





# October Lunch Menu



Middle

MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
<b>CHOICE OF ONE ENTRÉE</b> Chicken Patty on a bun Hamburger or Cheeseburger on bun Chef Salad w/Dressing/Roll Lett,Tom,Pickle Cup Mayo, Mustard Oven Baked Fries w/ketchup Baked Beans Chilled Peach Slices	<b>CHOICE OF ONE ENTRÉE</b> Beefy Nachos/Cheese/Sour Cream Sloppy Joe on a bun Ham Sand Let/Tom/Pickle/Doritos Lett,Tom,Pickle Cup Mayo, Mustard Salsa Pintos and Cheese Creamy Cole Slaw Apple Wedges	<b>CHOICE OF ONE ENTRÉE</b> Chicken Nuggets w/-Dipping Sauce Pulled Pork Potato/Cheese/BBQ sauce Chef Salad w/Dressing Fresh Squash Medley Glazed Carrots Wheat Roll Mandarin Oranges	<b>CHOICE OF ONE ENTRÉE</b> Penne Pasta Alfredo Fish Sticks w/Hush Puppies/Tartar Sauce Ham Sand Let/Tom/Pickle/Doritos Lett,Tom,Pickle Cup, Mayo, Mustard Seasoned Green Beans Oven Baked Okra Wheat Roll Applesauce Cups	<b>CHOICE OF ONE ENTRÉE</b> Pepperoni or Cheese Pizza Chicken Chili w/Cornbread Chef Salad w/Ham & Cheese/Cornbread Dressing Broccoli w/Cheese Fresh Baby Carrots w/ Ranch Pineapple Tidbits Juice Pop
 FALL BREAK NO SCHOOL	 FALL BREAK NO SCHOOL	 FALL BREAK NO SCHOOL	<b>***BREAKFAST FOR LUNCH***</b> Chicken and Waffles w/Syrup Sausage and Eggs Seasoned Roasted Potatoes Fresh Baby Carrots w/Ranch Southern Style Biscuit and Gravy Rosy Applesauce	<b>CHOICE OF ONE ENTRÉE</b> Baked Cheese Sticks w/Marinara Spaghetti w/Meat Sauce WW Roll Pepperoni/ Cheese Pizza Seasoned Whole Kernel Corn Broccoli w/Cheese Chilled Pear Slices
<b>CHOICE OF ONE ENTRÉE</b> Teriyaki Chicken/Rice/Fortune Cookie Lasagna Roll Up Chef Salad w/Dressing Glazed Carrots Broccoli w/Cheese Roll 2 oz. Diced Peaches	<b>CHOICE OF ONE ENTRÉE</b> Chicken Tenders w/Sauce Marvelous Meatloaf Ham Sand Let/Tom/Pickle/Doritos Mustard, Mayo Mashed Potatoes Pinto Beans 2oz Roll Rosy Applesauce	<b>CHOICE OF ONE ENTRÉE</b> Pulled Pork BBQ Sandwich Chicken Tetrazzini w/Roll Chef Salad w/Dressing w/Roll Seasoned Green Beans Creamy Cole Slaw Fresh Apples Frozen Juice Pop	<b>***BREAKFAST FOR LUNCH***</b> Chicken and Waffles w/Syrup Sausage and Eggs Seasoned Roasted Potatoes Fresh Baby Carrots w/Ranch Southern Style Biscuit and Gravy Strawberries and Blueberries	<b>CHOICE OF ONE ENTRÉE</b> Pepperoni or Cheese Pizza Chicken Quesadilla Wrap Ham Sand Let/Tom/Pickle/Doritos Let, Tom, Pickle Cup Mustard, Mayo Seasoned Corn Broccoli w/Cheese Chilled Peach Slices
<b>CHOICE OF ONE ENTRÉE</b> Chicken Patty on a bun Hamburger or Cheeseburger on bun Chef Salad w/Dressing/Roll Lett,Tom,Pickle Cup Mayo, Mustard Oven Baked Fries w/ketchup Baked Beans Chilled Peach Slices	<b>CHOICE OF ONE ENTRÉE</b> Beefy Nachos/Cheese/Sour Cream Sloppy Joe on a bun Ham Sand Let/Tom/Pickle/Doritos Lett,Tom,Pickle Cup Mayo, Mustard Salsa Pintos and Cheese Creamy Cole Slaw Apple Wedges	<b>CHOICE OF ONE ENTRÉE</b> <b>CHOICE OF ONE ENTRÉE</b> Chicken Nuggets w/-Dipping Sauce Pulled Pork Potato/Cheese/BBQ sauce Chef Salad w/Dressing Fresh Squash Medley Glazed Carrots Wheat Roll Mandarin Oranges	<b>CHOICE OF ONE ENTRÉE</b> Penne Pasta Alfredo Fish Sticks w/Hush Puppies/Tartar Sauce Ham Sand Let/Tom/Pickle/Doritos Lett,Tom,Pickle Cup, Mayo, Mustard Seasoned Green Beans Oven Baked Okra Wheat Roll Applesauce Cups	<b>CHOICE OF ONE ENTRÉE</b> Pepperoni or Cheese Pizza Chicken Chili w/Cornbread Chef Salad w/Ham & Cheese/Cornbread Dressing Broccoli w/Cheese Fresh Baby Carrots w/ Ranch Pineapple Tidbits
<b>CHOICE OF ONE ENTRÉE</b> Hamburger or Cheeseburger on bun Hot Dog on a bun Ham Sand Let/Tom/Pickle/Doritos Lett,Tom,Pickle Cup Mayo, Mustard Baked Beans Oven Baked Fries w/ketchup Strawberries and Blueberries	<b>CHOICE OF ONE ENTRÉE</b> Pulled Pork Nachos w/Cheese/Sour Cream Bowl of Chili w/Toasted Cheese Sand. Baked Potato w/Chili/Cheese Sour Cream and Roll w/Potato Fresh Squash Medley Glazed Baby Carrots Diced Pears	<b>CHOICE OF ONE ENTRÉE</b> Chicken Tenders-Dipping Sauce Breaded Steak and Gravy Chef Salad w/Dressing Southern Style Biscuit Mashed Potatoes Seasoned Green Beans Chilled Peach Slices Chocolate Chip Cookie	Each day we will have additional fruit and juice choices. Also, a variety of milk will be offered everyday. If your student would prefer to drink water, fountains are either in the cafeteria or right outside and we cups are available upon request. <div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p>***FREE - MealViewer-in your Favorite App. Store!***</p> <p>***See your Child's Menu on your phone, tablet, or computer***</p>	