

1st Four Weeks Lunch Menu

High

MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
CHOICE OF ONE ENTREE Chicken Nuggets-Dipping Sauce Breaded Steak and Gravy Chef Salad/Ham/Chse-Dressing Baked Potato/Ham & Cheese Southern Style Biscuit Mashed Potatoes Green Beans Sliced Pears Mandarin Oranges "Spiced Apple Cake" Choice of Milk & Assorted Juices	CHOICE OF ONE ENTREE Teriyaki Chicken w/Rice & fortune cookie Penne Pasta Alfredo Chef Salad/Ham/Chse-Dressing Baked Potato/Ham & Cheese Glazed Carrots Garden Salad/Choice of Dressing Wheat Roll 2 oz. Fresh Banana Rosv Applesauce Choice of Milk & Assorted Juices	CHOICE OF ONE ENTREE Chicken Patty on Wheat Bun Sloppy Joe on Wheat Bun Chef Salad/Ham/Chse-Dressing/Roll Baked Potato/Ham & Cheese w/roll Lettuce, Tomato, Pickle cups Baked Beans Creamy Cole Slaw Fruit Choice Chilled Pears Chocolate Chip Cookie Choice of Milk & Assorted Juices	CHOICE OF ONE ENTREE Cheese Quesadilla w/Sour Cream Crunchy Corn Dog/Mustard/Ketchup Chef Salad/Ham/Chse-Dressing/Roll Baked Potato/Ham & Cheese w/roll Tasty Salsa Pintos w/cheese Green Beans Pineapple Tidbits Apple Wedges Choice of Milk & Assorted Juices	CHOICE OF ONE ENTREE Hamburger on Wheat Bun Ham and Cheese Quiche Chef Salad/Ham/Chse-Dressing/Roll Baked Potato/Ham & Cheese w/roll Lettuce, Tomato, Pickle cup Oven Baked Fries Broccoli Dippers 2 oz. Wheat roll Mixed Fruit Chilled Peaches Juice Bar Choice of Milk & Assorted Juices
MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
CHOICE OF ONE ENTREE Nachos w/Queso/Salsa/Sour Crm. Chicken Quesadilla Pizza Chef Salad/Ham/Chse-Dressing/Roll Baked Potato/Ham & Cheese w/roll Seasoned Green Beans Pintos with Cheese Salsa Apple Wedges Pineapple Tidbits Choice of Milk & Assorted Juices	CHOICE OF ONE ENTREE Chicken Nuggets - Dipping Sauce Meatloaf Chef Salad/Ham/Chse-Dressing Baked Potato/Ham & Cheese Wheat Roll 2 oz. Mashed Potatoes Steamed Broccoli with Cheese Fruit Choice Fresh Banana Choice of Milk & Assorted Juices	CHOICE OF ONE ENTREE Cheese Calzone with Marinara Sauce Ham and Cheese Quiche W/ ROLL Chef Salad/Ham/Chse-Dressing/Roll Baked Potato/Ham & Cheese w/roll Seasoned Corn Glazed Carrots Applesauce Orange Wedges Chocolate Chip Cookie Choice of Milk & Assorted Juices	CHOICE OF ONE ENTREE Hamburger w/ cheese (optional) Chicken Alfredo Chef Salad/Ham/Chse-Dressing/Roll Baked Potato/Ham & Cheese w/roll Seasoned Green Beans Baked Tater Tots Chilled Pears Orange Wedges Wheat Rolls 2oz. Choice of Milk & Assorted Juices	CHOICE OF ONE ENTREE BBQ Chicken on Wheat Bun Sloppy Joe on Wheat Bun Chef Salad/Ham/Chse-Dressing/Roll Baked Potato/Ham & Cheese w/roll Chilled Mixed Fruit Creamy Cole Slaw Baked Beans Sweet Tater Tots Applesauce Cup Choice of Milk & Assorted Juices
MONDAY 29	TUESDAY 30	WEDNESDAY 31	THURSDAY - Sept. 1	FRIDAY - Sept. 2
CHOICE OF ONE ENTREE Chicken Nuggets with dipping sauce Pasta Italiano Chef Salad/Ham/Chse-Dressing Baked Potato/Ham & Cheese Wheat Roll 2oz. Creamed Potatoes Green Beans Mixed Fruit Manager's Choice "Apple Crisp" Choice of Milk & Assorted Juices	CHOICE OF ONE ENTREE Hamburger w/cheese (optional) Chicken Patty on wheat bun Chef Salad/Ham/Chse-Dressing/Roll Baked Potato/Ham & Cheese w/roll Oven Baked Fries Lettuce/Tomatoes/Pickle Slices Baked Beans Fresh Banana Rosy Applesauce Choice of Milk & Assorted Juices	CHOICE OF ONE ENTREE Soft Taco with Cheese/Sour Cream Fish Nuggets with Hush Puppies Chef Salad/Ham/Chse-Dressing/Roll Baked Potato/Ham & Cheese w/roll Shredded Lettuce / Salsa Pintos with Cheese Sesoned Corn Apple Wedges Pineapple Tidbits Choice of Milk & Assorted Juices	CHOICE OF ONE ENTREE Hot Dog on wheat bun Sloppy Joe on wheat bun Chef Salad/Ham/Chse-Dressing/Roll Baked Potato/Ham & Cheese w/roll Creamy Cole Slaw Sweet Tater Tots Orange Slices Applesauce Cups Sugar Cookie Choice of Milk & Assorted Juices	CHOICE OF ONE ENTREE Cheese or Pepperoni Pizza Chicken Tetrizzini with roll Chef Salad/Ham/Chse-Dressing/Roll Baked Potato/Ham & Cheese w/roll Seasoned Corn Broccoli Dippers Sliced Peaches Chilled Mixed Fruit Juice Bar Choice of Milk & Assorted Juices
MONDAY - Sept. 5	TUESDAY - Sept. 6	WEDNESDAY - Sept. 7	THURSDAY - Sept. 8	FRIDAY - Sept. 9
Labor Day Choice of Milk & Assorted Juices	CHOICE OF ONE ENTREE Teriyaki Chicken w/Rice & fortune cookie Penne Pasta Alfredo Chef Salad/Ham/Chse-Dressing Baked Potato/Ham & Cheese Glazed Carrots Garden Salad/Choice of Dressing Wheat Roll 2 oz. Fresh Banana Rosv Applesauce Choice of Milk & Assorted Juices	CHOICE OF ONE ENTREE Chicken Patty on Wheat Bun Sloppy Joe on Wheat Bun Chef Salad/Ham/Chse-Dressing/Roll Baked Potato/Ham & Cheese w/roll Lettuce, Tomato, Pickle cups Baked Beans Creamy Cole Slaw Fruit Choice Chilled Pears Chocolate Chip Cookie Choice of Milk & Assorted Juices	CHOICE OF ONE ENTREE Cheese Quesadilla Crunchy Corn Dog/Mustard/Ketchup Chef Salad/Ham/Chse-Dressing/Roll Baked Potato/Ham & Cheese w/roll Tasty Salsa Pintos w/cheese Green Beans Pineapple Tidbits Apple Wedges Choice of Milk & Assorted Juices	CHOICE OF ONE ENTREE Hamburger on Wheat Bun Ham and Cheese Quiche Chef Salad/Ham/Chse-Dressing Baked Potato/Ham & Cheese Lettuce, Tomato, Pickle cup Oven Baked Fries Broccoli Dippers 2 oz. Wheat roll Mixed Fruit Chilled Peaches Juice Bar Choice of Milk & Assorted Juices

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"