

## October Lunch Menu



## Elementary

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MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
CHOICE OF ONE ENTREE	CHOICE OF ONE ENTREE	CHOICE OF ONE ENTREE	CHOICE OF ONE ENTREE	CHOICE OF ONE ENTREE
Chicken Patty on a bun Hamburger or Cheeseburger on bun	Beefy Nachos/Cheese/Sour Cream Sloppy Joe on a bun	Chicken Nuggets w/-Dipping Sauce Pulled Pork Potato/Cheese/BBQ Sauce	Penne Pasta Alfredo/ Roll Fish Sticks w/Hush Puppies	Baked Cheese Sticks w/Marinara Chicken Chili w/Cornbread
1/2 Chef Salad w/Big Gogurt /Roll	Ham Sand Let/Tom/Pickle/Doritos	1/2 Chef Salad w/Big Gogurt/ Dressing	Wow Butter Sandwich w/ Doritos	1/2 Chef Salad w/Big Gogurt/Cornbread
Lett, Tom, Pickle Cup Mayo, Mustard	Lett, Tom, Pickle Cup Mayo, Mustard	Fresh Squash Medley	Seasoned Green Beans	Broccoli w/Cheese
Oven Baked Fries w/ketchup	Salsa	Glazed Carrots	Oven Baked Okra	Fresh Baby Carrots w/ Ranch
Baked Beans	Pintos and Cheese	Wheat Roll	Wheat Roll	Pineapple Tidbits
Chilled Peach Slices	Creamy Cole Slaw	Mandarin Oranges	Applesauce Cups	Juice Pop
	Apple Wedges			
MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
and the second		1	***BREAKFAST FOR LUNCH***	CHOICE OF ONE ENTREE
			Chicken and Waffles w/Syrup	Baked Cheese Sticks w/Marinara
			Sausage and Eggs	Spaghetti w/Meat Sauce WW Roll
			Seasoned Roasted Potatoes Fresh Baby Carrots w/Ranch	Ham Sand Let/Tom/Pickle/Doritos Seasoned Whole Kernel Corn
The state of the s	The state of the s		Southern Style Biscuit and Gravy	Broccoli w/Cheese
			Rosy Applesauce	Chilled Pear Slices
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FALL BREAK NO SCHOOL	FALL BREAK NO SCHOOL	FALL BREAK NO SCHOOL		
MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
CHOICE OF ONE ENTREE	CHOICE OF ONE ENTREE	CHOICE OF ONE ENTREE	***BREAKFAST FOR LUNCH***	CHOICE OF ONE ENTREE
Teriyaki Chicken/Rice/Fortune Cookie Lasagna Roll Up	Popcorn Chicken Smackers/ Dipping Sauce Marvelous Meatloaf	Chicken Tetrazzini w/Roll	Chicken and Waffles w/Syrup Sausage and Eggs	Pepperoni or Cheese Pizza Baked Potato w/ Ham and Cheese/ Roll
Lasagna Koli Up 1/2 Chef Salad w/Big Gogurt/Cornbread		1/2 Chef Salad w/Big Gogurt /Roll	Seasoned Roasted Potatoes	Wow Butter Sandwich w/ Doritos
Glazed Carrots	Mustard Mayo	Seasoned Green Beans	Fresh Baby Carrots w/Ranch	Seasoned Corn
Broccoli w/Cheese	Mashed Potatoes	Creamy Cole Slaw	Southern Style Biscuit and Gravy	Broccoli w/Cheese
Roll 2 oz.	Pinto Beans	Fresh Apples	Strawberries and Blueberries	Chilled Peach Slices
Diced Peaches	2oz Roll	Frozen Juice Pop		
	Rosy Applesauce			
MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
CHOICE OF ONE ENTREE	CHOICE OF ONE ENTREE	CHOICE OF ONE ENTREE	CHOICE OF ONE ENTREE	CHOICE OF ONE ENTREE
Chicken Patty on a bun	Beefy Nachos/Cheese/Sour Cream	Chicken Nuggets w/-Dipping Sauce	Penne Pasta Alfredo/ Roll	Baked Cheese Sticks w/Marinara
Hamburger or Cheeseburger on bun		Pulled Pork Potato/Cheese/BBQ Sauce 1/2 Chef Salad w/Big Gogurt/ Dressing	Fish Sticks w/Hush Puppies	Chicken Chili w/Cornbread
1/2 Chef Salad w/Big Gogurt /Roll Lett,Tom, Pickle Cup Mayo, Mustard	Ham Sand Let/Tom/Pickle/Doritos Lett,Tom, Pickle Cup Mayo, Mustard	Fresh Squash Medley	Wow Butter Sandwich w/ Doritos Seasoned Green Beans	1/2 Chef Salad w/Big Gogurt/Cornbread Broccoli w/Cheese
Oven Baked Fries w/ketchup	Salsa	Glazed Carrots	Oven Baked Okra	Fresh Baby Carrots w/ Ranch
Baked Beans	Pintos and Cheese	Wheat Roll	Wheat Roll	Pineapple Tidbits
Chilled Peach Slices	Creamy Cole Slaw	Mandarin Oranges	Applesauce Cups	Juice Pop
	Apple Wedges	,		
MONDAY 29	TUESDAY 30	WEDNESDAY 31		
CHOICE OF ONE ENTRÉE	CHOICE OF ONE ENTRÉE	CHOICE OF ONE ENTRÉE	Each day we will have additional fruit and	juice choices. Also, a variety of milk will be
Hamburger or Cheeseburger on bun	Pulled Pork Nachos w/Cheese/Sour Cream	Popcorn Chicken Smackers/Dippina	Each day we will have additional fruit and juice choices. Also, a variety of milk will be	
Hot Dog on a bun		Breaded Steak and Gravy	offered everyday. If your student would prefer to drink water, fountains are either in the	
Wow Butter Sandwich w/ Doritos	Baked Potato w/Chili/Cheese	1/2 Chef Salad w/Big Gogurt/ Dressing	cafeteria or right outside and cups are available upon request.	
Lett, Tom, Pickle Cup Mayo, Mustard	Sour Cream and Roll w/Potato	Southern Style Biscuit	S	
Baked Beans	Fresh Squash Medley	Mashed Potatoes	3.3.4	WILK
Oven Baked Fries w/ketchup	Glazed Baby Carrots	Seasoned Green Beans	***************************************	P 11 A 2: 1444
Strawberries and Blueberries	Diced Pears	Chilled Peach Slices Chocolate Chip Cookie	***See your Child's Many or yo	your Favorite App. Store!*** our phone, tablet, or computer***
		Chocolate Chip Cookie	See your critic s mend on yo	on phone, lablet, or computer
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