



September Lunch Menu



Middle

Each day we will have additional fruit and juice choices. Also, a variety of milk will be offered everyday. If your student would prefer to drink water, fountains are either in the cafeteria or right outside and we cups are available upon request.



FREE - MealViewer-in your Favorite App. Store!
 See your Child's Menu on your phone, tablet, or computer

	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
LABOR DAY	CHOICE OF ONE ENTREE Chicken Tenders w/Sauce Marvelous Meatloaf Ham Sand Let/Tom/Pickle/Doritos Mustard, Mayo Mashed Potatoes Pinto Beans 2oz Roll Orange Wedges Rosy Applesauce	CHOICE OF ONE ENTREE Pulled Pork BBQ Sandwich Chicken Tetrazzini w/Roll Chef Salad w/Dressing w/Roll Seasoned Green Beans Creamy Cole Slaw Fresh Apples Pineapple Tidbits Frozen Juice Pop	***BREAKFAST FOR LUNCH*** Chicken and Waffles w/Syrup Sausage and Eggs Seasoned Roasted Potatoes Fresh Baby Carrots w/Ranch Southern Style Biscuit and Gravy Orange Wedges Strawberries and Blueberries	CHOICE OF ONE ENTREE Pepperoni or Cheese Pizza Chicken Quesadilla Wrap Ham Sand Let/Tom/Pickle/Doritos Let, Tom, Pickle Cup Mustard, Mayo Seasoned Corn Broccoli w/Cheese Chilled Peach Slices Watermelon Chunks
MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14
CHOICE OF ONE ENTREE Chicken Patty on a bun Hamburger or Cheeseburger on bun Chef Salad w/Dressing/Roll Lett, Tom, Pickle Cup Mayo, Mustard Oven Baked Fries w/ketchup Baked Beans Chilled Peach Slices Rosy Applesauce	CHOICE OF ONE ENTREE Beefy Nachos/Cheese/Sour Cream Sloppy Joe on a bun Ham Sand Let/Tom/Pickle/Doritos Lett, Tom, Pickle Cup Mayo, Mustard Salsa Pintos and Cheese Creamy Cole Slaw Apple Wedges Fresh Pear	CHOICE OF ONE ENTREE Chicken Nuggets w/-Dipping Sauce Pulled Pork Potato/Cheese/BBQ sauce Chef Salad w/Dressing Fresh Squash Medley Glazed Carrots Wheat Roll Watermelon Chunks Mandarin Oranges	CHOICE OF ONE ENTREE Penne Pasta Alfredo Fish Sticks w/Hush Puppies/Tartar Sauce Ham Sand Let/Tom/Pickle/Doritos Lett, Tom, Pickle Cup, Mayo, Mustard Seasoned Green Beans Oven Baked Okra Wheat Roll Orange Wedges Applesauce Cups	CHOICE OF ONE ENTREE Pepperoni or Cheese Pizza Chicken Chili w/Cornbread Chef Salad w/Ham & Cheese/Cornbread Dressing Broccoli w/Cheese Fresh Baby Carrots w/ Ranch Apple Wedges Pineapple Tidbits Juice Pop
MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY 21
CHOICE OF ONE ENTREE Hamburger or Cheeseburger on bun Hot Dog on a bun Ham Sand Let/Tom/Pickle/Doritos Lett, Tom, Pickle Cup Mayo, Mustard Baked Beans Oven Baked Fries w/ketchup Apple Wedges Strawberries and Blueberries	CHOICE OF ONE ENTREE Pulled Pork Nachos w/Cheese/Sour Cream Bowl of Chili w/Toasted Cheese Sand. Baked Potato w/Chili/Cheese Sour Cream and Roll w/Potato Fresh Squash Medley Glazed Baby Carrots Diced Pears Orange Wedges	CHOICE OF ONE ENTREE Chicken Tenders-Dipping Sauce Breaded Steak and Gravy Chef Salad w/Dressing Southern Style Biscuit Mashed Potatoes Seasoned Green Beans Chilled Peach Slices Fresh Watermelon Chunks Chocolate Chip Cookie	***BREAKFAST FOR LUNCH*** Chicken and Waffles w/Syrup Sausage and Eggs Seasoned Roasted Potatoes Fresh Baby Carrots w/Ranch Southern Style Biscuit and Gravy Rosy Applesauce Fresh Pear	CHOICE OF ONE ENTREE Baked Cheese Sticks w/Marinara Spaghetti w/Meat Sauce WW Roll Chef Salad w/Ham & Cheese /Roll Seasoned Whole Kernel Corn Broccoli w/Cheese Chilled Pear Slices Fresh Apple
MONDAY 24	TUESDAY 25	WEDNESDAY 26	THURSDAY 27	FRIDAY 28
CHOICE OF ONE ENTREE Teriyaki Chicken/Rice/Fortune Cookie Lasagna Roll Up Chef Salad w/Dressing Glazed Carrots Broccoli w/Cheese Roll 2 oz. Diced Peaches Fresh Pear	CHOICE OF ONE ENTREE Chicken Tenders w/Sauce Marvelous Meatloaf Ham Sand Let/Tom/Pickle/Doritos Mustard, Mayo Mashed Potatoes Pinto Beans 2oz Roll Orange Wedges Rosy Applesauce	CHOICE OF ONE ENTREE Pulled Pork BBQ Sandwich Chicken Tetrazzini w/Roll Chef Salad w/Dressing w/Roll Seasoned Green Beans Creamy Cole Slaw Fresh Apples Pineapple Tidbits Frozen Juice Pop	***BREAKFAST FOR LUNCH*** Chicken and Waffles w/Syrup Sausage and Eggs Seasoned Roasted Potatoes Fresh Baby Carrots w/Ranch Southern Style Biscuit and Gravy Orange Wedges Strawberries and Blueberries	CHOICE OF ONE ENTREE Pepperoni or Cheese Pizza Chicken Quesadilla Wrap Ham Sand Let/Tom/Pickle/Doritos Let, Tom, Pickle Cup Mustard, Mayo Seasoned Corn Broccoli w/Cheese Chilled Peach Slices Watermelon Chunks