








November 2018 Breakfast



ALL

Assorted Milk, Fruit, and Juice will be served daily with Breakfast.    ***FREE - MealVeiver-in your Favorite App. Store!*** ***See your Child's Menu on your phone, tablet, or computer***			THURSDAY 1 Breakfast Pizza OR Cinnamon Toast w/Oatmeal Choice of Cereal with Toast Jelly offered with Toast	FRIDAY 2 Sausage or Chicken Biscuit w/gravy OR Sausage or Chicken Biscuit Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast
MONDAY 5 Pancake on a Stick with Syrup OR Fruit and Yogurt Parfait w/ Granola Choice of Cereal with Toast Jelly offered with Toast	TUESDAY 6 Chicken Biscuit OR Cinnamon Toast and Yogurt Choice of Cereal with Toast Jelly offered with Toast	WEDNESDAY 7 Waffle w/ Syrup OR Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast	THURSDAY 8 Scrambled Eggs w/Toast OR Cinn. Toast w/GO BIG YOGURT Choice of Cereal with Toast Jelly offered with Toast	FRIDAY 9 Sausage or Chicken Biscuit w/gravy OR Sausage or Chicken Biscuit Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast
MONDAY 12 Blueberry Pancake on a Stick with Syrup OR Fruit and Yogurt Parfait w/ Granola Choice of Cereal with Toast Jelly offered with Toast	TUESDAY 13 Chicken Biscuit OR Cinnamon Toast and Yogurt Choice of Cereal with Toast Jelly offered with Toast	WEDNESDAY 14 French Toast w/ Syrup OR Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast	THURSDAY 15 Breakfast Pizza OR Cinnamon Toast w/Oatmeal Choice of Cereal with Toast Jelly offered with Toast	FRIDAY 16 Sausage or Chicken Biscuit w/gravy OR Sausage or Chicken Biscuit Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast
MONDAY 19 HAPPY THANKSGIVING THNAKSGIVING BREAK, NO SCHOOL	TUESDAY 20 HAPPY THANKSGIVING THANKSGIVING BREAK, NO SCHOOL	WEDNESDAY 21 HAPPY THANKSGIVING THANKSGIVING BREAK, NO SCHOOL	THURSDAY 22  THANKSGIVING BREAK, NO SCHOOL	FRIDAY 23  THANKSGIVING BREAK, NO SCHOOL
MONDAY 26 Blueberry Pancake on a Stick with Syrup OR Fruit and Yogurt Parfait w/ Granola Choice of Cereal with Toast Jelly offered with Toast	TUESDAY 27 Chicken Biscuit OR Cinnamon Toast and Yogurt Choice of Cereal with Toast Jelly offered with Toast	WEDNESDAY 28 French Toastw/ Syrup OR Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast	THURSDAY 29 Breakfast Pizza OR Cinnamon Toast w/Oatmeal Choice of Cereal with Toast Jelly offered with Toast	FRIDAY 30 Sausage or Chicken Biscuit w/gravy OR Sausage or Chicken Biscuit Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast

This Institution is an Equal Opportunity Provider

Each day we will have additional fruit and juice choices. Also, a variety of milk will be offered everyday. If your student would prefer to drink water...fountains are either in the cafeteria or right outside and we will have cups available upon request.