrée</i> Chicken Nuggets w/dipping sauce Cntry Style Steak w/gravy Creamed Potatoes Steamed Broccoli Mandarin Oranges Apple Wedges Wheat Roll 1 oz. Choice of Milk	<i>Choice of One Entrée</i> Pepperoni Pizza Ham and Cheese WW bun Lettuce and Tomato Cup Carrot Coins Oven Baked Fries Oranges Wedges Mixed Fruit Choice of Milk
MONDAY 6	TUESDAY 7	WEDNESDAY 8	THURSDAY 9	FRIDAY 10
<i>Choice of One Entrée</i> Baked Cheese Stick w/Marinara Fish Nuggets w/ wheat roll Oven baked tater tots w/ ketchup Carrot Dippers Apple Wedges Pineapple Tidbits Juice Pop Choice of Milk	<i>Choice of One Entrée</i> Chicken Nuggets Steak Finger w/gravy Creamed Potatoes Green Beans Wheat Roll 1oz Applesauce Mandarin Oranges Choice of Milk	<i>Choice of One Entrée</i> Nachos with Queso Cheese Mexican Pizza Quesadilla Leafy Green Salad Seasoned Corn Chilled Peach Slices Fresh banana Choice of Milk	<i>Choice of One Entrée</i> Chicken Tenders Meat Loaf Macaroni and Cheese Broccoli dippers Pinto Beans Apple Wedges and Sliced Pears Whole Grain Roll 1 oz. Choice of Milk	<i>Choice of One Entrée</i> Cheese Pizza Ham/Chse Quichew/Wheat Roll Glazed Carrots Steamed Squash w/Onions Mixed Fruit Orange Wedges WGR Chocolate Chip Cookie Choice of Milk
MONDAY 13	TUESDAY 14	WEDNESDAY 15	THURSDAY 16	FRIDAY 17
		<i>Choice of One Entrée</i> Taco salad w/cheese and chips Mexican Pizza Quesadilla Shredded Lettuce Carrot Dippers Pintos and Cheese Chilled Peach Slices Fresh banana Choice of Milk	<i>Choice of One Entrée</i> Hot Dog w/Chili w/ mustard/ketchup Sloppy Joe Oven Baked Fries Creamy Cole Slaw Chilled Sliced Pears Apple Wedges WGR Chocolate Chip Cookie Choice of Milk	<i>Choice of One Entrée</i> Chicken Tenders w/dipping sauce Chef JT's Pasta Italiano Leafy Green Salad w/ dressing Steamed Broccoli w/cheese Whole Wheat Roll 1 oz. Pineapple Tidbits Orange Wedges Choice of Milk
MONDAY 20	TUESDAY 21	WEDNESDAY 22	THURSDAY 23	FRIDAY 24
<i>Choice of One Entrée</i> Hamburger on a Wheat Bun Crunchy Fish Sandwich Mayo/Mustard/Ketchup/tarter sauce Lettuce and Tomato cup Oven baked tater tots w/ ketchup Baked Beans Chilled Peach Slices Apple Wedges Choice of Milk	<i>Choice of One Entrée</i> Hot Dog w/chili Chicken Tetrazini with a 1 oz. Wheat Roll Creamy Cole Slaw Glazed Carrots Applesauce Pineapple Chunks WGR Chocolate Chip Cookie Choice of Milk	<i>Choice of One Entrée</i> Chicken Nuggets w/dipping sauce w/ 1 oz. Wheat roll Baked Cheese Stick w/Marinara Green beans Seasoned Corn Pear slices Banana Juice Pop Choice of Milk	<i>Choice of One Entrée</i> Cntry Style Steak w/gravy Oven Roasted Chicken Creamed Potatoes Steamed Broccoli Mandarin Oranges Apple Wedges Wheat Roll 2.2 oz. Choice of Milk	<i>Choice of One Entrée</i> Pepperoni Pizza Ham and Cheese WW bun Lettuce and Tomato Cup Carrot Coins Oven Baked Fries Oranges Wedges Mixed Fruit Choice of Milk
MONDAY 27	TUESDAY 28	WEDNESDAY 29	THURSDAY 30	FRIDAY 31
<i>Choice of One Entrée</i> Baked Cheese Stick w/Marinara Fish Nuggets w/ 2.2 oz wheat roll Oven baked tater tots w/ ketchup Carrot Dippers Apple Wedges Pineapple Tidbits Juice Pop Choice of Milk	<i>Choice of One Entrée</i> Chicken Nuggets w/ sauce Steak Finger w/gravy Creamed Potatoes Green Beans Wheat Roll 2.2 oz Applesauce Mandarin Oranges Wheat Roll 1oz Choice of Milk	<i>Choice of One Entrée</i> Nachos with Queso Cheese Mexican Pizza Quesadilla Leafy Green Salad Seasoned Corn Chilled Peach Slices Fresh banana WGR Chocolate Chip Cookie Choice of Milk	<i>Choice of One Entrée</i> Chicken Tenders Meat Loaf Macaroni and Cheese Broccoli dippers Pinto Beans Apple Wedges Sliced Pears Whole Grain Roll 2.2 oz. Choice of Milk	<i>Choice of One Entrée</i> Cheese Pizza Ham and Cheese Quiche w/ 1 oz. Wheat roll Glazed Carrots Steamed Squash w/Onions Mixed Fruit Orange Wedges Choice of Milk 