


SEPTEMBER BREAKFAST MENU

Elementary

MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
 LABOR DAY NO SCHOOL	Choose 1 Chicken Patty on Biscuit Cheese Wheel w/Cereal Cereal w/ Toast Cereal w/Toast and Jelly Yogurt or String Cheese w/ toast Choice of Fruit and Juice Your choice of Milk	Choose 1 French Toast Sticks Cereal w/Toast Oatmeal w/ Toast Cereal or Oatmeal w/Cinnamon Toast Yogurt or String Cheese w/ toast Choice of Fruit and Juice Your choice of Milk	Choose 1 Sunshine Muffin (Ham and Egg on English Muffin) Cereal w/Toast Cereal w/ Toast and Jelly Yogurt or String Cheese w/ toast Choice of Fruit and Juice Your choice of Milk	Choose 1 Sausage Patty w/ biscuit and gravy Sausage biscuit Cereal w/Toast Yogurt or String Cheese w/ toast Choice of Fruit and Juice Your choice of Milk
MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
Choose 1 Waffles Oatmeal or Cereal w/Toast Cereal or Oatmeal w/Cinnamon Toast Yogurt or String Cheese w/ toast Choice of Fruit and Juice Your choice of Milk	Choose 1 Chicken Patty on Biscuit Cheese Wheel w/Cereal Cereal w/ Toast Cereal w/Toast and Jelly Yogurt or String Cheese w/ toast Choice of Fruit and Juice Your choice of Milk	Choose 1 Pancake and Sausage on a Stick Cereal w/Toast Oatmeal w/ Toast Cereal or Oatmeal w/Cinnamon Toast Yogurt or String Cheese w/ toast Choice of Fruit and Juice Your choice of Milk	Choose 1 Sunshine Muffin (Ham and Egg on English Muffin) Cereal w/Toast Cereal w/ Toast and Jelly Yogurt or String Cheese w/ toast Choice of Fruit and Juice Your choice of Milk	Choose 1 Sausage Patty w/ biscuit and gravy Sausage biscuit Cereal w/Toast Yogurt or String Cheese w/ toast Choice of Fruit and Juice Your choice of Milk
MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
Choose 1 Pancakes Cereal w/ Toast Oatmeal w/ Toast Yogurt or String Cheese w/ toast Choice of Fruit and Juice Your choice of Milk	Choose 1 Chicken Patty on Biscuit Cheese Toast Cereal w/ Toast Cereal w/Toast and Jelly Yogurt or String Cheese w/ toast Choice of Fruit and Juice Your choice of Milk	Choose 1 French Toast Sticks Cereal w/Toast Oatmeal w/ Toast Cereal or Oatmeal w/Cinnamon Toast Yogurt or String Cheese w/ toast Choice of Fruit and Juice Your choice of Milk	Choose 1 Sunshine Muffin (Ham and Egg on English Muffin) Cereal w/Toast Cereal w/ Toast and Jelly Yogurt or String Cheese w/ toast Choice of Fruit and Juice Your choice of Milk	Choose 1 Sausage Patty w/ biscuit and gravy Sausage biscuit Cereal w/Toast Yogurt or String Cheese w/ toast Choice of Fruit and Juice Your choice of Milk
MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
Choose 1 Waffles Oatmeal or Cereal w/Toast Cereal or Oatmeal w/Cinnamon Toast Yogurt or String Cheese w/ toast Choice of Fruit and Juice Your choice of Milk	Choose 1 Chicken Patty on Biscuit Cheese Wheel w/Cereal Cereal w/ Toast Cereal w/Toast and Jelly Yogurt or String Cheese w/ toast Choice of Fruit and Juice Your choice of Milk	Choose 1 Pancake and Sausage on a Stick Cereal w/Toast Oatmeal w/ Toast Cereal or Oatmeal w/Cinnamon Toast Yogurt or String Cheese w/ toast Choice of Fruit and Juice Your choice of Milk	Choose 1 Sunshine Muffin (Ham and Egg on English Muffin) Cereal w/Toast Cereal w/ Toast and Jelly Yogurt or String Cheese w/ toast Choice of Fruit and Juice Your choice of Milk	Choose 1 Sausage Patty w/ biscuit and gravy Sausage biscuit Cereal w/Toast Yogurt or String Cheese w/ toast Choice of Fruit and Juice Your choice of Milk
MONDAY 29	TUESDAY 30			
Choose 1 Pancakes Cereal w/ Toast Oatmeal w/ Toast Yogurt or String Cheese w/ toast Choice of Fruit and Juice Your choice of Milk	Choose 1 Chicken Patty on Biscuit Cheese Toast Cereal w/ Toast Cereal w/Toast and Jelly Yogurt or String Cheese w/ toast Choice of Fruit and Juice Your choice of Milk			

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