

Heritage Middle School 2019-2020 Dance Team Constitution

Purpose

It shall be the purpose of this organization to promote and uphold school spirit and to develop better relationships in the community and between schools during all athletic events. The organization's goal is to work in harmony with the administration, faculty, band, athletic teams and all other Heritage organizations.

Goals

Our primary goals for this program are build a unified team of girls who trust and enjoy their teammates, to increase the technical level and showmanship of our team, find ways for our girls serve as student leaders at Heritage Middle School and help them be well-equipped for Heritage High School.

Membership and Participation

The entire team will dance at pep rallies, football games, basketball games, and other opportunities as they arise.

Financial Responsibilities

Each dancer is responsible for purchasing and taking care of all items related to the team. These items can include, but are not limited to, uniform(s), shoes, socks, dance pants, shirts, bags, practice outfits, etc. Each dancer is also responsible for any expenses related to involvement in competitions, including possible expenses for training, registration fees, and/or travel expenses. ***Please see additional papers for financial plans for this season. Fundraisers are available to help offset some expenses, but each individual is responsible for their own costs.***

Practice Schedules/Excusals

Dancers are **required** to attend all summer camps and practices. Practices during the school year will be held after school at the discretion of the coaches according to the season, but will likely be held on Tuesdays and Thursdays from 3:45 until 5:30. There may be additional practices scheduled as needed. You will be notified of the schedule for camps or additional practices in advance. ***Please pick up your dancer from practices and performances on time. Dancers not picked up on time may sit out future dance performances.***

Any time a practice or event is missed, it must be cleared ahead of time if at all possible. Dancers must inform coaches either verbally, via telephone or e-mail. It is also permissible to

leave notes in the coach's mailbox in the main office. *Excuses are left to the discretion of the coaches.*

Injuries: Coaches will follow instructions from the dancer's doctor's note as to if/when/how much she can practice or perform. If a dancer is injured, she needs to see a physician as soon as possible so coaches know how to proceed. If a dancer cannot practice the week before a performance, she may be asked to sit out of the performance.

Dancer Requirements

- A. Attend all games, rallies, and other activities required for your team. A dancer may not attend any after school dance activities if he/she was absent from school, unless they were absent for a school event.
- B. Maintain a "D" average (or above) AND satisfactory conduct in each class.
**Consequences will result (at coaches' discretion) if grade/conduct requirements are not met.*
- C. Take care of all uniforms and accessories.
- D. Participate in ALL fundraising activities.
- E. Follow established dress code at HMS. A dancer should never be seen at school in clothing that does not meet the dress code, and this includes dance team apparel.
- F. Adhere to all athletic guidelines and expectations at HMS.
- G. Represent Heritage Middle School and the Five Star Dance Team respectfully and positively at all times.

Purchase and Care of Uniforms

- A. All team uniforms will remain property of the team. These must be cleaned and returned at the conclusion of our season. Any item deemed damaged and unusable by the coach must be paid for by the dancer at the current replacement cost.
- B. The dancer is responsible for purchasing required practice apparel.

Probationary Status or Dismissal (at the discretion of coaches and/or administrators)

The following occurrences may result in probation or dismissal from the dance team.

1. Academic probation - receiving an F on any 9 week report card.
2. Disciplinary probation – referral to the office, ISS, OSS, Saturday School.
3. Inappropriate behavior or conduct that represents Heritage Middle School and/or the Five Star Dance Team in a negative way. *This includes but is not limited to actions/posts on social media, text messages, or other media outlets.*

Dismissal from the Squad (at the discretion of coaches and/or administrators)

The following offenses may result in dismissal.

1. Suspension from school.
2. ISS during the school year.
3. Any offense that requires juvenile court.
4. Failing a school-administered drug screening.
5. Repeated insubordination toward coaches or other school personnel.
6. Expressing disagreements to other dancers, dance moms and/or coaches on social media.
7. Unethical or negative social media postings by parent or dancer.
8. Inappropriate public behavior or conduct.

Parent Participation

Due to the number of athletic events the dancers must attend, parent participation is encouraged for carpools, snacks, fundraisers, and parties. We encourage you to find a positive way to become involved with the team. You will receive an information sheet complete with contact information for all the girls on the team to help with communication.

Communication

Parents and dancers must make every effort to stay informed of what is happening with the team by doing two things: checking e-mail and TeamAPP on a daily basis. ***All dancers will be required to download our TeamAPP and set up a g-mail account that they will need to check on a daily basis.***

Coach / Dancer / Parent Agreement

As coaches of the Heritage Middle School Dance Team, we pledge to keep parents informed of problems before they become serious, to treat all members as fairly as possible, to be reasonable in practice expectations, and to always keep in mind that academics and family need to be highly considered within the framework of our expectations.

Coach: _____

Date: _____

Coach: _____

Date: _____

I/We the parent(s) of _____, , have read the Heritage Middle School Dance Team Constitution and Demerit system and understand all the requirements and consequences of improper actions. We understand the coaches have final say in my dancer's status on the team. We realize this is a team effort and that we may be called upon to help in some ways throughout the year which are within our capacity to help, and we will make every effort to do our share of assisting on behalf of our dancer. We agree to meet all monetary deadlines on time and/or to participate in fundraising efforts throughout the season as needed.

Signed: _____

Date: _____

As a member of the dance team, I have fully read the Constitution and understand what is expected of me to remain a member in good standing. I will keep myself knowledgeable and informed of all rules, and realize the consequences of poor behavior or inappropriate actions may be severe. I will do all I can to keep my grades as high as possible, will follow all school rules, and will attend, and be on time to, all practices and dance events. In the event that I must miss an event I will inform the coaches ahead of time. I will do all I can to uphold the honor and tradition of the team, and will respect my team members, my school, and all persons associated with the team at all times.

Signed: _____

Date: _____

PLEASE PRINT AND COMPLETE. DO NOT ATTEMPT TO COMPLETE ONLINE.

Please complete the following information. If there is information that you would not want to be released to other members of the dance team, please indicate what information you would like to keep private.

DANCER

Dancer's full name: _____

Dancer cell number (if applicable): _____

Dancer e-mail: _____

Dancer b-day (include year): _____

Dancer t-shirt size: _____ Dancer street shoe size: _____

CONTACTS

Names of BOTH parents or guardians: _____

Mailing address: _____

Home phone: _____ Work phone: _____

Cell number: _____

Parent E-mail(s): _____

Emergency contact/number: _____

Any other additional information you would like the coaches to know...
