

# JUNE 2016

## SUMMER ACTIVITIES

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Pin Strikes—Sign Up for 2 Free Games of Bowling Each Day at <a href="http://www.KidsBowlFree.com/PinStrikesTN">www.KidsBowlFree.com/PinStrikesTN</a></b> <ul style="list-style-type: none"> <li>Go the website above to register each child.</li> <li>Receive the free bowling pass every week by email.</li> <li>Go enjoy free bowling all summer!</li> </ul>			<b>1 Noon Tunes @ Miller Plaza</b>	<b>2 Thursday Night Thunder at Superfly (Tickets are \$10 for 1hour)</b>	<b>3 Begin a family scrapbook of everything that you do this summer.</b>	<b>4 Vintage Baseball Games (6th Cavalry Museum in Ft. Oglethorpe) 12 pm and 2 pm (706-861-2860)</b>
<b>5 Hunter Museum Free First Sunday 12-4:30pm</b>	<b>6 Start a family fitness routine.</b>	<b>7 Video Game Tournament @ Catoosa County Library—2pm</b>	<b>8 Ruby Falls Ice Cream Days (12-7pm)</b>	<b>9 Sketch a picture of your house from the outside.</b>	<b>10 Family Movie: "Facing the Giants" @ Catoosa County Library—1pm</b>	<b>11 Free Fishing Day in Tennessee (Students under 15 can fish without a license thru 6/17)</b>
<b>12 Look at the weather map in the newspaper. Compare your weather to other regions.</b>	<b>13 Mom's Monday at Lake Winnie (Mom is free with two children paying full price.)</b>	<b>14 Southern Jesters Improv Troupe @ Catoosa County Library—2pm</b>	<b>15 Sit down with your child to discuss online safety.</b>	<b>16 Stage an A to Z scavenger hunt where you have to find something that starts with every letter.</b>	<b>17 Let your child pick a movie to watch as a family.</b>	<b>18 Confederate General Car Tour at Chickamauga Battlefield (2-4pm) (706-866-9241)</b>
<b>19 Pick a nearby town to visit for the day. Talk about something new they learned.</b>	<b>20 Learn about astronomy by identifying as many constellations as possible.</b>	<b>21 Water War Games @ Catoosa County Library—2pm</b>	<b>22 Help an elderly person with house or yardwork (parent permission).</b>	<b>23 Using words and pictures from magazines, make a collage that represents who you are.</b>	<b>24 Family game night—Yahtzee</b>	<b>25 Collect Leaves on a Nature Hike. Use the leaves you collected to make a Leaf-T-Shirt. (Instructions are on the Back.)</b>
<b>26 Have a backyard campfire...or just use the grill. Roast hot dogs and have s'mores.</b>	<b>27 Interview an older relative about what life was like when they were young.</b>	<b>28 Teen Movie: "McFarland USA" and June Prize Raffle @ Catoosa County Library—4:30pm</b>	<b>29 Have your child write a letter to the editor about an issue of personal concern.</b>	<b>30 Write a letter to a friend or family member who lives out of town.</b>		

# Take-a-Hike Leaf Print Tees

## Materials Needed:

- Assortment of Leaves
- Plain T-shirt
- Fabric Paint
- Sponge Brush



## Instructions:

1. Take a nature hike and collect different leaves along the way.
2. Prepare workspace by covering with cardboard, newspaper, or an old tablecloth or sheet.
3. Place the paper sack or cardboard inside t-shirt to prevent paint from bleeding through to the back of the shirt.
4. Paint the veiny side of the leaf with fabric paint so that it is well coated, but doesn't have a lot of excess paint.
5. Once the paint is applied, turn leaf over and place on the t-shirt. Press down your finger tips or cover with a paper towel and
6. Use the heel of your hand. (It is important to press over the entire leaf so that there aren't any blank spots. Also, be careful not to move the leaf so you can get an accurate print of the leaf.)
7. Carefully remove the leaf to reveal your print.
8. Repeat as desired.
9. Let your paint dry according to the manufacturer's instructions (up to 24-hours). Heat-set with a hot iron before washing and wearing.



# JULY 2016

## SUMMER ACTIVITIES

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<b>1</b> Family game night—Scrabble	<b>2</b> Independence Day Artillery Program at Point Park on Lookout Mountain (423-752-5213, ext. 139).
<b>3</b> Pops on the River & Fireworks—Coolidge Park (FREE!!!)	<b>4</b> Chattanooga Lookouts Game @ 6pm (Fireworks following the game)	<b>5</b> Video Game Tournament @ Catoosa County Library—6pm	<b>6</b> July is National Ice Cream Month! Make Strawberry Banana Ice Cream (Recipe on Back)	<b>7</b> Thursday Night Thunder at Superfly (Tickets are \$10 for 1 hour)	<b>8</b> Let your child pick a movie to watch as a family.	<b>9</b> "In the Rear with the Gear" Ranger-led Program at Chickamauga Battlefield (2-3pm)
<b>10</b> Challenge your child to complete the crossword puzzle in the Sunday paper.	<b>11</b> Write a song as a family.	<b>12</b> Chocolate Games @ Catoosa County Library—2pm	<b>13</b> Help your child write and film a news story about something that is happening in the neighborhood	<b>14</b> Spend the day at Gilbert Stephenson park. Take your swimsuit and a picnic lunch.	<b>15</b> Family Game Night—Monopoly	<b>16</b> Rebuilding After the Civil War Program at Cravens House, Lookout Mountain (423-752-5213, X 139)
<b>17</b> Father's Day—Spend the Day with Dad. Do something that he likes to do as a family.	<b>18</b> Help your child plan, shop for, and prepare dinner for the family.	<b>19</b> 3D Printing: Create Your Own Game Piece @ Catoosa County Library—12:30pm	<b>20</b> Don't Forget—Free Bowling @ Pin Strikes (See Details on June Calendar)	<b>21</b> Spend time with your grandparents.	<b>22</b> Play Disc Golf at Jack Maddox Park	<b>23</b> Get in the Game Lock-in @ Catoosa County Library—5-Midnight (Teens who meet summer reading goal.)
<b>24</b> Have a family water-balloon fight. <b>31</b> Update the Family Scrapbook	<b>25</b> Family Movie: "The Sandlot—Heading Home" @ Catoosa County Library—2pm	<b>26</b> Teen Movie: "Soul Surfer" @ Catoosa County Library—2pm	<b>27</b> The Great Wall of China is 5,500 miles long. Help your child convert that to feet and inches.	<b>28</b> Schedule Pickup at LMS	<b>29</b> Superhero Night at Chattanooga Lookouts Game—7:15pm	<b>30</b> Chattanooga River Market (Tennessee Aquarium Plaza) - 10am-5pm FREE

### 3 Ingredient Strawberry Banana Ice Cream

#### Ingredients:

- 4 large bananas (frozen)
- 4 cups strawberries (frozen)
- 2 tablespoons of sugar (or honey)



#### Directions:

1. Place strawberries in a bowl or measuring cup, sprinkle with sugar and toss to combine.
2. Place bowl in microwave at 30 second intervals until the strawberries soften slightly and the sugar dissolves in the juice.
3. Add bananas and strawberry mixture to the blender and blend until they reach the perfect consistency. When your ice cream stops moving in the blender, you will want to stop and scrape down the pitcher of the blender and stir a few times. About 2-3 minutes total blending time. Your frozen fruit may separate into tiny frozen chunks before it becomes a fabulous creamy consistency, so be patient.
4. Serve and enjoy! You can also transfer to a freezer safe container and allow ice cream to firm up in the freezer for 2 to 3 hours.




NOTE: There are no preservatives in your ice cream, so it will freeze solid. Simply remove from freezer 10 minutes before serving to allow to soften slightly. It freezes and keeps beautifully!



# AUGUST 2016

## SUMMER ACTIVITIES

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> Don't Forget—Free Bowling @ Pin Strikes (See Details on June Calendar)	<b>2</b> Poetry Night—All family members write a poem about the summer and then read out loud.	<b>3</b> Host a Family Talent Show—let your kids showcase their best talents.	<b>4</b> Thursday Night Thunder at Superfly (Tickets are \$10 for 1 hour)	<b>5</b> Family Game Night- Apples to Apples	<b>6</b> Vintage Baseball Game (6th Cavalry Museum in Ft. Oglethorpe) 12 pm (706-861-2860)
<b>7</b> FiveStar Food Fight at Chattanooga Market—11am-4pm	<b>8</b> Make Melted Crayon Art as a Family (Instructions on back)	<b>9</b> Play Laser Tag (4 for \$25) or Mini Golf (4 for \$22) @ Winner's Circle	<b>10</b> Turn off the TV and have everyone take a turn reading a book aloud to the family.	<b>11</b> Open House / Annual Meeting	<b>12</b> Help your child write a family newsletter capturing the fun times from the summer.	<b>13</b> "The Prisoners of Chickamauga" Ranger-led Bike Tour of Chickamauga Battlefield (2-4pm)
<b>14</b> Review your Family Scrapbook with your family.	<b>15</b> First Day of School	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>			

# Melted Crayon Art

## Supplies Needed

- Canvas Board
- Crayons
- Hairdryer
- Recycled newspaper or drop cloth to protect work surface
- Hot-glue gun

## Preparing Your Workspace

1. Find an appropriate workspace, preferably one where you can be a bit messy.
2. Set up near an electrical outlet where you can plug in the hairdryer.
3. Cover your work surface with recycled newspaper, a paper bag or a drop cloth.

## Directions

1. Attach the crayons to the canvas using hot-glue gun.
2. Prop up your canvas so that melting crayon wax drips down the canvas board.
3. Gently warm the crayons with the hairdryer held 1 to 3 inches away from the crayons. The wax will slowly begin to melt and drip down the canvas.  
Be sure to point the hairdryer's air flow at the canvas in a downward angle - not straight on - to avoid unwanted splatters. **(Be careful! Melted crayon wax can be hot to the touch.)**
4. Continue melting the crayons until you have achieved the desired effect. Allow the wax to cool completely before handling the canvas. Remove the crayons and collect all the dried bits of wax.
5. Display your artwork!



# Teen Summer Reading Events

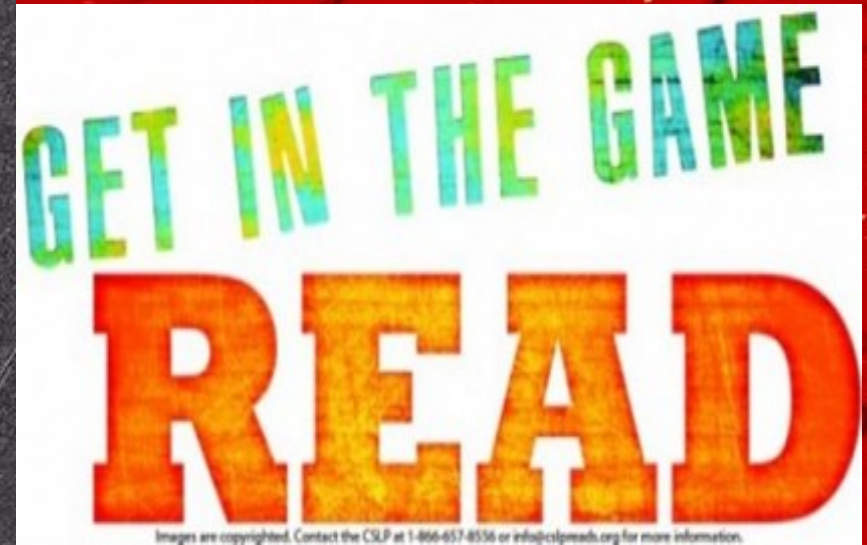
## Summer 2016

Catoosa County Library  
TEENS (6th - 12th)

- Tuesday, June 7 @2:00 PM Video Game Tournament
- Tuesday, June 14 @2:00 PM Southern Jesters Improv Troupe
- Tuesday, June 21 @2:00 PM Water War Games (Outdoor water fun...bring a towel and dry clothes)
- Friday, June 24 @2:00 PM Reading Logs Due for June Prize Raffle**
- Tuesday, June 28 @2:00 PM Teen Movie: McFarland USA  
**June Prize Raffle following movie**
- Tuesday, July 5 @2:00 PM Video Game Tournament
- Tuesday, July 12 @2:00 PM Chocolate Games: Bring our sweet tooth for these sweet games
- Tuesday, July 19 @12:30 PM 3D Printing: Create your own game piece
- Tuesday, June 7 @2:00 PM Video Game Tournament
- Wednesday, July 20 All Summer Reading Logs & slips Due for final Prize Raffle**
- Saturday, July 23 5:00 PM - Midnight**

Get in the Game Lock-In : Games, movie, food, prize raffle and more..

**\*\*Only for teens who meet the summer reading goal\*\***



# Catoosa Kid's Day

Thursday,

2:00 pm - 6:00 p.m.

Catoosa Health Department



Free goodies! Inflatables!

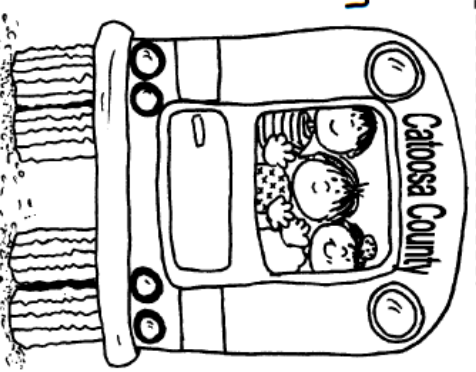
FREE "vision, hearing, dental, nutrition screenings"—Also immunizations FREE for those who qualify!

*Sponsored by:*

Catoosa County Health Dept.,  
Catoosa County Public Schools  
Catoosa Sheriff's Dept. and  
Community businesses &

**Catoosa Family Collaborative**

Parents & children  
visit booths with  
free games,  
activities &  
community health  
information!



**706-935-5018**

**106-832-2018**

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